

Regimen Monograph

[Regimen Name](#) | [Drug Regimen](#) | [Cycle Frequency](#) | [Premedication and Supportive Measures](#) | [Dose Modifications](#) | [Adverse Effects](#) | [Interactions](#) | [Drug Administration and Special Precautions](#) | [Recommended Clinical Monitoring](#) | [Administrative Information](#) | [References](#) | [Other Notes](#) | [Disclaimer](#)

A - Regimen Name

CISPETOP(3D) Regimen

CISplatin-Etoposide

Disease Site Unknown Primary
Poorly-Differentiated Cancer

Intent Palliative

Regimen Category **Evidence-Informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

[back to top](#)

B - Drug Regimen

[CISplatin](#) 25 mg /m² IV Days 1 to 3

[etoposide](#) 100 mg /m² IV Days 1 to 3

[back to top](#)

C - Cycle Frequency**REPEAT EVERY 21 DAYS**

Until disease progression or unacceptable toxicity; usually up to 6 cycles due to cumulative cisplatin toxicity

[back to top](#)

D - Premedication and Supportive Measures

Antiemetic Regimen: Moderate

[back to top](#)

E - Dose Modifications

Doses should be modified according to the protocol by which the patient is being treated. The following recommendations have been adapted from clinical trials or product monographs and may be considered.

Dosage with toxicity

Hematologic Toxicities: See Appendix 6 for general recommendations.

Hepatic Impairment

Bilirubin	etoposide
1-2 x ULN	↓ to 50% dose
2-4 x ULN	↓ to 25% dose
>4 x ULN	OMIT

Renal Impairment

Creatinine Clearance (mL/min)	CISplatin* (% previous dose)	etoposide (% previous dose)
10-50	↓ to 75% or 50% dose	↓ to 75% dose
<10	OMIT	↓ to 50% or OMIT

*See "Dose Modification" section of cisplatin drug monograph

[back to top](#)

F - Adverse Effects

Refer to [CISplatin](#), [etoposide](#) drug monograph(s) for additional details of adverse effects

Most Common Side Effects	Less Common Side Effects, but may be Severe or Life-Threatening
<ul style="list-style-type: none"> • Nausea, vomiting • Alopecia • Nephrotoxicity (may be severe) • Neurotoxicity (includes ototoxicity) • Myelosuppression +/- infection, bleeding (may be severe) • Anorexia • Diarrhea • Mucositis • Abnormal electrolytes 	<ul style="list-style-type: none"> • ↑ LFTs • Hypersensitivity • Hypotension • Arrhythmia • Arterial thromboembolism • Venous thromboembolism • Pneumonitis • Seizure • Encephalopathy • Vasculitis • Tumour lysis syndrome

[back to top](#)

G - Interactions

Refer to [CISplatin](#), [etoposide](#) drug monograph(s) for additional details

[back to top](#)

H - Drug Administration and Special Precautions

Refer to [CISplatin](#), [etoposide](#) drug monograph(s) for additional details

[back to top](#)

I - Recommended Clinical Monitoring

Treating physicians may decide to monitor more or less frequently for individual patients but should always consider recommendations from the product monograph.

Recommended Clinical Monitoring

- CBC; Baseline and before each cycle
- Liver function tests; Baseline and before each cycle
- Renal function tests; Baseline and before each cycle
- Electrolytes, including magnesium, sodium, potassium, phosphate and calcium; Baseline and before each cycle
- Blood pressure; Baseline and at each treatment
- Audiogram; Baseline and as clinically indicated
- Clinical toxicity assessment of infection, bleeding, nausea/vomiting, neurotoxicity, ototoxicity, thromboembolism; at each visit
- Grade toxicity using the current [NCI-CTCAE \(Common Terminology Criteria for Adverse Events\) version](#)

[back to top](#)

J - Administrative Information

Approximate Patient Visit 2 to 3 hours

[back to top](#)

K - References

Greco FA, Johnson DH, Hainsworth JD. Etoposide/cisplatin-based chemotherapy for patients with metastatic poorly differentiated carcinoma of unknown primary site. *Seminars in Oncology* 1992 Dec; 19(6 Suppl 13): 14-18.

Voog E, Merrouche Y, Trillet-Lenoir V, et al. Multicentric phase II study of cisplatin and etoposide in patients with metastatic carcinoma of unknown primary. *Am J Clin Oncol* 2000 Dec; 23(6): 614-616.

March 2017 modified adverse effects, cycle frequency and monitoring sections

[back to top](#)

L - Other Notes

May be more effective if cisplatin given first, followed by etoposide (Maksymiak AW, *J Clin Oncol*, 1994; 12: 70-76)

[back to top](#)

M - Disclaimer

Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.

The information set out in the drug monographs, regimen monographs, appendices and symptom management information (for health professionals) contained in the Drug Formulary (the "Formulary") is intended for healthcare providers and is to be used for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or adverse effects of a particular drug, nor should it be construed to indicate that use of a particular drug is safe, appropriate or effective for a given condition. The information in the Formulary is not intended to constitute or be a substitute for medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.

The format and content of the drug monographs, regimen monographs, appendices and symptom management information contained in the Formulary will change as they are reviewed and revised on a periodic basis. The date of last revision will be visible on each page of the monograph and regimen. Since standards of usage are constantly evolving, it is advised that the Formulary not be used as the sole source of information. It is strongly recommended that original references or product monograph be consulted prior to using a chemotherapy regimen for the first time.

Some Formulary documents, such as the medication information sheets, regimen information sheets and symptom management information (for patients), are intended for patients. Patients should always consult with their healthcare provider if they have questions regarding any information set out in the Formulary documents.

While care has been taken in the preparation of the information contained in the Formulary, such information is provided on an "as-is" basis, without any representation, warranty, or condition, whether express, or implied, statutory or otherwise, as to the information's quality, accuracy, currency, completeness, or reliability.

CCO and the Formulary's content providers shall have no liability, whether direct, indirect, consequential, contingent, special, or incidental, related to or arising from the information in the Formulary or its use thereof, whether based on breach of contract or tort (including negligence), and even if advised of the possibility thereof. Anyone using the information in the Formulary does so at his or her own risk, and by using such information, agrees to indemnify CCO and its content providers from any and all liability, loss, damages, costs and expenses (including legal fees and expenses) arising from such person's use of the information in the Formulary.

[back to top](#)