

Regimen Monograph

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A - Regimen Name

ABIRPRED Regimen

Abiraterone-Prednisone

Disease Site Genitourinary
Prostate

Intent Adjuvant
Curative

Regimen Category **Evidence-informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

Rationale and Uses Treatment of very high-risk non-metastatic prostate cancer in patients who are starting long-term androgen-deprivation therapy.

Supplementary Public Funding [abiraterone](#)
ODB - General Benefit (abiraterone) ([ODB Formulary](#))

prednisoneODB - General Benefit (prednisone) ([ODB Formulary](#))[back to top](#)**B - Drug Regimen**

abiraterone	1000 mg	PO	once daily
prednisone	5 mg	PO	once daily

*Patients should continue to receive a GnRH agonist during abiraterone treatment unless they have had prior orchiectomy.

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For patients with radiotherapy planned for non-metastatic disease: For up to 2 years of treatment, unless disease progression or unacceptable toxicity

For patients with non-metastatic disease and no planned radiotherapy: Continue treatment until disease progression.

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D - Premedication and Supportive Measures

Control hypertension and correct hypokalemia before treatment.

Patients may require increased corticosteroid dosage before, during and after periods of unusual stress such as surgery or trauma.

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J - Administrative Information

Outpatient prescription for home administration

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K - References

Abiraterone drug monograph, Ontario Health (Cancer Care Ontario).

Attard G, Murphy L, Clarke NW, et al. Systemic Therapy in Advancing or Metastatic Prostate cancer: Evaluation of Drug Efficacy (STAMPEDE) investigators. Abiraterone acetate and prednisolone with or without enzalutamide for high-risk non-metastatic prostate cancer: a meta-analysis of primary results from two randomised controlled phase 3 trials of the STAMPEDE platform protocol. Lancet. 2022 Jan 29;399(10323):447-460. doi: 10.1016/S0140-6736(21)02437-5.

CADTH reimbursement recommendation: abiraterone acetate and prednisone. June 29, 2023.

James ND, de Bono JS, Spears MR, et al. Abiraterone for prostate cancer not previously treated with hormone therapy. N Engl J Med 2017;377(4):338-351. doi: 10.1056/NEJMoa1702900.

July 2025 new ST-QBP regimen

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M - Disclaimer**Regimen Abstracts**

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Regimen Monographs

Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.

The information set out in the drug monographs, regimen monographs, appendices and symptom management information (for health professionals) contained in the Drug Formulary (the “Formulary”) is intended for healthcare providers and is to be used for informational purposes only. The information is not intended to cover all possible uses, directions, precautions, drug interactions or adverse effects of a particular drug, nor should it be construed to indicate that use of a particular drug is safe, appropriate or effective for a given condition. The information in the Formulary is not intended to constitute or be a substitute for medical advice and should not be relied upon in any such regard. All uses of the Formulary are subject to clinical judgment and actual prescribing patterns may not follow the information provided in the Formulary.

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Some Formulary documents, such as the medication information sheets, regimen information sheets and symptom management information (for patients), are intended for patients. Patients should always consult with their healthcare provider if they have questions regarding any information set out in the Formulary documents.

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