Regimen Monograph

Regimen Name | Drug Regimen | Cycle Frequency | Premedication and Supportive Measures | Administrative Information |
References | Other Notes | Disclaimer

A - Regimen Name

XELOX+NIVL Regimen

Capecitabine (Xeloda®) - Oxaliplatin - Nivolumab

Disease Site Gastrointestinal

Esophagus

Gastric / Stomach

Intent Palliative

Regimen Category

Evidence-informed:

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are

developed.

Rationale and Uses

First-line treatment of HER2-negative unresectable advanced or metastatic gastric, esophagogastric junction, or esophageal adenocarcinoma

Supplementary **Public Funding**

<u>nivoluma</u>b

New Drug Funding Program (Nivolumab - First-line Treatment of Advanced Gastric, Esophageal, and Esophagogastric Junction Adenocarcinoma) (NDFP Website)

capecitabine

ODB - General Benefit (capecitabine) (ODB Formulary)

back to top

B - Drug Regimen			
nivolumab ^{1, 2}	4.5 mg /kg	IV (max 360 mg)	Day 1; q21 days
<u>oxaliplatin</u>	130 mg /m²	IV	Day 1
capecitabine	1000 mg /m²	PO	BID, Days 1 to 14

¹ Give nivolumab before chemotherapy when given on the same day.

back to top

C - Cycle Frequency

XELOX^: Repeat every 21 days, until disease progression or unacceptable toxicity occurs

NIVOLUMAB^: Repeat every 21 days (4.5 mg/kg)[†] for up to 2 years (including doses given with XELOX), unless disease progression or unacceptable toxicity, whichever occurs first

'If chemotherapy is discontinued after at least 1 cycle due to intolerance, nivolumab may be continued as single agent (Refer to NIVL(MNT)) for up to 2 years, unless disease progression or unacceptable toxicity.

back to top

² Dosing based on NDFP funding criteria. Refer to NDFP form for alternative nivolumab dosing schedule (3 mg/kg IV q14 days; maximum dose 240 mg).

[†]Alternative nivolumab dosing schedule is 3 mg/kg IV q14 days.

D - Premedication and Supportive Measures

Antiemetic Regimen: Moderate (XELOX)

No routine prophylaxis for capecitabine

Oxaliplatin premedication (prophylaxis for infusion reactions):

- There is insufficient evidence that routine prophylaxis with pre-medications reduces IR rates.
- Consider corticosteroids and H1-receptor antagonists ± H2-receptor antagonists in high-risk patients (i.e. ≥ cycle 6, younger age, female gender, prior platinum exposure, platinum-free interval ≥ 3 years).

Other Supportive Care:

- Topical emollients (e.g. hand creams, udder balm) therapy may ameliorate the manifestations of hand-foot syndrome in patients receiving capecitabine.
- Standard antidiarrheal agents (e.g. loperamide) should be initiated, as medically appropriate, as early as possible.
- Patients should be counselled about cold avoidance prior to receiving oxaliplatin, since cold temperatures can precipitate or exacerbate acute neurological symptoms.
- Also refer to CCO Antiemetic Recommendations.

back to top

J - Administrative Information

Outpatient prescription for home administration (capecitabine)

Approximate Patient Visit 3 hours

Pharmacy Workload (average time per visit) 25.240 minutes

Nursing Workload (average time per visit) 54.167 minutes

back to top

K - References

CADTH Reimbursement Recommendation: Nivolumab (For the treatment of adult patients with human epidermal growth factor receptor 2–negative advanced or metastatic gastric, gastroesophageal junction, or esophageal adenocarcinoma). March 2022.

Janjigian YY, Shitara K, Moehler M, et al. First-line nivolumab plus chemotherapy versus chemotherapy alone for advanced gastric, gastro-oesophageal junction, and oesophageal adenocarcinoma (CheckMate 649): a randomised, open-label, phase 3 trial. Lancet 2021 Jul 3;398(10294):27-40.

PEBC Advice Documents or Guidelines

Systemic Therapy for Advanced Gastric and Gastro-Esophageal Carcinoma

April 2023 Updated DPD deficiency information in the Other Notes section

back to top

L - Other Notes

DPD Deficiency Testing and Guidance:

Patients should be tested for DPD deficiency before starting treatment with capecitabine. Refer to the DPD Deficiency Guidance for Clinicians for more information.

In patients with unrecognized DPD deficiency, acute, life-threatening toxicity may occur; if acute grade 2-4 toxicity develops, treatment should be stopped immediately and permanent discontinuation considered based on clinical assessment of the toxicities.

back to top

M - Disclaimer

Regimen Abstracts

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Regimen Monographs

Refer to the <u>New Drug Funding Program</u> or <u>Ontario Public Drug Programs</u> websites for the most up-to-date public funding information.

The information set out in the drug monographs, regimen monographs, appendices and symptom management information (for health professionals) contained in the Drug Formulary (the "Formulary") is intended for healthcare providers and is to be used for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or adverse effects of a particular drug, nor should it be construed to indicate that use of a particular drug is safe, appropriate or effective for a given condition. The information in the Formulary is not intended to constitute or be a substitute for medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.

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back to top