#### Regimen Monograph

 Regimen Name
 Drug Regimen
 Cycle Frequency
 Premedication and Supportive Measures
 Dose Modifications
 Adverse

 Effects
 Interactions
 Drug Administration and Special Precautions
 Recommended Clinical Monitoring
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 Information
 References
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#### A - Regimen Name

# VINO(W) Regimen

Vinorelbine

Disease Site Lung - Mesothelioma

**Intent** Palliative

# Regimen Category

### **Evidence-informed:**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

# Rationale and Uses

For the treatment of malignant pleural mesothelioma.

<u>Note</u>: The Lung Disease Site Drug Advisory Committee notes that singleagent vinorelbine appeared to have a slightly longer survival than Best Supportive Care alone in an underpowered randomized trial and subsequent phase II studies have shown response.

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# **B** - Drug Regimen

<u>vinorelbine</u> 30 mg /m<sup>2</sup> IV (up to 60 mg) Days 1, 8, 15, 22, 29,

36

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## C - Cycle Frequency

#### **REPEAT EVERY 42 DAYS**

Until disease progression or unacceptable toxicity

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# **D** - Premedication and Supportive Measures

Antiemetic Regimen: Minimal

### **Other Supportive Care:**

Also refer to CCO Antiemetic Recommendations.

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#### J - Administrative Information

Approximate Patient Visit 0.5 hr

Pharmacy Workload (average time per visit) 16.783 minutes

Nursing Workload (average time per visit) 36.667 minutes

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### K - References

Stebbing J, Powles T, McPherson K et al. The efficacy and safety of weekly vinorelbine in relapsed malignant pleural mesothelioma. Lung Cancer. 2009;63:94-97.

Steele JP, Shamash J, Evans MT et al. Phase II study of vinorelbine in patients with malignant pleural mesothelioma. J Clin Oncol. 2000;18:3912-3917.

May 2019 Updated emetic risk category

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#### M - Disclaimer

#### Regimen Abstracts

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#### Regimen Monographs

Refer to the <u>New Drug Funding Program</u> or <u>Ontario Public Drug Programs</u> websites for the most up-to-date public funding information.

The information set out in the drug monographs, regimen monographs, appendices and symptom management information (for health professionals) contained in the Drug Formulary (the "Formulary") is intended for healthcare providers and is to be used for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or adverse effects of a particular drug, nor should it be construed to indicate that use of a particular drug is safe, appropriate or effective for a given condition. The information in the Formulary is not intended to constitute or be a substitute for medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.

The format and content of the drug monographs, regimen monographs, appendices and symptom management information contained in the Formulary will change as they are reviewed and revised on a periodic basis. The date of last revision will be visible on each page of the monograph and regimen. Since standards of usage are constantly evolving, it is advised that the Formulary not be used as the sole source of information. It is strongly recommended that original references or product monograph be consulted prior to using a chemotherapy regimen for the first time.

Some Formulary documents, such as the medication information sheets, regimen information sheets and symptom management information (for patients), are intended for patients. Patients should always consult with their healthcare provider if they have questions regarding any information set out in the Formulary documents.

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