

June 2020

# **Program in Evidence-Based Care Handbook**

## The Program in Evidence-based Care

The Program in Evidence-based Care (PEBC) is an initiative of the Ontario provincial cancer system, Ontario Health (Cancer Care Ontario) (OH (CCO)), supported by the Ontario Ministry of Health and Long Term Care beginning in 1995. The PEBC mandate is to improve the quality of cancer care and the lives of Ontarians affected by cancer, through the development, dissemination, and evaluation of evidence-based guidelines and other advice documents that are designed to facilitate clinical, planning, and policy decisions about cancer control. The PEBC is based at McMaster University in Hamilton, Ontario, and is academically linked with the Department of Oncology and the Department of Health Research Methods, Evidence, and Impact (HEI, formerly CE&B) in the Faculty of Health Sciences.

## The PEBC Context and Staff

The PEBC supports a variety of Guideline Development Groups (GDGs), who are convened to address a specific topic related to the delivery or the organization of care for people with cancer in Ontario. GDG participants may include clinicians, other health care providers and decision makers, researchers, and methodologists from across the province and patient representatives. The PEBC also works with the clinical leadership of OH (CCO) to identify areas where evidence-based guidance is needed.

The PEBC staff includes a core team of trained methodologists, the Health Research Methodologists (HRM), who work in partnership with the GDGs to develop evidence-based guidance on priority topics. PEBC methodologists develop the evidence base on which guidance will be based, assist in the formulation of recommendations, and generally manage the development of the PEBC documents. They are supported by the administrative, quality control, and management teams of the PEBC.

### **PEBC Products**

The PEBC produces various types of documents including guidelines, recommendation reports, evidence summaries, and other specialized reports. Although these products have different structures and intended use, they include similar content that provides information about the population to receive the intervention, the research question being addressed, the methods used for the evidence review, and the methods and feedback of any review processes.

PEBC Guidelines are multi-part and modular in structure. They may include recommendations for clinical and/or organizational decision-making. The current format is the five-part structure outlined below.

- Section 1 Recommendations: The guideline recommendations with contextual information about the
  guideline objectives, the target population, and intended users of the document are presented in this section.
  It is intentionally brief and intended for easy use by decision makers. Users are advised to consult the full
  report for additional information.
- Section 2 Guideline Recommendations and Key Evidence: The recommendations and contextual
  information summarized with the key evidence and interpretation of the evidence with respect to each
  recommendation are presented in this section. Implementation considerations are discussed.
- Section 3 Guideline Methods Overview: The general methods used by the PEBC to create the document and develop its recommendations are presented in this section.
- Section 4 Systematic Review: This section consists of a detailed summary and analysis of the evidence upon
  which the recommendations are based. It includes a description of the methods employed to develop the
  evidentiary base, the results, a discussion, and a conclusion. As described in more detail below, the core
  methods used by the PEBC are systematic review, adaptation, formal consensus, and environmental scan.
- Section 5 Internal and External Review: The internal and external review processes that the document has undergone and the results of those reviews are summarized in this section.

An example of a Guideline is GL #2-24: Non-Surgical Management of Advanced Hepatocellular Carcinoma. May 2019 <a href="https://www.cancercareontario.ca/en/guidelines-advice/types-of-cancer/59651">https://www.cancercareontario.ca/en/guidelines-advice/types-of-cancer/59651</a>

PEBC documents serve different purposes for a variety of users. The modular document structure enables users to access the content of greatest interest to them. For example, health care providers are likely to use Sections 1 and 2 to inform clinical decision with patients. The structure provides flexibility in document development and maintenance. Updated sections can be added and content can be modified without requiring a complete revision of the document. It also makes it easier to prepare manuscripts for submission to peer-reviewed journals. (see Document Publication below).

## **PEBC Development Cycle**

The PEBC uses the Guideline Development Cycle, based on the original work of Browman et al (1) and modified since that time. Figure 1 illustrates the key steps of the Development Cycle. Each stage of the development cycle described in detail below, beginning with Project Planning.

## **Project Planning**

Guideline projects are initiated to improve the quality of care for people with cancer. Topics may be put forward by disease site clinician groups, OH (CCO) Programs or Executive Team, the Ontario Ministry of Health or other stakeholders in the Ontario cancer system. Priority of topics is determined by the OH (CCO) clinical leadership. Some common criteria used to set priorities include the burden of disease, emergence of new care options, unwanted variation in clinical practice, opportunity to improve quality of care, safety or system performance, and new evidence. Every PEBC project begins with a planning process, involving the project leaders and a project Working Group (WG), culminating in a formal project plan document.



Figure 1. The PEBC Guideline Development Cycle

#### Putting Together a New Working Group

The Working Group (WG) is a relatively small group of individuals that produce the draft guidance document. They define the topic to be addressed, determine the research questions, decide the scope of the report, provide input into the systematic review, review the evidence, and draft the recommendations or guidance statements. This group consists of a lead author, one to four additional authors, and a PEBC HRM. Typically, all these individuals, with the exception of the PEBC HRM, are volunteers. Members of the WG may be experienced in guideline development or they may have no experience. The PEBC HRM provides methodological leadership and project management support.

WG members are recruited to provide specific subject matter expertise and knowledge of the clinical context across Ontario, but additional members may be recruited from outside Ontario, or even internationally. A project Lead Author/Chair for the GDG WG is identified by the sponsoring group at OH (CCO). Other members of the WG are nominated by the LEAD AUTHOR, the sponsor and/or other key partners. The goal is to put together a group that has intimate and in-depth knowledge of the guideline project topic, including individuals recognized as provincial leaders in their discipline and who are representative of the target users of the guideline. All members of the WG and GDG must declare any conflicts of interest in accordance with the PEBC Conflict of Interest Policy (see below).

#### Creating a Project Plan

Every PEBC project begins with a planning process, involving the project leaders and a project WG, with a formal project plan document as the outcome. The PEBC project plan is developed from a generic template that describes all the pertinent aspects of the project:

- Membership of the GDG that will review and take responsibility for the content of the guideline.
- Working Group members and their roles
- Topic and purpose of the project
- Scope of the project (including)
- Objectives of the guideline
- Type of recommendations expected (clinical practice recommendations, organizational recommendations, or both)
- Research questions, including the populations, interventions, comparisons, and outcomes to be considered (PICO format).
- Planned analyses (meta-analysis, etc.)
- Domains that will be covered by organizational recommendations (practice team makeup, training or experience, institutional setting, regional or wider system level, reporting/ evaluation/monitoring, etc.), if relevant.
- Methods that will be used to develop the evidence base and the recommendations
- Systematic Review
  - o Types of evidence to be considered
  - o Databases/Sources to be searched
  - o Inclusion/Exclusion Criteria
- Adaptation (including known existing guidelines for possible adaptation)
- Environmental Scan (including relevant organizations/sources to include in the scan)
- Formal Consensus
  - o Participants in the consensus
  - o Methods to achieve consensus (i.e., Modified Delphi)
- Expected external review process for document
- Peer-reviewed publication strategy for the document

Timeline for completion of key development steps, and overall project completion.

The project plan is developed by the WG. Draft project plans are reviewed by PEBC management and require approval by the project sponsor before work begins. Projects that might be expected to require exceptional resources for development or implementation may also be vetted by additional stakeholders and managers (the PEBC Directors, OH (CCO) Clinical Program Heads, OH (CCO) Executive Team, etc.).

Project plans may be subject to change for various reasons as development proceeds and throughout the execution of the project. Alterations to the planned scope and/or methodologies are reviewed by the PEBC as they are likely to have a large impact on the resources and time required for completion of the project. All changes made to the project plan throughout the project are documented, dated, and approved by the group members and project sponsors.

## **Document Development**

With the completion and approval of a project plan, document development begins. The document development process can be generally divided into four stages: identification and review of existing guidelines, systematic review of the evidence, recommendations formulation, and completion of a draft document.

### Identification and Review of Existing Guidelines

The first step is to identify any existing guidelines on the topic of interest. There are many national and international groups that develop high-quality guidelines and the goal is to avoid duplication of work already done elsewhere. A systematic search of the available electronic databases (e.g., Medline, EMBASE, ECRI Guidelines Trust, CMA CPG Infobase, etc.) and the CPAC Cancer Guidelines Database is conducted. The websites of recognized guideline development groups (e.g., National Institute for Clinical Excellence (NICE), Scottish Intercollegiate Guideline Network (SIGN), the National Comprehensive Cancer Network (NCCN), and the American Society of Clinical Oncology (ASCO), etc.) are also reviewed for relevant guidelines. The intent of this search is to create a comprehensive list of all existing guidelines that are relevant to the project.

All relevant guidelines are evaluated using the AGREE 2 instrument (2) to assess the quality of reporting. The WG then considers if the guideline(s) sufficiently addresses the clinical and/or organizational questions outlined in the project plan. The WG looks at the currency and quality of the identified guideline(s) and the relevance of their recommendations to the populations of interest and the Ontario context when considering whether the identified guidelines might be endorsed (the recommendations should be used without modification) or adapted (the recommendations should be modified) for use in Ontario. If one or more existing guidelines are deemed worthy of adaptation, the WG proceeds, using the ADAPTE methods (3) where feasible and relevant.

In some cases, the guideline sponsor and/or WG may be aware of a highly relevant existing guidelines that could be considered for use in Ontario. In such circumstance, a complete search for other guidelines would not be done, rather the group would move forward with endorsing or adapting the known guideline. However, the WG should have a strong justification for assuming that the guideline they have chosen is the one most worthy of adaptation.

In some cases, existing guidelines may address some of the questions of interest but not address all questions completely. In such cases, the WG may choose to adapt existing guidelines for those questions and use other methods, as described below, to address the remaining questions.

The process of adapting the existing recommendations can be cumbersome and time consuming, especially when those recommendations are out-of-date, inappropriate for the Ontario context, or involve large numbers of recommendations from multiple sources. In the experience of the PEBC, adaptation of recommendation(s) from existing guidelines is a pragmatic method to use when:

- There are a limited number of existing guidelines, and
- The existing guidelines address all, or nearly all, of the topics and questions the WG wants to address, and
- The evidence base used in those guidelines is fairly recent, usually not more than three years old.

When these criteria are not met, the PEBC has found that the most efficient way to move forward is to formulate new recommendations on the basis of the evidentiary base of the existing guideline(s), updated as necessary, rather than using the existing recommendations.

#### Systematic Review of the Evidence

The PEBC develops the evidentiary base for recommendations primarily through a systematic review and conducts such reviews using methods that are well understood and are described in other sources (4). Therefore, this handbook will describe only those areas where the PEBC differs from what other groups might consider customary or standard practice.

#### Literature Search

A search, based on the research question(s) and the study selection criteria set out in the project plan, is conducted to identify all the available and relevant published literature. The search covers, at minimum, peer-reviewed articles indexed in Medline and EMBASE, and a review of both the Central Registry of Clinical Trials and the Database of Systematic Reviews of the Evidence in the Cochrane Library. In addition, the websites of known developers of high-quality systematic reviews, whose work is not always published in the peer reviewed journals, are searched for existing reviews on the same topic. These sites include those of other guideline developer organizations such as NICE and SIGN, as well as organizations that create health technology assessments and other systematic reviews for policy purposes, such as Health Quality Ontario (HQO), the Canadian Agency for Drugs and Technologies in Health (CADTH) and the Agency for Research on Healthcare Quality (AHRQ).

Conference proceedings may also be searched to identify abstracts and/or presentations of the results of randomized trials, made at appropriate, internationally recognized conferences such as the ASCO annual meeting or the European Society for Medical Oncology (ESMO) meetings. Although the data presented in meeting abstracts or presentations may not be as reliable and complete as that from papers published in peer-reviewed journals, abstracts can be a source of important evidence from randomized trials and add to the evidence available from fully published studies. Those data often appear first in meeting abstracts and may not be fully published for several years.

The literature search is usually conducted in two phases, although elements of the phases may be conducted simultaneously in order to save time. First, the existing systematic reviews/meta-analyses relevant to the research question(s) outlined in the project plan are identified. The objective is to make use of existing work to the greatest extent possible to develop the evidence base for the document efficiently. The findings are evaluated by the WG to determine if any of them provide a sufficiently comprehensive evidence base to answer one or more of the research questions. The WG takes into account the timeliness and quality of the systematic review and whether it summarizes the target populations, interventions, comparisons, and outcomes of interest as outlined in the project plan. Abstracts and/or presentations must be publicly available and not restricted to society or association members.

After the WG has evaluated the existing systematic reviews and determined how to apply them, a literature search is conducted covering the research questions and those areas (time frame, populations, interventions, etc.) that the existing reviews do not address fully or at all. The search employs the standard methods of a literature search that have been described elsewhere (4).

In conducting a search for primary study evidence, the intent is to identify, in a systematic fashion, research evidence that is relevant and useful for the formulation of recommendations, not to develop a complete summary of all the available evidence, regardless of its utility. Systematic reviews with or without meta-analyses and randomized trials are the primary evidence sought by the PEBC, but for some questions, other types of comparative studies (cohort studies, case-control studies, diagnostic/screening studies, and other experimental designs) can be useful in developing recommendations. Non-comparative study data (retrospective or prospective case series and phase I and II clinical trials), regardless of the number of studies and subjects, are rarely a sufficient basis for recommendations. They are also more difficult to identify, collect, and summarize than comparative studies. Therefore, the assumption when beginning any project is that non-comparative studies will be excluded, even when the availability of comparative data is expected to be limited. When the available evidence is limited to non-comparative data, moving directly to formal consensus methods can be a more fruitful and pragmatic way to develop recommendations.

#### Collection, Assessment, Analysis, and Reporting of Evidence

Due to the limited availability of skilled researchers, it is usually not possible for the literature in a PEBC systematic review to be assessed by multiple reviewers. While there is no doubt that multiple, blinded review of the evidence is the recommended method in the literature, the PEBC is confident that the extensive internal and external review that each of our documents undergoes is sufficient to ensure that any bias that might exist due to the lack of multiple reviewers is addressed.

While the PEBC considers the various assessment tools available in the literature (5) to be useful in outlining the features that should be looked for in good quality studies, we do not routinely use quality grading or rating systems to evaluate the quality of studies, particularly for excluding studies that do not meet a particular threshold. Rather, the important quality-related features of the studies (blinding, randomization methods, sample size calculations, intention to treat analysis, etc.) are reported for each study individually, and the overall quality of the evidence is evaluated in a more narrative fashion to present the reader with the information necessary for judging the quality of the included studies.

The PEBC synthesizes the available evidence, when reasonable, using standard meta-analytic methods that have been described elsewhere (6).

#### **Environmental Scan**

When the methods of systematic review are not sufficient to identify the relevant sources of information (e.g., to address organizational questions regarding the methods of care delivery or the training requirements for clinicians), published information about experiences in a different context or jurisdiction might be useful to consider in the Ontario context. These sources of information might include policy documents and guidance from other organizations or reports from government institutions or professional organizations that are found outside of the indexed medical literature. These sources are often not evidence-based, but they are useful for establishing a general consensus of worldwide opinion regarding topics that do not allow for evidence-based recommendations. In such cases, an environmental scan may be appropriate.

The PEBC environmental scan process includes a targeted search of known or suspected relevant sources (e.g., other government, institutional, or professional organization websites), and an untargeted search of the Internet, with

relevant search terms, to identify these sources of information. The PEBC uses this information to address gaps in the existing evidence base and to provide a basis for initial recommendation formulation, which often leads to a formal consensus process, as described below.

#### **Recommendations Development**

#### **Initial Formulation of Recommendations**

The WG formulates recommendations for practice or the delivery of care on the basis of the evidence synthesized in the process outlined above. Regardless of the quality and quantity of the evidence available to address all the research questions posed, the WG always needs to judge, interpret, and reach consensus on the meaning of this evidence for practice in Ontario. Expert opinion always plays a role in the development of recommendations. Frequently, the interpretation of the available evidence and the recommendations that the evidence can support is ambiguous, and reasonable people may differ on the meaning and importance of the evidence. In the absence of any relevant evidence from the systematic review, the WG may still choose to make recommendations justified on other grounds such as logical argument, related evidence from other sources, and/or clinical experience. However, the justification for each recommendation and the degree to which it is based on the evidence directly versus the opinion and consensus of the WG must be explicitly stated in the recommendation itself.

#### **Formal Consensus**

Usually the recommendations are the result of informal consensus among the WG members. There are situations, however, where a formal process of ensuring consensus is necessary and useful. These situations include:

- When the available literature is very limited in terms of quantity and/or quality, but recommendations are still necessary.
- When it is desirable that a broader array of individuals, not just the WG, be involved in the recommendations development process, and not just in the review and approval of the recommendations.

Formal consensus processes are used by a group of content experts to allow explicit reporting of the consensus opinion. The goal is to produce a set of recommendations based on the consensus of a wide array of appropriate experts in a transparent and systematic fashion, and to describe fully any controversial areas where consensus cannot be reached. As noted by Murphy et al. (7):

"[Consensus development]...is a process for making policy decisions, not a scientific method for creating new knowledge. At its best, consensus development merely makes the best use of available information, be that scientific data or the collective wisdom of the participants. Thus, although it may capture collective knowledge, it is inevitably vulnerable to the possibility of capturing collective ignorance...."

There are several methods for obtaining a formal consensus, and their use in clinical guideline development is outlined by Murphy et al (7). The Delphi technique is described by Linstone and Turoff (8). The PEBC has used a modified Delphi process with two rounds of feedback. This process begins with the drafting of initial recommendations by a WG, on the basis of existing evidence and/or their own clinical experience and/or through the adaptation of recommendations from a relevant existing guideline. Then, in each round of feedback, the draft recommendations are submitted to the consensus body of experts, who are asked to rate their level of agreement with each recommendation using a Likert scale, and to provide feedback on each recommendation. The WG makes an a priori decision on the interpretation of the responses from the consensus group regarding what constitutes a consensus agreement. For instance, if 75% or more of the consensus group agree or strongly agree with the recommendation then the recommendation is accepted. Defining thresholds for both consensus in support of a recommendation as well as consensus against a recommendation is important.

After the first round, the responses are evaluated and summarized, to identify the recommendations with a high level of agreement and those for which there is no agreement or frank disagreement. Controversial recommendations are then rewritten or modified, based on the feedback, in an attempt to improve the level of agreement. In the second feedback round, the recommendations are again presented to the consensus body, along with the results of the previous round, in the form of a table or chart that illustrates or describes the level of agreement on each recommendation. For controversial recommendations, both the old and the newer, modified versions of the recommendation are presented. The consensus body is again asked to rate their level of agreement with all the recommendations, taking into account their knowledge of how their peers responded in the previous round.

After two rounds, a final set of recommendations is drafted. Recommendations that complete the last stage with high levels of agreement are considered consensual. Draft recommendations where controversy still exists are presented in the final document as points for discussion, not as recommendations, with a description of the controversy surrounding them. The first example of PEBC guideline development using formal consensus methods is EBS 7-11 The Management of Thymoma, published online on the OH (CCO) website in September 2008. This document is retired but may be obtained on request from the PEBC.

#### **Completion of Review Draft**

After the recommendations are drafted and have undergone any necessary consensus process, a draft guideline for review is completed. As noted above, the justification for each recommendation is provided in the document (e.g., direct evidence, evidence plus expert opinion, formal consensus, etc.).

#### **Review: Internal and External**

#### Internal Review

To begin the review process, an initial draft of the document, incorporating the draft recommendations and key evidence in Section 2, the guideline methods in Section 3 and the systematic review in Section 4, is prepared by the WG and is reviewed internally to ensure it has met criteria for quality. All documents are reviewed by at least three members of the Report Approval Panel (RAP), whose members include the PEBC Scientific Director, and other methodological experts. The intent of this review is to ensure that the guideline development was methodologically rigorous and that the evidence-based recommendations are indeed supported by the evidence in a transparent way. Concurrent with the RAP review, the Expert Panel of the GDG (this may include members of a DSG) and/or experts specifically recruited for a specific guideline project) reviews the draft, with the intent of ensuring the clinical relevance and utility of the guideline, the absence of obvious defects in the evidence base, and the reasonableness of recommendations derived through expert opinion. Feedback from the RAP and the DSG/GDG is considered, and responses to the review are prepared through discussion and informal consensus by the WG. The process of and details arising from the internal review are documented in Section 5 of the guideline document, including any changes that were made to the guideline in response to the review.

#### **External Review**

Following the approval by the RAP and the DSG/GDG and the integration of the internal review process into Section 5, the new draft is prepared for external review. All but the following PEBC documents undergo complete external review:

• Reports that are submitted by the PEBC to a specialized OH (CCO) advisory committee (e.g., PET Steering Committee) for the purpose of making policy decisions.

• If a formal consensus process has been undertaken to develop the recommendations, and the document has already been thoroughly reviewed by appropriate experts during that process, then the recommendations cannot be changed and still be considered the result of consensus. In this case, external review would be both redundant and in violation of the method used to develop the recommendations.

The PEBC submits its documents to two forms of external review: targeted peer review and professional consultation.

#### **Targeted Peer Review**

The PEBC's Targeted Peer Review process is modeled on that used by peer-reviewed journals. The intent of this review is to ensure both the clinical and methodological quality and the relevance of the evidentiary base and recommendations.

During project planning, a small number of individuals (3-10), who are not members of the GDG involved in the project, are identified as possible peer reviewers for the document. These potential reviewers are selected on the basis of their expertise, both clinical and methodological, and are invited early in the guideline development process to commit to review the final draft document. The goal is to obtain comprehensive feedback and criticism from all the committed reviewers.

When the draft document is ready for external review, the reviewers are provided with the draft document and a questionnaire to structure their feedback. Reviewers are asked to comment in detail on all aspects of the document. The responses are summarized by the HRM, and presented to the WG members, who are to respond to each point, just as authors must respond to peer review feedback during the journal publication process.

#### **Professional Consultation**

The PEBC's Professional Consultation process is intended to disseminate the draft guideline as widely as possible to its intended users and readership, to provide a forum for recipients to voice any disagreement with the conclusions and/or recommendations, and to further ensure the quality and relevance of the document. Initially, the PEBC identifies individuals in the PEBC internal contact database who are likely to be interested in the guideline, organizations whose membership might be interested in the subject matter, and other important relevant stakeholders suggested by the WG and/or the sponsor. These individuals are invited to review the document and provide general feedback about the document and answer a very short questionnaire. The feedback is taken into consideration by the WG and used, as necessary, to correct and revise the document. The intent of the Professional Consultation process is to alert a large number of individuals and groups to the existence of the guideline and to obtain general feedback and criticism from interested individuals. Response levels vary from one document to another, and although welcome, a high level of response is not the goal of this review.

The WG considers the critical review from the external review process, and responses to the review are prepared through discussion and informal consensus. The process of and details arising from the external review are documented in Section 5 of the guideline, as are any changes made to the rest of the document as a result of the feedback

#### **Document Publication**

Once the results of the external review are incorporated, the document undergoes a final review and approval by the WG. It then receives a final copy editing and is considered completed. The guideline can now be published and disseminated not only to its intended users but also to other interested parties.

#### Web Publication

All PEBC documents are released publicly on the OH (CCO) website (www.cancercare.on.ca) to make the document freely available to Ontario health care providers and the general public, and to anyone else who wishes to access them. The PEBC also works with the ECRI Guidelines Trust, the CMA Guidelines Infobase, and others to ensure that our documents are properly indexed so that individuals seeking guidance on topics addressed by our documents are able to locate them.

#### Journal Publication

In addition to web publication, the PEBC typically seeks to have each document, or certain portions, published in the peer-reviewed medical literature. In many cases, this involves producing two separate manuscripts for submission to relevant journals: an evidentiary-base manuscript and a practice guideline manuscript. In the experience of the PEBC, the systematic review of our documents is often more easily published than the guideline recommendations, because it is relevant to a wider audience. The guideline recommendations, on the other hand, are written to be specifically relevant to the Ontario context. The basic structure of our documents, the five-part guideline, as described above, makes this submission process easier, because the document is already divided into separate guideline (Section 2), methods (Section 3), and systematic review (Section 4) sections.

#### **Further Dissemination**

The PEBC has found that the formal consensus and professional consultation processes described above are often sufficient to ensure that the intended Ontario users of our documents are made aware of them. In some cases, however, the PEBC document may be part of a larger initiative of OH (CCO) or the Ontario Ministry of Health to affect practice in Ontario. In such cases, there may be additional dissemination efforts, including public meetings, news releases, implementation projects and materials, and public policy development.

#### **Conflict of Interest**

Conflict of interest (COI) statements are obtained from the members of the WG at the beginning of each project and again prior to publication of the guideline on the OH (CCO) website. COI statements are obtained from the reviewers of the document (DSG/GDG members, RAP reviewers and Targeted Peer Reviewers), prior to their review of the document. The COI disclosures focus on financial involvement with industry or manufacturing parties, and on professional and personal conflicts related to the guideline topic. The PEBC has a formal policy regarding group participation if there are conflicts declared. The PEBC Conflict of Interest Policy is available online at: <a href="https://www.cancercareontario.ca/sites/ccocancercare/files/assets/CCOPEBCConflictInterestPolicy.pdf">https://www.cancercareontario.ca/sites/ccocancercare/files/assets/CCOPEBCConflictInterestPolicy.pdf</a>.

#### **Document Maintenance**

Once a document has been completed, it remains available on the PEBC website until it is updated or identified as being irrelevant to practice or incorrect. Ideally, the PEBC would choose to continually update the evidence base and recommendations of all of its documents, but limited resources render this impractical. The PEBC has instead implemented a Document Assessment and Review Protocol that prioritizes those documents most in need of review and that makes the current status, relevance, and currency of the its documents clear to the users. The Protocol outlines the process by which this prioritization and maintenance occurs, and is available for review at: <a href="https://www.cancercareontario.ca/sites/ccocancercare/files/assets/CCOPEBCDARP.pdf">https://www.cancercareontario.ca/sites/ccocancercare/files/assets/CCOPEBCDARP.pdf</a>.

## Implementing the PEBC Development Cycle in Other Contexts

The PEBC is committed to furthering the science and practice of evidence-based guidance development both in Canada and around the world. The PEBC has a number of other tools, templates, examples, and protocols that are used by PEBC staff for training and to conduct the processes described above. While these materials are customized for our use, they may be useful to other organizations seeking to develop evidence-based guidance or implement an evidence-based guidance program, or for other purposes. We are happy to share these materials with interested parties. Please contact the PEBC, by phone at 1-905-527-4233 ext. 42822 or by email at <a href="mailto:ccopgi@mcmaster.ca">ccopgi@mcmaster.ca</a>, to obtain these materials, or to ask any questions you may have regarding this handbook, the PEBC methods, or any of our documents.

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