Medication Information Sheet

cabazitaxel

(ca-BA-zee-tax-el)

This document provides general information about your medication. It does not replace the advice of your health care professional. Always discuss your therapy with your health care professional and refer to the package insert for more details.

Other Name: Jevtana TM

Appearance: clear yellow to brownish-yellow solution mixed into larger bags of fluids

What is this medication for?

• For treating a certain type of prostate cancer

What should I do before I have this medication?

Tell your health care team if you have or had significant medical condition(s), especially if you have / had:

- blood disorders such an anemia,
- nerve problems (numbness or tingling in fingers and toes),
- heart, kidney, lung, or liver problems,
- previous radiation to the pelvis area, or
- any allergies.

Remember to:

- Tell your health care team about all of the other medications you are taking.
- Keep taking other medications that have been prescribed for you, unless you have been told not to by your health care team.

You will have a blood test to check for hepatitis B before starting treatment. See the <u>Hepatitis B and</u> <u>Cancer Medications</u> pamphlet for more information.

The most updated information sheet version can be found on <u>https://www.cancercareontario.ca/drugs</u>

Additional symptom management information is available from <u>https://www.cancercareontario.ca/symptoms</u>

Created by the CCO Drug Formulary team, with input from the CCO Patient Education team and Patient & Family Advisors. February 2023

How will this medication affect sex, pregnancy and breastfeeding?

Talk to your health care team about:

- How this medication may affect your sexual health.
- How this medication may affect your ability to have a baby, if this applies to you.

This medication may harm an unborn baby. While this may not be directly applicable to you:

• If there is **any** chance that your partner may become pregnant, you and your partner together must use **2 effective forms of birth control** at the same time until **6 months** after your last dose. Tell your health care team if your partner is pregnant or becomes pregnant during treatment.

How is this medication given?

- This drug is given through an IV (injected into a vein). Talk to your health care team about your treatment schedule.
- You will be given this treatment along with other medications to help prevent side effects/prevent a reaction.
- If you missed your treatment appointment, talk to your health care team to find out what to do.

To Prevent Allergic Reaction

You will be given medications before your treatment to help prevent allergic reactions before they start.

There are different types of medications to stop allergic reactions. They are called:

- antihistamines (such as diphenhydramine or Benadryl®)
- H2 blockers (such as ranitidine or famotidine)
- corticosteroids (such as dexamethasone)

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What else do I need to know while on this medication?

Will this medication interact with other medications or natural health products?

- This medication can interact with other medications, vitamins, foods and natural health products. Interactions can make the treatment not work as well or cause severe side effects.
- Tell your health care team about all of your:
 - prescription and over-the-counter (non-prescription) medications and all other drugs, such as cannabis/marijuana (medical or recreational)
 - natural health products such as vitamins, herbal teas, homeopathic medicines, and other supplements
- Check with your health care team before starting or stopping any of them.

What should I do if I feel unwell, have pain, a headache or a fever?

- Always check your temperature to see if you have a fever **before** taking any medications for fever or pain (such as acetaminophen (Tylenol®) or ibuprofen (Advil®)).
 - Fever can be a sign of infection that may need treatment right away.
 - If you take these medications before you check for fever, they may lower your temperature and you may not know you have an infection.

How to check for fever:

Keep a digital (electronic) thermometer at home and take your temperature if you feel hot or unwell (for example, chills, headache, mild pain).

- You have a fever if your temperature taken in your mouth (oral temperature) is:
 - 38.3°C (100.9°F) or higher at any time

OR

• 38.0°C (100.4°F) or higher for at least one hour.

If you do have a fever:

- Try to contact your health care team. If you are not able to talk to them for advice, you MUST get emergency medical help right away.
- Ask your health care team for the Fever pamphlet for more information.

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If you do not have a fever but have mild symptoms such as headache or mild pain:

- Ask your health care team about the right medication for you. **Acetaminophen (Tylenol®)** is a safe choice for most people.
- Talk to your health care team before you start taking lbuprofen (Advil®, Motrin®), naproxen (Aleve®) or ASA (Aspirin®), as they may increase your chance of bleeding or interact with your cancer treatment.
- Talk to your health care team if you already take **low dose aspirin** for a medical condition (such as a heart problem). It may still be safe to take.

What to DO while on this medication:

- DO check with your health care team before getting any vaccinations, surgery, dental work or other medical procedures.
- DO consider asking someone to drive you to and from the hospital on your treatment days. You may feel drowsy or dizzy after your treatment.
- DO tell your health care team about any serious infections that you have now or have had in the past.
- DO tell your health care team if you have any new pain, numbness or tingling of your hands or feet. This is especially important if you are having trouble doing tasks (like doing up buttons, writing, walking) or if you have severe pain or numbness.

What NOT to DO while on this medication:

- DO NOT smoke or drink alcohol while on treatment without talking to your health care team first. Smoking and drinking can make side effects worse and make your treatment not work as well.
- DO NOT eat or drink grapefruit, starfruit, Seville oranges or their juices (or products that contain these) while taking this drug. They may increase the amount of drug in your blood and increase side effects.

What are the side effects of this medication?

The following table lists side effects that you may have when getting cabazitaxel. The table is set up to list the most common side effects first and the least common last. It is unlikely that you will have all of the side effects listed and you may have some that are not listed.

Read over the side effect table so that you know what to look for and when to get help. Refer to this table if you experience any side effects while on cabazitaxel.

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Common Side Effects (25 to 49 out of 100 people)	
Side effects and what to do	When to contact health care team
Low neutrophils (white blood cells) in the blood (neutropenia)	If you have a fever,
(May be severe)	try to contact your health care team. If you are unable to
When neutrophils are low, you are at risk of getting an infection more easily. Ask your health care team for the <u>Neutropenia (Low white blood cell count</u>) pamphlet for more information.	talk to the team for advice, you MUST get emergency medical help right
What to look for?	away.
 If you feel hot or unwell (for example if you have chills or a new cough), you must check your temperature to see if you have a fever. Do not take medications that treat a fever before you take your 	
• Do not take medications that treat a level before you take your temperature (for example, Tylenol® (acetaminophen), or Advil® (ibuprofen)).	
 Do not eat or drink anything hot or cold right before taking your temperature. 	
You have a fever if your temperature taken in your mouth (oral temperature) is:	
 38.3°C (100.9°F) or higher at any time OR 	
 38.0°C (100.4°F) or higher for at least one hour. 	
What to do?	
If your health care team has told you that you have low neutrophils:	
 Wash your hands often to prevent infection. 	
Check with your health care team before getting any vaccines, surgeries,	
 medical procedures or visiting your dentist. Keep a digital thermometer at home so you can easily check for a fever. 	
If you have a fever:	
If you have a fever, try to contact your health care team. If you are unable to talk to the team for advice, you must get emergency medical help right away.	

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Common Side Effects (25 to 49 out of 100 people)	
Side effects and what to do	When to contact health care team
Low platelets in the blood	Talk to your health
(May be severe)	care team if you have any signs of bleeding. If you
When your platelets are low, you are at risk for bleeding and bruising. Ask your health care team for the Low Platelet Count pamphlet for more information.	have bleeding that doesn't stop or is
What to look for?	severe (very heavy), you MUST
Watch for signs of bleeding:	get emergency help right away.
 bleeding from your gums 	
 unusual or heavy nosebleeds bruising easily or more than normal 	
 black coloured stools (poo) or blood in your stools (poo) 	
 coughing up red or brown coloured mucus 	
 dizziness, constant headache or changes in your vision heavy vaginal blagding 	
 heavy vaginal bleeding red or pink coloured urine (pee) 	
What to do?	
If your health care team has told you that you have low platelets:	
 Tell your pharmacist that your platelet count may be low before taking any prescriptions or over-the-counter medication. Check with your healthcare team before you go to the dentist. Take care of your mouth and use a soft toothbrush. Try to prevent cuts and bruises. Ask your health care team what activities are safe for you. Your treatment may have to be delayed if you have low platelets. Your health care team may recommend a blood transfusion. 	
If you have signs of bleeding:	
 If you have a small bleed, clean the area with soap and water or a saline (saltwater) rinse. Apply pressure for at least 10 minutes. 	
If you have bleeding that does not stop or is severe (very heavy), you must get emergency medical help right away.	

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Common Side Effects (25 to 49 out of 100 people)	
Side effects and what to do	When to contact health care team
Anemia (low red blood cells)	Talk to your health care team if
What to look for?	it does not improve or if it is
You may feel more tired or weaker than normal.Pale skin and cold hands and feet.	severe.
You may feel short of breath, dizzy or lightheaded.This may occur in days to weeks after your treatment starts.	
What to do?	
If your health care team has told you that you have anemia (low red blood cells):	
Rest often and eat well.	
Light exercise, such as walking may help.You may need medication or a blood transfusion.	
 If it is very bad, your doctor may need to make changes to your treatment regimen. 	
Diarrhea	Talk to your health care team if no
(May be severe) What to look for?	improvement after 24 hours of taking diarrhea
	medication or if
 Loose, watery, unformed stool (poo) that may happen days to weeks after you get your treatment. 	severe (more than 7 times in one day)
What to do?	
If you have diarrhea:	
• Take anti-diarrhea medication if your health care team prescribed it or told you to take it.	
 Do not eat foods or drinks with artificial sweetener (like chewing gum or 'diet' drinks), coffee and alcohol. 	
 Eat many small meals and snacks instead of 2 or 3 large meals. Drink at least 6 to 8 cups of liquids each day, unless your health care team has told you to drink more or less. 	
 Talk to your health care team if you can't drink 6 to 8 cups of liquids each day when you have diarrhea. You may need to drink special liquids with salt and sugar, called Oral Rehydration Therapy. 	

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Common Side Effects (25 to 49 out of 100 people)	
Side effects and what to do	When to contact health care team
• Talk to your health care team if your diarrhea does not improve after 24 hours of taking diarrhea medication or if you have diarrhea more than 7 times in one day.	
Ask your health care team for the Diarrhea pamphlet for more information.	
 Fatigue What to look for? Feeling of tiredness or low energy that lasts a long time and does not go away with rest or sleep. 	Talk to your health care team if it does not improve or if it is severe
What to do?	
 Be active. Aim to get 30 minutes of moderate exercise (you are able to talk comfortably while exercising) on most days. Check with your health care team before starting any new exercise. Pace yourself, do not rush. Put off less important activities. Rest when you need to. Ask family or friends to help you with things like housework, shopping, and child or pet care. Eat well and drink at least 6 to 8 glasses of water or other liquids every day (unless your health care team has told you to drink more or less). Avoid driving or using machinery if you are feeling tired. 	
Ask your health care team for the Fatigue pamphlet for more information.	
Nausea and vomiting (Generally mild)	Talk to your health care team if nausea lasts more than 48 hours or
 What to look for? Nausea is feeling like you need to throw up. You may also feel light-headed. You may feel nausea within hours to days after your treatment. What to do? 	vomiting lasts more than 24 hours, or if it is severe
To help prevent nausea:	
 It is easier to prevent nausea than to treat it once it happens. If you were given anti-nausea medication(s), take them as prescribed, even if you do not feel like throwing up. 	
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Common Side Effects (25 to 49 out of 100 people)	
Side effects and what to do	When to contact health care team
 Drink clear liquids and have small meals. Get fresh air and rest. Do not eat spicy, fried foods or foods with a strong smell. Limit caffeine (like coffee, tea) and avoid alcohol. If you have nausea or vomiting:	
 Take your rescue (as-needed) anti-nausea medication(s) as prescribed. Ask your health care team for the <u>Nausea & Vomiting</u> pamphlet for more information. Talk to your health care team if: 	
 nausea lasts more than 48 hours vomiting lasts more than 24 hours or if it is severe 	

Less Common Side Effects (10 to 24 out of 100 people)	
Side effects and what to do	When to contact health care team
Constipation What to look for? • Having bowel movements (going poo) less often than normal. • Small hard stools (poo) that look like pellets.	Talk to your health care team if it does not improve or if it is severe
 The need to push hard and strain to have any stool (poo) come out. Stomach ache or cramps. A bloated belly, feeling of fullness, or discomfort. Leaking of watery stools (poo). Lots of gas or burping. Nausea or vomiting. 	
What to do?	
To help prevent constipation:	
 Try to eat more fiber rich foods like fruits with skin, leafy greens and whole grains. Drink at least 6 to 8 cups of liquids each day unless your health care team has told you to drink more or less. Be Active. Exercise can help to keep you regular. 	

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Less Common Side Effects (10 to 24 out of 100 people)	
Side effects and what to do	When to contact health care team
 If you take opioid pain medication, ask your health care team if eating more fibre is right for you. 	
To help treat constipation:	
 If you have not had a bowel movement in 2 to 3 days you may need to take a laxative (medication to help you poo) to help you have regular bowel movements. Ask your health care team what to do. 	
Ask your health care team for the <u>Constipation</u> Pamphlet for more information.	
Low appetite	Talk to your health care team if it
What to look for?	does not improve or if it is severe
Loss of interest in food or not feeling hungry.Weight loss.	
What to do?	
 Try to eat your favourite foods. Eat small meals throughout the day. You may need to take meal supplements to help keep your weight up. Talk to your health care team if you have no appetite. 	
Ask your health care team for the <u>Loss of Appetite</u> pamphlet for more information.	
Mild joint, muscle pain or cramps	Talk to your health care team if it
What to look for?	does not improve or if it is severe
• New pain in your muscles or joints, muscle cramps, or feeling achy.	
What to do?	
 Take pain medication (acetaminophen or opioids such as codeine, morphine, hydromorphone, oxycodone) as prescribed. Read the above section: "What should I do if I feel unwell, have pain, a headache or a fever?" before taking acetaminophen (Tylenol®), ibuprofen (Advil®, Motrin®), naproxen (Aleve®) or Aspirin. These medications may hide an infection that needs treatment or they may increase your risk of bleeding. 	

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Less Common Side Effects (10 to 24 out of 100 people)	
Side effects and what to do	When to contact health care team
Rest often and try light exercise (such as walking) as it may help.	
Ask your health care team for the Pain pamphlet for more information.	
Side effects of taking steroids What to look for? • You may have:	Talk to your health care team if it does not improve or if it is severe
 Weight gain (that sometimes may be seen in places such as the cheeks or the back of the neck) Weak muscles High blood sugar Upset stomach Problems with sleeping Changes in your mood If you take steroids (such as prednisone) for many months or years, you may develop cataracts (clouding in your eyes) or osteoporosis (weak bones). 	
 What to do? Take your tablets in the morning with breakfast. Eat a healthy, balanced diet and exercise regularly (talk to your health care team first to know what exercise is safe for you). Do not have close contact (such as hugs and kisses) with people who are sick. 	

Other rare, but serious side effects are possible. If you experience ANY of the following, speak to your cancer health care provider or get emergency medical help right away:

- Irregular heartbeat, shortness of breath, chest pain, fainting spells or swelling in your legs, ankles and belly; low blood pressure, dizziness
- Lower back pain, swelling, pee less than usual and have unusual weight gain
- Yellowish skin or eyes, unusually dark pee or pain on the right side of your belly
- Sudden, severe belly pain, bloating
- Difficulty breathing, chest pain or coughing up blood
- Pain, swelling and hardening of the vein in an arm or leg
- Signs of an allergy such as fever, itchiness, rash, swollen lips, face or tongue, chest and throat tightness

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Who do I contact if I have questions or need help?

My cancer health care provider is: _____

During the day I should contact:_____

Evenings, weekends and holidays:

Other Notes:

February 2023 Updated/Revised info sheet

For more links on how to manage your symptoms go to <u>www.cancercareontario.ca/symptoms</u>.

The information set out in the medication information sheets, regimen information sheets, and symptom management information (for patients) contained in the Drug Formulary (the "Formulary") is intended to be used by health professionals and patients for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or side effects of a certain drug, nor should it be used to indicate that use of a particular drug is safe, appropriate or effective for a given condition.

A patient should always consult a healthcare provider if he/she has any questions regarding the information set out in the Formulary. The information in the Formulary is not intended to act as or replace medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.

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