

## Regimen Monograph

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## A - Regimen Name

## CVP(PO) Regimen

Cyclophosphamide (oral)-VinCRISTine-Prednisone

**Disease Site** Hematologic - Leukemia - Chronic Lymphocytic (CLL)

**Intent** Palliative

**Regimen Category** **Evidence-Informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

**Supplementary Public Funding** [cyclophosphamide](#)  
ODB - General Benefit (cyclophosphamide - oral tablets) ([ODB Formulary](#) )

**prednisone**  
ODB - General Benefit (prednisone) ([ODB Formulary](#) )

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**B - Drug Regimen**

[cyclophosphamide](#) 400 mg /m<sup>2</sup> PO Days 1 to 5

(Outpatient prescription in multiples of 25mg & 50mg tablets)

[vinCRISTine](#) 1.4 mg /m<sup>2</sup> IV (maximum 2 mg) Day 1

**prednisone** 100 mg PO daily Days 1 to 5

(Outpatient prescription in multiples of 50mg tablets)

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**C - Cycle Frequency****REPEAT EVERY 21 DAYS**

For 6 to 8 cycles unless disease progression or unacceptable toxicity occurs

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**D - Premedication and Supportive Measures**

**Antiemetic Regimen:** Minimal  
Consider prophylaxis daily for cyclophosphamide PO

**Other Supportive Care:**

Also refer to [CCO Antiemetic Recommendations](#).

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**E - Dose Modifications**

Doses should be modified according to the protocol by which the patient is being treated.

**Dosage with toxicity**

Also see [general recommendations](#).

<b>Toxicity</b>	<b>Vincristine<sup>1</sup> (% previous dose)</b>	<b>Cyclophosphamide<sup>1</sup> (% previous dose)</b>
Grade 4 hematological ≥ 7 d, febrile neutropenia, bleeding	100%	75% or G-CSF for low ANC
Grade 3 non-hematological toxicity	100%	75%
Grade 4 organ toxicity	Discontinue	Discontinue
Neurotoxicity	<b>Mild:</b> 67%; <b>Moderate:</b> Hold until recovery, then ↓ 50%; <b>Severe:</b> Discontinue	100%

<sup>1</sup>Prior to retreatment, major organ toxicity should have recovered to ≤ grade 2 and ANC to ≥ 1.5 x 10<sup>9</sup>/L and platelets ≥ 100 x 10<sup>9</sup>/L.

**Hepatic Impairment**

Also consider dose modification for vincristine for severe increase in transaminases.

<b>Bilirubin</b>	<b>Vincristine (% previous dose)</b>	<b>Cyclophosphamide (% previous dose)</b>
1 – 2 X ULN	50%	100%
2 – 4 x ULN	25%	Caution
> 4 ULN	OMIT	Caution

**Renal Impairment**

Creatinine Clearance (mL/min)	Vincristine (% previous dose)	Cyclophosphamide (% previous dose)
>30-50	No dose adjustment required.	100%
10-30		50-75%
< 10		50% or Omit

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**F - Adverse Effects**

Refer to [cyclophosphamide](#), [vinCRISStine](#), prednisone drug monograph(s) for additional details of adverse effects

Most Common Side Effects	Less Common Side Effects, but may be Severe
<ul style="list-style-type: none"> <li>• Alopecia</li> <li>• Nausea and vomiting</li> <li>• Myelosuppression ± infection and bleeding (may be severe)</li> <li>• Constipation</li> <li>• Anorexia</li> <li>• Peripheral neuropathy</li> <li>• Steroid effects (e.g. weight gain, GI irritation, hyperglycemia, insomnia)</li> </ul>	<ul style="list-style-type: none"> <li>• ↑ Antidiuretic hormone</li> <li>• ↑ LFTs</li> <li>• Arterial or venous thromboembolism</li> <li>• Cardiotoxicity</li> <li>• Hemolytic uremic syndrome</li> <li>• Nephrotoxicity</li> <li>• Pancreatitis</li> <li>• Pneumonitis</li> <li>• GI perforation</li> <li>• Tumor lysis syndrome</li> <li>• Steroid effects (e.g. myopathy, cataracts, osteoporosis)</li> </ul>

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**G - Interactions**

Refer to [cyclophosphamide](#), [vinCRISStine](#), prednisone drug monograph(s) for additional details

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## H - Drug Administration and Special Precautions

Refer to [cyclophosphamide](#), [vinCRIStine](#), prednisone drug monograph(s) for additional details

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## I - Recommended Clinical Monitoring

### Recommended Clinical Monitoring

- CBC; baseline and before each cycle. Interim counts should be done in first cycle and repeated if dose modification necessary.
- Blood glucose testing; baseline and regular
- Baseline and regular liver & renal function tests and urinalysis.
- Clinical toxicity assessment (including gastrointestinal, neurotoxicity, constipation and cystitis); at each visit
- Grade toxicity using the current [NCI-CTCAE \(Common Terminology Criteria for Adverse Events\) version](#)

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## J - Administrative Information

Approximate Patient Visit	0.25 hour
Pharmacy Workload (average time per visit)	15.99 minutes
Nursing Workload (average time per visit)	36.667 minutes

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## K - References

Raphael B, Andersen JW, Silber R, et al. Comparison of chlorambucil and prednisone versus cyclophosphamide, vincristine, and prednisone as initial treatment for chronic lymphocytic leukemia: long-term follow-up of an Eastern Cooperative Oncology Group randomized clinical trial. *J Clin Oncol* 1991;9(5):770-6.

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July 2019 Updated hyperlink to vincristine drug monograph

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## M - Disclaimer

### **Regimen Abstracts**

*A Regimen Abstract is an abbreviated version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). It is intended for healthcare providers and is to be used for informational purposes only. It is not intended to constitute or be a substitute for medical advice, and all uses of the Regimen Abstract are subject to clinical judgment. Such information is provided on an "as-is" basis, without any representation, warranty, or condition, whether express, or implied, statutory or otherwise, as to the information's quality, accuracy, currency, completeness, or reliability, and Cancer Care Ontario disclaims all liability for the use of this information, and for any claims, actions, demands or suits that arise from such use.*

*Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.*

### **Regimen Monographs**

*Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.*

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