

## Regimen Monograph

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## A - Regimen Name

# IFOSPACL Regimen

**Ifosfamide-Paclitaxel****Disease Site** Gynecologic - Endometrial**Intent** Palliative**Regimen Category** **Evidence-informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

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**B - Drug Regimen**

<a href="#">PACLitaxel</a>	135 mg /m <sup>2</sup>	IV	Day 1
<a href="#">ifosfamide</a>	1600* mg /m <sup>2</sup>	IV	Days 1 to 3

\*May be reduced to 1200mg/m<sup>2</sup> for patients who have had prior radiation

[mesna](#)

Various dosing schedules have been used. The following is an example (from ASCO guideline, Hensley 2009):

Mesna	Route	Timing
20% of Ifosfamide dose	IV	Bolus pre-Ifosfamide
40% of Ifosfamide dose	PO	4 hours and 8 hours post-Ifosfamide

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**C - Cycle Frequency****REPEAT EVERY 21 DAYS**

For a usual total of 8 cycles unless disease progression or unacceptable toxicity occurs

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**D - Premedication and Supportive Measures**

**Febrile Neutropenia**      High  
**Risk:**

**Other Supportive Care:**

- Paclitaxel: Patients should be pretreated with a corticosteroid as well as an antihistamine and a H2 blocker, for example:
  - DEXAMETHASONE 20mg PO 12 & 6 hours or 20mg IV 30 minutes before paclitaxel
  - DIPHENHYDRAMINE 50mg IV 30 minutes before paclitaxel
  - RANITIDINE 50mg IV 30 minutes before paclitaxel
- G-CSF prophylaxis is recommended for regimens with high risk of febrile neutropenia. Refer to the [G-CSF recommendations report](#).

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## J - Administrative Information

Approximate Patient Visit	6 hours
Pharmacy Workload (average time per visit)	27.872 minutes
Nursing Workload (average time per visit)	54.389 minutes

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## K - References

Homesley HD, Fillaci V, Markman M, et al. Phase III trial of ifosfamide with or without paclitaxel in advanced uterine carcinosarcoma: a gynecologic oncology group study. J Clin Oncol 2007;25:526-31.

**March 2021** modified dosing section

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## M - Disclaimer

### **Regimen Abstracts**

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### **Regimen Monographs**

Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.

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