

**Drug Monograph**

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**A - Drug Name**

# DACTINomycin

**SYNONYM(S):** actinomycin D

**COMMON TRADE NAME(S):** Cosmegen®

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**B - Mechanism of Action and Pharmacokinetics**

Dactinomycin is a derivative of *Streptomyces parvulus*. At low concentrations, dactinomycin inhibits DNA-primed RNA synthesis by intercalating with guanine residues of DNA. At higher concentrations, it also inhibits DNA synthesis. Interstrand and DNA-protein cross-links may also occur. Dactinomycin is considered to be cell cycle phase-nonspecific. It appears to be a radiosensitizer.

|              |                                                                                          |                          |
|--------------|------------------------------------------------------------------------------------------|--------------------------|
| Absorption   | Oral: Poorly absorbed from gastrointestinal tract                                        |                          |
| Distribution | Rapid entry into nucleated cells (bone marrow, tumour cells > plasma), crosses placenta. |                          |
|              | Cross blood brain barrier?                                                               | no                       |
|              | Volume of distribution                                                                   | no information found     |
|              | PPB                                                                                      | Not highly protein bound |
| Metabolism   | Minimally metabolized                                                                    |                          |
|              | Active metabolites                                                                       | no                       |

|             |                                     |                                                                              |
|-------------|-------------------------------------|------------------------------------------------------------------------------|
|             | Inactive metabolites                | yes                                                                          |
| Elimination | 85% cleared from blood in 2 minutes |                                                                              |
|             | Feces                               | 50-90% excreted in bile within 24h; 15% of dose recovered in feces in 1 week |
|             | Urine                               | 12-20% in 24 h; 15% of dose recovered unchanged in 1 week                    |
|             | Half-life                           | 36 hours;<br>prolonged with hepatic dysfunction                              |

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## C - Indications and Status

### Health Canada Approvals:

As part of a combination chemotherapy in:

- Rhabdomyosarcoma
- Wilms' tumour
- Ewing's sarcoma

As single agent, or part of a combination chemotherapy in:

- Gestational trophoblastic neoplasia

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## D - Adverse Effects

**Emetogenic Potential:** Moderate

**Extravasation Potential:** Vesicant

| ORGAN SITE     | SIDE EFFECT* (%)               | ONSET** |
|----------------|--------------------------------|---------|
| Cardiovascular | Flushing (face, torso)         | I       |
| Dermatological | Alopecia (rare, mild-moderate) | E       |

|                       |                                                        |     |
|-----------------------|--------------------------------------------------------|-----|
|                       | Radiation recall reaction                              | I   |
|                       | Rash                                                   | I E |
|                       | Skin hyperpigmentation (in previous irradiated areas)  | D   |
| Gastrointestinal      | Abdominal pain                                         | I   |
|                       | Anorexia                                               | I   |
|                       | Diarrhea (30%)                                         | E   |
|                       | Mucositis (30%) (may be severe)                        | E   |
|                       | Nausea, vomiting                                       | I   |
| General               | Fatigue                                                | I E |
|                       | Fever, chills                                          | I   |
| Hematological         | Disseminated intravascular coagulation (rare)          | E   |
|                       | Myelosuppression ± infection, bleeding (may be severe) | E   |
| Hepatobiliary         | ↑ LFTs (may be severe)                                 | E   |
|                       | Veno-occlusive disease (rare)                          | E   |
| Hypersensitivity      | Drug reaction                                          | I   |
| Injection site        | Injection site reaction (pain)                         | I   |
| Metabolic / Endocrine | ↓ Ca (rare)                                            | I   |
| Musculoskeletal       | Myalgia                                                | E   |
| Neoplastic            | Secondary malignancy (rare)                            | L   |
| Ophthalmic            | Optic nerve disorder rare                              | E   |
| Respiratory           | Pneumonitis (rare)                                     | E D |

\* "Incidence" may refer to an absolute value or the higher value from a reported range.  
 "Rare" may refer to events with < 1% incidence, reported in post-marketing, phase 1 studies, isolated data or anecdotal reports.

\*\* I = *immediate* (onset in hours to days)    E = *early* (days to weeks)  
 D = *delayed* (weeks to months)    L = *late* (months to years)

Dactinomycin is extremely corrosive. The **tissue necrosis** that occurs with **extravasation** may happen days to weeks after the treatment. Patients must be observed for delayed reactions and prior injection sites carefully inspected.

Dactinomycin has the potential to enhance radiation injury to tissues; it may increase gastrointestinal toxicity or marrow suppression when given with radiation. While often called **radiation recall reactions**, the timing of the radiation may be before, concurrent with or even after the administration of dactinomycin. Recurrent injury to a previously radiated site may occur weeks to months following radiation.

**Hepatotoxicity** has occurred in children with Wilms' tumour, especially if they have received right-sided abdominal irradiation. This may manifest as increased AST (SGOT) and bilirubin levels, ascites and liver enlargement. In some cases, thrombocytopenia may accompany hepatotoxicity. Factors associated with severe hepatotoxicity include concurrent administration of other hepatotoxic agents, especially halogenated anesthetics, using single-dose dactinomycin as opposed to a 5 day regimen, doses of dactinomycin  $\geq 60$  mcg/kg and radiation.

There is an increased incidence of secondary malignancies and leukemias.

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### E - Dosing

Refer to protocol by which patient is being treated. Dosage may be reduced and/or delayed in patients with bone marrow depression due to previous or concomitant cytotoxic/radiation therapy.

Dosage should be based on BSA in obese or edematous patients to relate dosage to lean body mass.

#### **Adults:**

Numerous dosing schedules and regimens exist depending on disease, response and concomitant therapy. See individual regimen for dosing details.

Dosing information from some regimens described in literature:

- 0.045 mg/kg IV x on day 1; q3 weeks (max 2.5mg used in some protocols) in various schedules and combinations with other chemotherapy agents
- 0.012-0.015 mg/kg IV (max 0.5mg used in some protocols) x 5 days in various schedules, as single agent or in combination with other chemotherapy agents
- 1.25 mg/m<sup>2</sup> in various schedules and combinations with other chemotherapy agents
- 0.5 mg on days 1 and 2 (part of EMA-CO regimen)

#### **Dosage with Toxicity:**

Hold treatment if stomatitis, diarrhea or severe myelosuppression occurs.

Dosage in myelosuppression:

- Modify according to protocol by which patient is being treated; if no guidelines available, refer to [Appendix 6](#) "Dosage Modification for Hematologic and Non-hematologic Toxicities".

### **Dosage with Hepatic Impairment:**

Adjustment required in moderate to severe hepatic impairment; no specific recommendations found. May consider dose reduction by 33-50% in hyperbilirubinemia.

### **Dosage with Renal Impairment:**

No adjustment required.

### **Dosage in the elderly:**

Increased risk of myelosuppression in the elderly as compared to younger patients. Consider starting at the low end of the dosing range.

### **Children:**

Refer to protocol being used. Should be given to infants only over the age of 6 to 12 months because of toxic effects of dactinomycin.

Intravenous: q 3-4 w: 0.015mg/kg/day for 5 days

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## **F - Administration Guidelines**

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- Slow push through sidearm of free flowing IV (5% Dextrose or Normal Saline).
- May be mixed in a minibag (Normal Saline or D5W; concentration must be at least 0.01 mg/mL); Infuse over 10-15 minutes.
- Do not use cellulose ester membrane filters, since these may filter out dactinomycin.
- Reconstitute dactinomycin by adding 1.1 mL of sterile water for injection (without preservative) using aseptic precautions. Precipitation occurs if sterile water containing preservatives is used.
- Dactinomycin is extremely corrosive to soft tissue, irritating to the eyes and mucous membranes; precautions for materials of this nature should be observed.
- Protect from light.

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### G - Special Precautions

#### Contraindications:

Dactinomycin is **contraindicated** in patients who are hypersensitive to the drug or to any ingredients in the formulation, or those infected with chickenpox or herpes zoster as generalized infection may occur. Avoid the use of live vaccines.

#### Other Drug Properties:

- Known radiosensitizer: Yes  
Dactinomycin should be used with caution in patients who have had or who are having pelvic or abdominal radiation, as the risks of hepatic and marrow toxicities are increased.  
Dactinomycin should not be administered concurrently with radiotherapy in Wilms' tumour unless benefit outweighs the risk.
- Carcinogenicity: Yes

#### Pregnancy and Lactation:

- Mutagenicity: Yes
- Teratogenicity: Yes  
Dactinomycin is not recommended for use in pregnancy. Adequate contraception should be used by both sexes during treatment, and for at least 6 months after the last dose.
- Breastfeeding: Contraindicated  
Breastfeeding is not recommended due to the potential secretion into breast milk.
- Fertility effects: Unknown

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### H - Interactions

| AGENT                                                           | EFFECT           | MECHANISM       | MANAGEMENT |
|-----------------------------------------------------------------|------------------|-----------------|------------|
| radiation                                                       | ↑ toxicity       | radiosensitizer | Caution    |
| Halogenated inhalation anesthetics (e.g., enflurane, halothane) | ↑ hepatotoxicity | Additive        | Caution    |

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## I - Recommended Clinical Monitoring

Treating physicians may decide to monitor more or less frequently for individual patients but should always consider recommendations from the product monograph.

### Recommended Clinical Monitoring

| Monitor Type                                                             | Monitor Frequency     |
|--------------------------------------------------------------------------|-----------------------|
| Renal function tests                                                     | Baseline and periodic |
| Liver function tests                                                     | Baseline and periodic |
| CBC                                                                      | Baseline and regular  |
| Clinical assessment of GI, pneumonitis, skin, hepatic and local toxicity | At each visit         |

Grade toxicity using the current [NCI-CTCAE \(Common Terminology Criteria for Adverse Events\) version](#)

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## K - References

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Product Monograph: Cosmegen® (Dactinomycin). Lundbeck Inc., November 7, 2011.

**June 2019** Updated emetic risk category

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### L - Disclaimer

Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.

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