

## Regimen Monograph

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## A - Regimen Name

# CRBPPACL(W) Regimen

CARBOplatin-PACLitaxel

**Disease Site**      Gastrointestinal - Esophagus  
Gastrointestinal - Gastric / Stomach

**Intent**              Palliative

**Regimen Category**      **Evidence-informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

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**B - Drug Regimen**

<a href="#">PACLitaxel</a>	80 mg /m <sup>2</sup>	IV	Days 1, 8, 15
<a href="#">CARBOplatin</a>	AUC 5 to 6*	IV	Day 1

\*Adjust Carboplatin dose to AUC target (using Calvert formula) as outlined in "Other Notes" section.

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**C - Cycle Frequency****REPEAT EVERY 28 DAYS**

Until disease progression or unacceptable toxicity.

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**D - Premedication and Supportive Measures**

**Antiemetic Regimen:** Moderate + NK1 antagonist (Carboplatin AUC ≥ 5)

Also refer to [CCO Antiemetic Recommendations](#).

**Pre-medications (prophylaxis for infusion reaction):**

Paclitaxel\*:

To be given 30-60 minutes prior to infusion:

- Dexamethasone 10 mg IV, starting in cycle 1
- Diphenhydramine 25-50 mg IV/PO
- Ranitidine 50 mg IV OR Famotidine 20 mg IV

\* Consider **discontinuing** pre-medications for paclitaxel if there was no IR with the first 2 doses.

Carboplatin:

- There is insufficient evidence that routine prophylaxis with pre-medications reduce infusion

reaction (IR) rates.

- Corticosteroids and H1-receptor antagonists ± H2-receptor antagonists **may** reduce IR rates for some patients (e.g. gynecological patients with a platinum-free interval (PFI) > 12 months or a history of drug allergy who are receiving carboplatin starting from the 7th cycle) but no optimal pre-medication regimen has been established.

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## J - Administrative Information

Approximate Patient Visit	2-2.5 hours
Pharmacy Workload (average time per visit)	22.569 minutes
Nursing Workload (average time per visit)	43.167 minutes

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## K - References

Carboplatin and paclitaxel drug monographs, Cancer Care Ontario.

EI-Rayes BF, Shields A, Zalupski M, et al. A phase II study of carboplatin and paclitaxel in esophageal cancer. *Ann Oncol* 2004 Jun;15(6):960-5.

Gadgeel SM, Shields AF, Heilbrun LK, et al. Phase II study of paclitaxel and carboplatin in patients with advanced gastric cancer. *Am J Clin Oncol*. 2003 Feb;26(1):37-41.

Ilson DH, Wadleigh RG, Leichman LP, et al. Paclitaxel given by a weekly 1-h infusion in advanced esophageal cancer. *Ann Oncol* 2007;18(5):898-902.

**August 2020** Updated infusion reaction information in Premedication and Supportive Measures section

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## L - Other Notes

### Calvert Formula

**DOSE (mg) = target AUC X (GFR + 25)**

- AUC = product of serum concentration (mg/mL) and time (min)

- GFR (glomerular filtration rate) expressed as measured Creatinine Clearance or estimated from Serum Creatinine (by Cockcroft and Gault method or Jelliffe method)

(Calvert AH, Newell DR, Gumbrell LA, et al, Carboplatin dosage: Prospective evaluation of a simple formula based on renal function. J Clin Oncol, 1989; 7: 1748-1756)

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## M - Disclaimer

### **Regimen Abstracts**

*A Regimen Abstract is an abbreviated version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). It is intended for healthcare providers and is to be used for informational purposes only. It is not intended to constitute or be a substitute for medical advice, and all uses of the Regimen Abstract are subject to clinical judgment. Such information is provided on an "as-is" basis, without any representation, warranty, or condition, whether express, or implied, statutory or otherwise, as to the information's quality, accuracy, currency, completeness, or reliability, and Cancer Care Ontario disclaims all liability for the use of this information, and for any claims, actions, demands or suits that arise from such use.*

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### **Regimen Monographs**

*Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.*

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