

## Regimen Monograph

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## A - Regimen Name

## ABFM+NELA(CONS) Regimen

Augmented Berlin-Frankfurt-Münster regimen (Consolidation) - Nelarabine

**Disease Site** Hematologic  
Leukemia - Acute Lymphoblastic (ALL)

**Intent** Curative

**Regimen Category** **evidence-informed :**

Regimen is considered appropriate as part of the standard care of patients; meaningfully improves outcomes (survival, quality of life), tolerability or costs compared to alternatives (recommended by the Disease Site Team and national consensus body e.g. pan-Canadian Oncology Drug Review, pCODR). Recommendation is based on an appropriately conducted phase III clinical trial relevant to the Canadian context OR (where phase III trials are not feasible) an appropriately sized phase II trial. Regimens where one or more drugs are not approved by Health Canada for any indication will be identified under Rationale and Use.

This **Regimen Abstract** is an **abbreviated** version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). Information in regimen abstracts is accurate to the extent of the ST-QBP regimen master listings, and has not undergone the full review process of a regimen monograph. Full regimen monographs will be published for each ST-QBP regimen as they are developed.

**The information provided in this document is intended for use only in the management of adults with leukemia, and for cancer centres with expertise in treating acute leukemia.**

**Rationale and Uses** Treatment of adult patients (up to 30 years) with newly diagnosed intermediate- or high-risk T-cell acute lymphoblastic leukemia (T-ALL)

**Supplementary Public Funding** [mercaptopurine](#)  
 ODB - General Benefit (mercaptopurine) ([ODB Formulary](#) )

[pegaspargase](#)  
 New Drug Funding Program (Pegaspargase (Outpatient) - Adult Acute Lymphoblastic Leukemia (ALL) Lymphoblastic Lymphoma Mixed or Biphenotypic Leukemia) ([NDFP Website](#) )

[nelarabine](#)  
 New Drug Funding Program (Nelarabine - Newly Diagnosed T-cell Acute Lymphoblastic Leukemia) ([NDFP Website](#) )

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## B - Drug Regimen

Based on the AALL0434 protocol, after completion of the induction phase:

<a href="#">nelarabine</a>	650 mg /m <sup>2</sup>	IV	Days 1-5, 43-47
<a href="#">cyclophosphamide</a>	1000 mg /m <sup>2</sup>	IV	Days 8, 50
<a href="#">cytarabine</a>	75 mg /m <sup>2</sup>	IV / Subcut	Days 8-11, 15-18, 50-53, 57-60
<a href="#">mercaptopurine</a>	60 mg /m <sup>2</sup>	PO	Days 8-21, 50-63
<a href="#">methotrexate</a>	15 mg	IT	Days 15, 22*, 57, 64

\* Omit on day 22 for CNS3 patients (refer to AALL0434 protocol for definition).

<a href="#">vinCRISTine</a>	1.5 mg /m <sup>2</sup>	IV	Days 22, 29, 64, 71
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(maximum 2 mg per dose)

<a href="#">pegaspargase</a>	2500 units /m <sup>2</sup>	IV / IM	Days 22, 64
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## C - Cycle Frequency

Single 11-week cycle, followed by Interim Maintenance - ABFM(INTERIM MNT)

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## D - Premedication and Supportive Measures

**Antiemetic Regimen:** Moderate (Days 8, 50)  
Low (Days 9-11, 15-18, 51-53, 57-60)  
Minimal (Other treatment days)

### Other Supportive Care:

- Also refer to [CCO Antiemetic Recommendations](#).
- Antiemetics should be given as per institutional guidelines.
- Consider PJP and other prophylaxis for infection based on institutional guidelines.

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## J - Administrative Information

Pharmacy Workload (average time per visit) 31.424 minutes  
Nursing Workload (average time per visit) 52.806 minutes

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## K - References

CADTH reimbursement recommendation: Nelarabine (for addition to front-line multiagent therapy of pediatric, adolescent, and young adult patients (aged 1 year to 30 years at diagnosis) with intermediate- or high-risk T-cell acute lymphoblastic leukemia). October 2023.

Dunsmore KP, Winter SS, Devidas M, et al. Children's Oncology Group AALL0434: A phase III randomized clinical trial testing nelarabine in newly diagnosed T-cell acute lymphoblastic leukemia. J Clin Oncol. 2020 Oct 1;38(28):3282-93. doi: 10.1200/JCO.20.00256.

**May 2024** new ST-QBP regimen

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## M - Disclaimer

### **Regimen Abstracts**

*A Regimen Abstract is an abbreviated version of a Regimen Monograph and contains only top level information on usage, dosing, schedule, cycle length and special notes (if available). It is intended for healthcare providers and is to be used for informational purposes only. It is not intended to constitute or be a substitute for medical advice, and all uses of the Regimen Abstract are subject to clinical judgment. Such information is provided on an "as-is" basis, without any representation, warranty, or condition, whether express, or implied, statutory or otherwise, as to the information's quality, accuracy, currency, completeness, or reliability, and Cancer Care Ontario disclaims all liability for the use of this information, and for any claims, actions, demands or suits that arise from such use.*

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### **Regimen Monographs**

Refer to the [New Drug Funding Program](#) or [Ontario Public Drug Programs](#) websites for the most up-to-date public funding information.

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