

siltuximab

Pronunciation: sil TUX i mab Other Name(s): Sylvant®

Appearance: solution; mixed into larger bags of fluids

This handout gives general information about this cancer medication.

You will learn:

- who to contact for help
- · what the medication is
- how it is given
- what to expect while on medication



This handout was created by Ontario Health (Cancer Care Ontario) together with patients and their caregivers who have also gone through cancer treatment. It is meant to help support you through your cancer treatment and answer some of your questions.

This information does not replace the advice of your health care team. Always talk to your health care team about your treatment.

Who do I contact if I have questions or need help?		
My cancer health care provider is:		
During the day I should contact:		
Evenings, weekends and holidays:	<u>-</u>	

What is this treatment for?

• For treating multicentric Castleman's disease (MCD) in patients who do not have HIV (virus that causes AIDS) or HHV-8 (human herpes virus-8).

What should I do before I start this treatment?

- Tell your doctor and pharmacist if you have or had significant medical condition(s), especially if you have or had:
 - infections, including a history of hepatitis B, HIV or herpes,
 - if you have high blood pressure or high cholesterol,
 - or if you have any allergies.



Remember To:

- ✓ Tell your health care team about all of the other medications you are taking.
- ✓ Keep taking other medications that have been prescribed for you, unless you have been told not to by your health care team.

You will have a blood test to check for hepatitis B before starting treatment. See the <u>Hepatitis B and Cancer Medications</u> pamphlet for more information.

How is this treatment given?

- This drug is given by injection into a vein.
- You may be given drug(s) before siltuximab to prevent a reaction.

Will this treatment interact with other medications or natural health products?

- This medication can interact with other medications and can result in the treatment not working as well or cause severe side effects.
- Make sure your doctor and pharmacist know about all your medicines (prescription, over-thecounter, herbals and supplements), especially cyclosporine, tacrolimus or warfarin. Check with your doctor or pharmacist before starting or stopping any of them.
- Drinking alcohol and smoking during your treatment may increase some side effects and make your medication less effective. Speak to your health care team about smoking and drinking alcohol while on treatment.

What to do if you feel unwell, have pain, a headache or a fever

- ✓ **Always** check your temperature to see if you have a fever **before** taking any medications for fever or pain (such as acetaminophen (Tylenol®) or ibuprofen (Advil®)).
 - Fever can be a sign of infection that may need treatment right away.
 - If you take these medications before you check for fever, they may lower your temperature and you may not know you have an infection.

How to check for fever:

Keep a digital (electronic) thermometer at home and take your temperature if you feel hot or unwell (for example, chills, headache, mild pain).

- You have a fever if your temperature taken in your mouth (oral temperature) is:
 - 38.3°C (100.9°F) or higher at any time

OR

38.0°C (100.4°F) or higher for at least one hour.



If you do have a fever:

- ✓ Try to contact your health care team. If you are not able to talk to them for advice, you MUST get emergency medical help right away.
- ✓ Ask your health care team for the <u>Fever</u> pamphlet for more information.

If you do not have a fever but have mild symptoms such as headache or mild pain:

✓ Ask your health care team about the right medication for you. Acetaminophen (Tylenol®) is a safe choice for most people.



Talk to your health care team before you start taking ibuprofen (Advil[®], Motrin[®]), naproxen (Aleve[®]) or ASA (Aspirin[®]), as they may increase your chance of bleeding or interact with your cancer treatment.



Talk to your health care team if you already take **low dose aspirin** for a medical condition (such as a heart problem). It may still be safe to take.

How will this treatment affect sex, pregnancy and breastfeeding?

- The use of this medication may cause harm to the unborn baby if pregnancy occurs. Let your health care team know if you or your partner is pregnant, becomes pregnant during treatment, or if you are breastfeeding
- If there is **any** chance that you or your partner may become pregnant, you and your partner together must:
 - ▶ Use 2 effective forms of birth control at the same time while receiving this drug. Birth control pills may be less effective when taken with siltuximab. Consider using a different method of birth control like condoms. Keep using birth control until at least 3 months after the last dose. Discuss with your healthcare team.
- Do not breastfeed while using this drug.
- This medication does not normally affect fertility (ability to get pregnant)

What are the side effects of this treatment?

You may not have all of the side effects below. You may have side effects that are not listed.

Side effects and what to do	When to contact doctor?		
Common Side Effects (25 to 49 out of 100 people)			
Fever, chills, infection (may be severe) You have a fever if your temperature taken in your mouth (oral temperature) is:	Get emergency medical help right away		
 38.3°C (100.9°F) or higher at any time OR 38.0°C (or 100.4°F) or higher for at least one hour. 			
While you are getting chemotherapy treatments:			
 Keep a digital thermometer at home and take your temperature if you feel hot or unwell (for example, chills). Avoid taking medications that treat a fever before you take your temperature (for example, Tylenol®, acetaminophen, Advil® or ibuprofen) as they may hide a fever. Do not eat or drink anything hot or cold right before taking your temperature. Wash your hands often. Check with your doctor before getting any vaccines, surgeries, medical procedures or visiting your dentist. 			
If you have a fever, talk to your health care team or go to the closest emergency room. See our Neutropenia (Low white blood cell count) pamphlet for more information.			
Diarrhea	Contact your		
May happen days to weeks after you get your treatment. If you have diarrhea:	health care team if no improvement or if severe		
 Take anti-diarrhea medication if your health care team prescribed it. Avoid foods or drinks with artificial sweetener (e.g. chewing gum, "diet" drinks), coffee and alcohol, until your diarrhea has stopped. Eat many small meals and snacks instead of 2 or 3 large meals. Drink at least 6 to 8 cups of liquids each day. Talk to your health care team if you can't drink 6-8 cups of liquids each day when you have diarrhea. You may need special liquids with salt and sugar, called Oral Rehydration Therapy. 			

Side effects and what to do	When to contact doctor?	
Common Side Effects (25 to 49 out of 100 people)		
See the <u>Diarrhea</u> pamphlet for more information.		
Mild swelling in arms and legs; puffiness To help prevent swelling :	Contact your health care team if no improvement or if severe	
 Eat a low-salt diet. Avoid tight fitting clothing. If you have swelling in your legs, keep your feet up when sitting. 	11 364616	

Side effects and what to do	When to contact doctor?
Less Common Side Effects (10 to 24 out of 100 people)	
Rash; dry or itchy skin Rash may be severe in some rare cases and cause your skin to blister or peel. If this happens, get emergency medical help right away.	Contact your health care team if no improvement or if severe
To prevent and treat dry skin,	
 Use skin moisturizer. Protect your skin from the sun and the cold. Use sunscreen with UVA and UVB protection and a SPF of at least 30. 	
 Tingling, numb fingers and toes May slowly get better after your treatment ends. Contact your health care team if you have trouble doing up buttons, writing, picking up small objects, have pain or trouble moving. 	Contact your health care team if no improvement or if severe
Nausea and vomiting (generally mild)	Contact your
May occur in hours to days after your treatment. It is easier to prevent nausea than to treat it if it happens.	healthcare team if no improvement or if severe
If you have nausea or vomiting:	
 Take anti-nausea medication(s) as prescribed to you by your doctor. Drink clear liquids and have small meals. Get fresh air and rest. Do not eat spicy, fried foods or foods with a strong smell. Limit caffeine (e.g. coffee, tea) and alcohol. 	

Side effects and what to do	When to contact doctor?
Less Common Side Effects (10 to 24 out of 100 people)	
Contact your health care team if the prescribed anti-nausea medications are not helping to control your nausea and vomiting.	
Also see Nausea & Vomiting pamphlet for more information.	
 Night sweats Avoid triggers such as spicy food, alcohol and caffeine (tea, coffee, and soft drinks), Exercise regularly. Ask your health care team what exercises are appropriate for you before you start any new exercise. Quitting smoking may also help. Keep cool; dress lightly or in layers that you can easily remove and drink plenty of liquids unless you have been told otherwise. 	Contact your health care team if no improvement or if severe
 Pains or cramps in the belly If you have constipation or diarrhea it may be causing the pain in your belly. If the pain is severe, gets worse or doesn't go away, talk to your health care team about other possible causes. 	Contact your health care team if no improvement or if severe
 Rapid killing of cells when you start treatment If mild, this may cause gout and joint pains. In some more severe cases, it may cause fevers, kidney problems, confusion and be life-threatening. Your doctor may prescribe medication to prevent these effects. Drink plenty of liquids (6 to 8 cups per day, unless you have been told otherwise) and pee frequently. 	Get emergency medical help right away
Abnormal cholesterol or fat levels in the blood Your doctor may check your cholesterol levels regularly with a blood test.	Contact your health care team if no improvement or if severe
Salt imbalances It may cause muscle twitching, severe weakness or cramping, confusion and irregular heartbeat.	Get emergency medical help right away
Check your blood pressure regularly. Your doctor may prescribe medication to treat high blood pressure. If you have a severe headache, severe dizziness, or if you faint get emergency help right away as it may be a sign your blood pressure is too high or too low.	Contact your health care team if no improvement or if severe

Side effects and what to do	When to contact doctor?		
Less Common Side Effects (10 to 24 out of 100 people)			
Unusual bleeding or bruising (may be severe) You may have black stools, cough up blood, blood in your urine, purple or red dots on your skin or bleeding that will not stop.	Get emergency medical help right away		
Constipation To help treat constipation: • If you have not had a bowel movement in 2 to 3 days you may need to take a laxative. Ask your health care team what to do. See the Constipation Pamphlet for more information.	Contact your health care team if no improvement or if severe		
 Signs of a kidney problem include swelling, passing very little or no pee, or new unusual weight gain. If you have these signs, call your health team or go to your closest emergency department. To prevent bladder or kidney problems, drink lots of water or other liquids. Your doctor may ask you to drink at least 6 to 8 cups (2 L) per day on treatment days, unless you have been told otherwise. Your doctor may check your kidney function regularly. 	Contact your health care team if no improvement or if severe		
 Take your pain medication as prescribed by your doctor. You can take acetaminophen (Tylenol®) tablets as needed for mild aches and pains. Ask your doctor or pharmacist about the right dose for you. Talk to your doctor or pharmacist first before taking ibuprofen (Advil®, Motrin®), naproxen (Aleve®) or aspirin. These medication may increase bleeding risk. Rest often and try light exercise as it may help. 	Contact your health care team if no improvement or if severe		
 Abnormal liver lab tests You may have yellowish skin or eyes, unusually dark pee or pain on the right side of your belly. Talk to your health care team if this happens. If you have these signs, call your health team or go to your closest emergency department. Your doctor may monitor your liver regularly with a blood test. 	Contact your health care team if no improvement or if severe		

Other rare, but serious side effects are possible with this treatment.

If you have **any** of the following, talk to your cancer health care team or get emergency medical help right away:

- Signs of an allergic reaction like fever, itchiness, rash, swollen lips, face or tongue, chest and throat tightness
- Shortness of breath
- Sudden, severe pain or feeling of fullness in your belly

For more information on how to manage your symptoms ask your health care provider, or visit: https://www.cancercareontario.ca/symptoms.

Notes		
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March 2025 Updated/revised information sheet

The information set out in the medication information sheets, regimen information sheets, and symptom management information (for patients) contained in the Drug Formulary (the "Formulary") is intended to be used by health professionals and patients for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or side effects of a certain drug, nor should it be used to indicate that use of a particular drug is safe, appropriate or effective for a given condition.

A patient should always consult a healthcare provider if he/she has any questions regarding the information set out in the Formulary. The information in the Formulary is not intended to act as or replace medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.