

## Regimen Monograph

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## A - Regimen Name

# VActC Regimen

VinCRISTine-Actinomycin (Dactinomycin)-Cyclophosphamide

**Disease Site** Sarcoma - Ewing's

**Intent** Neoadjuvant  
Adjuvant  
Palliative

**Regimen Category** **Evidence-informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

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**B - Drug Regimen**

|                                  |                         |                 |       |
|----------------------------------|-------------------------|-----------------|-------|
| <a href="#">vinCRISTine</a>      | 1.5 mg /m <sup>2</sup>  | IV (max 2 mg)   | Day 1 |
| <a href="#">DACTINomycin</a>     | 1.25 mg /m <sup>2</sup> | IV (max 2.5 mg) | Day 1 |
| <a href="#">cyclophosphamide</a> | 1200 mg /m <sup>2</sup> | IV              | Day 1 |
| <a href="#">mesna</a>            |                         |                 |       |

consider use - refer to local protocol

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**C - Cycle Frequency****REPEAT EVERY 21 DAYS**

This regimen may be used as an alternative to VAC when a lifetime maximal anthracycline dose has been reached, or anthracycline use is contraindicated

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**D - Premedication and Supportive Measures**

**Antiemetic Regimen:** Moderate

**Other Supportive Care:**

Also refer to [CCO Antiemetic Recommendations](#).

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**J - Administrative Information**

|                                            |               |
|--------------------------------------------|---------------|
| Approximate Patient Visit                  | 2 hours       |
| Pharmacy Workload (average time per visit) | 25.33 minutes |
| Nursing Workload (average time per visit)  | 41.67 minutes |

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## K - References

Arndt CA, Stoner JA, Hawkins DS, et al. Vincristine, actinomycin, and cyclophosphamide compared with vincristine, actinomycin, and cyclophosphamide alternating with vincristine, topotecan, and cyclophosphamide for intermediate-risk rhabdomyosarcoma: children's oncology group study D9803. *J Clin Oncol* 2009;27(31):5182-8.

Grier HE, Krailo MD, Tarbell NJ, et al. Addition of ifosfamide and etoposide to standard chemotherapy for Ewing's sarcoma and primitive neuroectodermal tumor of bone. *N Engl J Med*. 2003 Feb 20;348(8):694-701.

Raney RB, Maurer HM, Anderson JR, et al. The Intergroup Rhabdomyosarcoma Study Group (IRSG): Major Lessons From the IRS-I Through IRS-IV Studies as Background for the Current IRS-V Treatment Protocols. *Sarcoma*. 2001; 5(1): 9–15.

Womer RB, West DC, Krailo MD, et al. Randomized controlled trial of interval-compressed chemotherapy for the treatment of localized Ewing sarcoma: a report from the Children's Oncology Group. *J Clin Oncol*. 2012 Nov 20;30(33):4148-54.

**May 2019** Updated emetic risk category

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## L - Other Notes

Sarcomas are rare tumours and as such benefit from referral to specialized centres where there will be access to multidisciplinary expertise including good radiology, orthopedic and thoracic surgery, medical oncology, radiation oncology, pathology, and other supportive care disciplines.

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## M - Disclaimer

### **Regimen Abstracts**

*A Regimen Abstract is an abbreviated version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). It is intended for healthcare providers and is to be used for informational purposes only. It is not intended to constitute or be a substitute for medical advice, and all uses of the Regimen Abstract are subject to clinical judgment. Such information is provided on an “as-is” basis,*

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### **Regimen Monographs**

Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.

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