Regimen Monograph

A - Regimen Name

CISP Regimen

CISplatin

Disease Site	Head and Neck
Intent	Palliative
Regimen Category	**Evidence-Informed :** Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.
Rationale and Uses	For the treatment of recurrent or metastatic squamous cell head and neck cancer

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B - Drug Regimen

CISplatin	70 to 100 mg /m²	IV	Day 1; q 21 to 28 days

Alternative schedule 1:

CISplatin	50 mg /m²	IV	Days 1, 8, q 21 to 28 days

Alternative Schedule 2:

CISplatin	40 mg /m²	IV	Days 1, 8 and 15; q 28 days

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C - Cycle Frequency

Until disease progression or unacceptable toxicity, usually up to 6 cycles due to cumulative cisplatin toxicity

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D - Premedication and Supportive Measures

Antiemetic Regimen: High (≥ 70 mg/m2)
Moderate (< 70 mg/m2)

- Also refer to CCO Antiemetic Recommendations.

Screen for hepatitis B virus in all cancer patients starting systemic treatment. Refer to the hepatitis B virus screening and management guideline.

Other Supportive Care:

- All patients should receive adequate hydration and premedication for emesis, according to local guidelines.

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E - Dose Modifications

Doses should be modified according to the protocol by which the patient is being treated.

Dosage with toxicity

Worst Toxicity in Previous Cycle	Dose for Next Cycle*
Grade 4 platelets, grade 4 ANC ≥ 5 days, thrombocytopenic bleeding or febrile neutropenia	↓ 25%
Grade 2 neurotoxicity/ototoxicity	↓ 25% or discontinue depending on risk-benefit
Grade 3 or 4 neurotoxicity/ototoxicity	Discontinue
Other grade 3 non-hematologic/organ toxicity	↓ 25%
Other grade 4 non-hematologic/organ toxicity	Discontinue
Hemolysis, optic neuritis, arterial or venous thromboembolism, grade 3 or 4 ↑ LFTs, PRES, leukoencephalopathy	Discontinue
* Do not retreat until platelets ≥100 x 10^9/L, ANC ≥ 1.5 x 10^9/L, toxicity has recovered to ≤ grade 2 (grade 1 for neurotoxicity) and creatinine ≤ ULN.	

Management of Infusion-related reactions:

Also refer to the CCO guideline for detailed description of Management of Cancer Medication-Related Infusion Reactions.

There is insufficient evidence that routine prophylaxis with extended infusion reduces IR rates.

Grade	Management	Re-challenge
1 or 2	• Stop or slow the infusion rate. • Manage the symptoms. **Restart:** • After symptom resolution, restart with pre-medications ± reduced infusion rate.	• Consider pre-medications* and infusing at a reduced infusion rate prior to re-challenge. • May consider adding oral montelukast ± oral acetylsalicylic acid.

3 or 4	• Stop treatment. • Aggressively manage symptoms.	• Re-challenge is discouraged, especially if vital signs have been affected. • Consider desensitization if therapy is necessary.

* Up to 50% of patients can experience recurrent reactions during re-challenge **despite** using pre-medications (e.g. corticosteroid and H1/H2-receptor antagonist).

Hepatic Impairment

No adjustment required.

Renal Impairment

Refer to specific protocol.

A repeat course of Cisplatin should not be given until creatinine is ≤ ULN. If continued treatment is considered to be mandatory, the following dose modifications could be considered at the physician's discretion (Kintzel 1995):

Creatinine Clearance (mL/min)	% Previous Dose
46-60	75%
30-45	50%*
<30	Discontinue

*if clinically appropriate, consider discontinuing or using alternative (i.e. carboplatin).

Dosage in the Elderly

Geriatric patients may be at higher risk of developing nephrotoxicity, ototoxicity/neurotoxicity or hematologic adverse effects with cisplatin.

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F - Adverse Effects

Refer to CISplatin drug monograph(s) for additional details of adverse effects.

Very common (≥ 50%)	Common (25-49%)	Uncommon (< 10%), but may be severe or life-threatening
• Nausea, vomiting (may be severe)	• Nephrotoxicity (may be severe) • Ototoxicity (may be severe) • Myelosuppression +/- bleeding, infection (may be severe) • Neurotoxicity (may be severe) • Electrolyte abnormalities	• Arterial / venous thromboembolism • Arrhythmia • Hemolytic uremic syndrome • Hemolysis (Coombs positive) • Hypersensitivity • Injection site reaction • Secondary malignancy • PRES • Leukoencephalopathy • Seizures • Optic neuritis / other eye disorders • Hyperuricemia • Raynaud's • Vasculitis • SIADH • ↑ LFTs

The following adverse reactions (incidence unknown) have been identified from clinical trials or post-marketing surveillance:

Dermatological: Rash

Gastrointestinal: Diarrhea

General: Fatigue

Musculoskeletal: Muscle cramps, Musculoskeletal pain

Respiratory: Hiccups

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G - Interactions

Refer to Cisplatin drug monograph(s) for additional details.

- Ascertain renal function prior to giving renally excreted drugs; monitor for toxicity.
- Avoid nephrotoxic drugs; use with extreme caution during or shortly after cisplatin treatment (1 to 2 weeks).
- Avoid concomitant use of ototoxic drugs; use with extreme caution if essential.
- Monitor INR (with warfarin) and serum levels for lithium and anticonvulsant agents (valproic acid, carbamazepine, phenytoin); adjust dose if necessary.

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H - Drug Administration and Special Precautions

Refer to Cisplatin drug monograph(s) for additional details.

Administration:

- Cisplatin is physically incompatible with any IV set, needle or syringe containing aluminum.
- Drug dilution and infusion durations vary according to the regimen. Some centres dilute cisplatin in 500 to 1000 mL of NS, depending on the dose.
- All patients should receive adequate hydration and premedication for emesis, according to local guidelines.
- Additional hydration may be ordered for hypovolemic patients.
- Hydration and diuresis for patients with pre-existing renal, cardiac, or diabetic history at discretion of physician.
- Adequate hydration and urinary output must be maintained for 24 hours following cisplatin treatment.
- Oral hydration with 8 glasses of fluid per day is strongly encouraged on treatment day and for 1-2 days after cisplatin; if nausea and vomiting prevent oral hydration, the patient may need to return for more IV hydration.

- Store unopened vials between 15°C to 25°C and protect from light. Do not refrigerate or freeze since precipitation will occur.

Also refer to the CCO guideline for detailed description of Management of Cancer Medication-Related Infusion Reactions.

Contraindications:

- Patients who are hypersensitive to this drug, other platinum-containing compounds, or any component of the formulation
- Patients who are myelosuppressed
- Patients with pre-existing renal impairment and hearing impairment, unless the possible benefits of treatment outweigh the risks

Pregnancy/Lactation:

- This regimen is not recommended for use in pregnancy. Adequate contraception should be used by patients and their partners while on treatment and after the last treatment dose. Recommended methods and duration of contraception may differ depending on the treatment. Refer to the drug monograph(s) for more information.
- Breastfeeding is not recommended during this treatment and after the last treatment dose. Refer to the drug monograph(s) for recommendations after the last treatment dose (if available).
- Fertility effects: Yes
- Do not donate semen while using cisplatin and up to **2 years** after the last dose.

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I - Recommended Clinical Monitoring

Treating physicians may decide to monitor more or less frequently for individual patients but should always consider recommendations from the product monograph.

Refer to the hepatitis B virus screening and management guideline for monitoring during and after treatment.

Recommended Clinical Monitoring

- CBC; Baseline and at each cycle
- Renal function tests; Baseline and at each cycle
- Electrolytes, including magnesium, sodium, potassium, phosphate and calcium; Baseline and at each cycle
- Audiogram; Baseline and as clinically indicated
- Liver function tests; Baseline and as clinically indicated
- Clinical toxicity assessment of injection site reactions, infection, bleeding, nausea/vomiting, neurotoxicity, ototoxicity, ocular toxicity, arterial and venous thromboembolism; At each cycle
- Grade toxicity using the current NCI-CTCAE (Common Terminology Criteria for Adverse Events) version

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J - Administrative Information

Approximate Patient Visit	2 to 3 hours
Pharmacy Workload (average time per visit)	36.087 minutes
Nursing Workload (average time per visit)	41.667 minutes

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K - References

Cisplatin drug monograph, Ontario Health (Cancer Care Ontario).

Clavel M, Vermorken JB, Cognetti F, et al. Randomized comparison of cisplatin, methotrexate, bleomycin and vincristine (CABO) versus cisplatin and 5-fluorouracil (CF) versus cisplatin (C) in recurrent or metastatic squamous cell carcinoma of the head and neck. A phase III study of the EORTC Head and Neck Cancer Cooperative Group. Ann Oncol 1994;5(6):521-6.

Hong WK, Schaefer S, Issell B, et al. A prospective randomized trial of methotrexate versus cisplatin in the treatment of recurrent squamous cell carcinoma of the head and neck. Cancer 1983;52(2):206-10.

Jacobs C, Lyman G, Velez-García E, et al. A phase III randomized study comparing cisplatin and fluorouracil as single agents and in combination for advanced squamous cell carcinoma of the head and neck. J Clin Oncol 1992;10(2):257-63.

PEBC Advice Documents or Guidelines

- The Management of Head and Neck Cancer in Ontario

November 2024 Modified Adverse Effects, Contraindications and Pregnancy/Lactation sections

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M - Disclaimer

Regimen Abstracts

A Regimen Abstract is an abbreviated version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). It is intended for healthcare providers and is to be used for informational purposes only. It is not intended to constitute or be a substitute for medical advice, and all uses of the Regimen Abstract are subject to clinical judgment. Such information is provided on an "as-is" basis, without any representation, warranty, or condition, whether express, or implied, statutory or otherwise, as to the information's quality, accuracy, currency, completeness, or reliability, and Cancer Care Ontario disclaims all liability for the use of this information, and for any claims, actions, demands or suits that arise from such use.

Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

Regimen Monographs

Refer to the New Drug Funding Program or Ontario Public Drug Programs websites for the most up-to-date public funding information.

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