#### Regimen Monograph

Regimen Name | Drug Regimen | Cycle Frequency | Premedication and Supportive Measures | Administrative Information |
References | Other Notes | Disclaimer

### A - Regimen Name

## **LETRRIBO** Regimen

Letrozole - Ribociclib

Disease Site Breast

**Intent** Adjuvant

# Regimen Category

#### **Evidence-informed:**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

## Rationale and Uses

Adjuvant treatment of patients with hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative stage II-III early breast cancer at high risk of recurrence

Supplementary <u>letrozole</u>

Public Funding ODB - General Benefit (letrozole) (ODB Formulary )

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## **B** - Drug Regimen

<u>letrozole</u> 2.5 mg PO Daily

<u>ribociclib</u> 400 mg PO Days 1 to 21

(This drug is not currently publicly funded for this regimen and intent)

Note: Pre/perimenopausal women, and men, should also be treated with luteinizing hormone-releasing hormone (LHRH) agonists according to local clinical practice.

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## C - Cycle Frequency

Letrozole: Continuous

Ribociclib: Every 28 days (21 days on, 7 days off)

Up to a total of 3 years of treatment, unless disease progression or unacceptable toxicity occurs. Letrozole monotherapy may continue.

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## **D** - Premedication and Supportive Measures

**Antiemetic Regimen:** Minimal – No routine prophylaxis; PRN recommended

Also refer to <u>CCO Antiemetic Recommendations</u>.

Screen for hepatitis B virus in all cancer patients starting systemic treatment. Refer to the <u>hepatitis B virus screening and management guideline</u>.

### **Other Supportive Care:**

 Assess patient's risk factors for osteoporosis and consider calcium and vitamin D supplements and bisphosphonates where appropriate. Refer patients to the <u>Bone Health</u> <u>During Cancer Treatment</u> pamphlet for more information.

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#### J - Administrative Information

Outpatient prescription for home administration

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#### K - References

Canada's Drug Agency. CDA Reimbursement Review: ribociclib (Kisqali). Jan 6 .2025.

Crown J, Stroyakovskii D, Yardley DA, et al.Adjuvant ribociclib plus nonsteroidal aromatase inhibitor therapy in patients with HR-positive/HER2-negative early breast cancer: 5-year follow-up of NATALEE efficacy outcomes and updated overall survival. ESMO Open, Volume 0, Issue 0, 105858. October 17, 2025.

Hortobagyi GN, Lacko A, Sohn J, et al. A phase III trial of adjuvant ribociclib plus endocrine therapy versus endocrine therapy alone in patients with HR-positive/HER2-negative early breast cancer: final invasive disease-free survival results from the NATALEE trial. Ann Oncol 2025 Feb;36(2):149-157.

Letrozole drug monograph, Ontario Health (Cancer Care Ontario).

Ribociclib drug monograph, Ontario Health (Cancer Care Ontario).

#### December 2025 New ST-QBP regimen

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#### M - Disclaimer

#### Regimen Abstracts

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Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

#### Regimen Monographs

Refer to the <u>New Drug Funding Program</u> or <u>Ontario Public Drug Programs</u> websites for the most up-to-date public funding information.

The information set out in the drug monographs, regimen monographs, appendices and symptom management information (for health professionals) contained in the Drug Formulary (the "Formulary") is intended for healthcare providers and is to be used for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or adverse effects of a particular drug, nor should it be construed to indicate that use of a particular drug is safe, appropriate or effective for a given condition. The information in the Formulary is not intended to constitute or be a substitute for medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.

The format and content of the drug monographs, regimen monographs, appendices and symptom management information contained in the Formulary will change as they are reviewed and revised on a periodic basis. The date of last revision will be visible on each page of the monograph and regimen. Since standards of usage are constantly evolving, it is advised that the Formulary not be used as the sole source of information. It is strongly recommended that original references or product monograph be consulted prior to using a chemotherapy regimen for the first time.

Some Formulary documents, such as the medication information sheets, regimen information sheets and symptom management information (for patients), are intended for patients. Patients should always consult with their healthcare provider if they have questions regarding any information set out in the Formulary documents.

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