ᐤᐦᐊᐟ ᔫ ᔔᐪd ᐠᓄᐤ ᐊbᐆᐟ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg.

ᐤᐦᐊᐟ ᐃᐢ ᓗᐣg ᒐᐣᒉᕒ?
ᓗᐣg ᒐᐣᒉᕒ ᐃᐢ ᒐᐣᒉᕒ ᕪᐊᐟ ᐃᐢ ᕘᐣd ᐃᐣ ᕪᐁ ᓗᐣgᐢ. ᐃᐟ ᐢᑕᕒᐟᐢ ᐤᐦᐁᐣ ᐊbᓄᕒᒪᐪ ᒉᐪᐪᐢ gᕈᐤ ᐃᐣ ᐊᐣ ᐅᐣᒍᐣᐟᕈᐪᓓd ᐗᔾ ᐃᐣ ᕪᐁ ᓗᐣgᐢ. ᓗᐣg ᒐᐣᒉᕒ ᐃᐢ ᐅᓀ ᐅf ᕪᐁ ᒧᐢᐟ ᒍᒼᒧᐣ ᒐᐣᒉᕒᐢ ᐊᐣd ᐃᐢ ᕪᐁ ᒧᐢᐟ ᒍᒼᒧᐣ ᒐᐅᓭ ᐅf ᒐᐣᒉᕒ dᐁᐊᕪ ᐃᐣ ᐅᐣᑕᕆᐤ. ᐃᐣ ᕪᐁ ᐸᐢᐟ, ᒧᐢᐟ ᐯᐅᑊᓓ ᐎᕪ ᓗᐣg ᒐᐣᒉᕒ dᐃᐁd bᐁᒐᐅᓭ ᕪᐁᐃᕒ ᒐᐣᒉᕒ ᐗᐢ ᕘᐣd ᓚᑌ, ᐤᐦᐁᐣ ᐟᕂᐊᐟᒣᐣᐟ ᒪᔾ ᓄᐟ ᐒᕒᐠ ᐊᐢ ᐌᐪᐪ. ᓄᐤ ᕪᐁᕂ ᐃᐢ ᐊᐣ ᐁfᕓᐨᑎvᐁ ᐗᔾ ᑐ ᐢᐨᕂᐁᐣ (ᐨᐁᐨᐠ) ᐯᐅᑊᓓ ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ ᓱ ᐃᐟ ᒐᐣ bᐁ ᕘᐣd ᐁᐊᕒᐪᔾ, ᐤᐦᐁᐣ ᐟᕂᐊᐟᒣᐣᐟ ᐦᐊᐢ ᐊ bᐁᐟᑌᕒ ᐨᐊᐣᒉ ᐅf ᐒᕒᑭᐣg.

ᐤᐦᐊᐟ ᐃᐢ ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg?

ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg ᐃᐢ ᑌᐢᑎᐣg dᐅᓀ ᐅᐣ ᐯᐅᑊᓓ ᐤᐦ
ᐦᐊvᐁ ᐊ ᐨᐊᐣᒉ ᐅf gᐁᐟᑎᐣg ᒐᐣᒉᕒ, bᐅᐟ ᐦᐊvᐁ ᓄ
ᐢᔾᒼᑊᑐᒼᐢ ᐊᐣd gᐁᓀᕋᐪᐪᔾ ᕓᐁᐪ ᕕᓀ.

ᕪᐁ ᐅᐣᑕᕆᐤ ᓗᐣg ᐢᐨᕂᐁᓂᐣg ᑊᕈgᕋᒼ (ᐅᐪᐢᑊ) ᐃᐢ
ᐅᐣᑕᕆᐤ’ᐢ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg ᑊᕈgᕋᒼ. ᕪᐁ ᐅᐪᐢᑊ ᐁᐣᒎᕋgᐁᐢ ᐯᐅᑊᓓ ᐤᐦ ᐊᕂ ᐊᐟ ᐦᐃgᐦ ᕆᔉ ᐅf gᐁᐟᑎᐣg ᓗᐣg ᒐᐣᒉᕒ ᑐ gᐁᐟ ᐢᐨᕂᐁᓀd ᕂgᐅᓚᕒᐪᔾ ᕗᕒ ᕪᐁ dᐃᓭᐊᓭ.

ᐤᐦ ᔔᐪd gᐁᐟ ᐢᐨᕂᐁᓀd ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ?

ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg ᐃᐢ ᕂᒍᒼᒣᐣdᐁd ᕗᕒ ᐯᐅᑊᓓ ᐊᐟ ᐦᐃgᐦ ᕆᔉ ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ. ᔫ ᒪᔾ qᐅᐊᓕfᔾ ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg ᐃf ᔫ:

● ᐊᕂ ᐊgᐁ 55 ᑐ 80

● ᐦᐊvᐁ ᐢᒧᑫd ᒋgᐊᕂᐟᑌᐢ ᐁvᐁᕒᔾ dᐊᔾ ᕗᕒ ᐊᐟ
ᓓᐊᐢᐟ 20 ᔦᐊᕒᐢ – ᐃᐟ dᐅᐁᐢ ᓄᐟ ᐦᐊvᐁ ᑐ bᐁ 20

ᔦᐊᕒᐢ ᐃᐣ ᐊ ᕈᐤ, ᐤᐦᐃᐨ ᒣᐊᐣᐢ ᕪᐁᕂ ᒎᐪd bᐁ ᑎᒣᐢ ᐤᐦᐁᐣ ᔫ dᐃd ᓄᐟ ᐢᒧᑫ, ᐊᐣd

● ᐦᐊvᐁ ᐅᐦᐃᑊ ᒍvᐁᕋgᐁ
ᐃf ᔫ ᒣᐁᐟ ᕪᐁᓭ ᐨᕆᑌᕆᐊ ᔫ ᔔᐪd ᑕᐪᐠ ᑐ ᔫᕒ dᐅᐨᑐᕒ ᐅᕒ ᓄᕒᓭ ᑊᕋᐨᑎᑎᐅᓀᕒ ᐊbᐆᐟ bᐁᐃᐣg ᕂᕓᕒᕂd ᑐ

ᐊᐣ ᐅᐪᐢᑊ ᓗᒐᑎᐅᐣ, ᐅᕒ ᔫ ᒐᐣ ᒍᐣᑕᐨᐟ ᐊᐣ ᐅᐪᐢᑊ ᓗᒐᑎᐅᐣ
dᐃᕂᐨᐟᐪᔾ.

vᐃᓯᐟ ontariohealth.ca/lungscreeninglocations
ᐅᕒ ᒐᐪᐪ 1.866.662.9233 ᑐ gᐁᐟ ᕪᐁ ᓇᒣᐢ ᐅf ᐅᐪᐢᑊ ᓗᒐᑎᐅᐣᐢ ᔫ ᒐᐣ ᒍᐣᑕᐨᐟ.

ᐦᐅᐤ ᒐᐣ ᐃ ᕕᐣd ᐆᐟ ᐃf ᐃ qᐅᐊᓕfᔾ ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg?

ᓄᐟ ᐁvᐁᕒᔪᓀ ᐤᐦ ᐃᐢ ᕂᕓᕒᕂd ᑐ ᕪᐁ ᐅᐪᐢᑊ ᐎᐪᐪ
qᐅᐊᓕfᔾ ᑐ gᐁᐟ ᐢᐨᕂᐁᓀd.
ᐊᐣ ᐅᐪᐢᑊ ᓗᒐᑎᐅᐣ ᐎᐪᐪ ᒐᐪᐪ ᔫ ᑐ ᓓᐊᕒᐣ ᒧᕂ ᐊbᐆᐟ
ᔫᕒ ᕆᔉ ᐅf gᐁᐟᑎᐣg ᓗᐣg ᒐᐣᒉᕒ ᐊᐣd ᐊᔉ qᐅᐁᐢᑎᐅᐣᐢ ᐊbᐆᐟ ᔫᕒ ᐦᐁᐊᐪᕪ ᐊᐣd ᐢᒧᑭᐣg ᐦᐃᐢᑐᕒᔾ. bᐊᓭd ᐅᐣ ᔫᕒ ᐊᐣᓶᕒᐢ ᑐ ᕪᐁᓭ qᐅᐁᐢᑎᐅᐣᐢ, ᕪᐁ ᐅᐪᐢᑊ ᓯᑌ ᐎᐪᐪ ᑌᐪᐪ ᔫ ᐃf ᔫ qᐅᐊᓕfᔾ ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg.

ᐤᐦᐊᐟ ᐦᐊᑊᐯᐣᐢ dᐅᕆᐣg ᐊ ᓗᐣg ᒐᐣᒉᕒ

ᐢᐨᕂᐁᓂᐣg ᑌᐢᐟ?

ᐃf ᔫ qᐅᐊᓕfᔾ ᑐ gᐁᐟ ᐢᐨᕂᐁᓀd ᔫ ᐎᐪᐪ bᐁ ᐅfᕓᕂd ᐊ ᐟᔾᐯ ᐅf ᒍᒼᐳᑌd ᑐᒧgᕋᑊᐦᔾ (ᐨᐟ) ᐢᒐᐣ ᕪᐊᐟ ᐅᓭᐢ ᐊ ᐢᒪᐪᐪ ᐊᒨᐣᐟ ᐅf ᕋdᐃᐊᑎᐅᐣ. ᕪᐃᐢ ᑌᐢᐟ ᐃᐢ ᒐᐪᓓd ᐊ ᓗᐤdᐅᓭ ᐨ ᐟ ᐢᒐᐣ. dᐅᕆᐣg ᕪᐁ ᐢᒐᐣ, ᔫ ᓕᐁ ᐅᐣ ᐊᐣ ᐅᐯᐣ ᑕbᓓ ᕪᐊᐟ ᐸᐢᓭᐢ ᕪᕉgᐦ ᐊ ᓚᕒgᐁ dᐅᓄᐟᔕᐯd ᒪᐨᐃᓀ ᒐᐪᓓd ᐊ ᐢᒐᐣᓀᕒ. ᕪᐁ ᐢᒐᐣᓀᕒ ᐅᓭᐢ ᐊ ᐢᒪᐪᐪ ᐊᒨᐣᐟ ᐅf ᕋdᐃᐊᑎᐅᐣ ᑐ ᑕᑫ dᐁᑕᐃᓓd ᐱᐨᑐᕂᐢ ᐅf ᔫᕒ ᓗᐣgᐢ.

ᕪᐁ ᑌᐢᐟ ᐅᐣᐪᔾ ᑕᑫᐢ ᐊ ᕓᐤ ᒥᓄᑌᐢ ᐊᐣd ᐃᐢ ᓄᐟ ᐸᐃᐣᕗᐪ. ᕪᐁᕂ ᐊᕂ ᓄ ᒣdᐃᒐᑎᐅᐣᐢ ᐅᕒ ᓀᐁdᓓᐢ gᐃvᐁᐣ dᐅᕆᐣg ᕪᐁ ᑌᐢᐟ.

ᐦᐅᐢᐱᑕᐪ ᐢᑕff ᐎᐪᐪ bᐁ ᕪᐁᕂ ᑐ ᓱᑊᐳᕒᐟ ᔫ ᐤᐦᐁᐣ ᔫ gᐁᐟ ᐢᐨᕂᐁᓀd. ᔫ ᒐᐣ ᐊᐪᓱ bᕆᐣg ᐊ fᕆᐁᐣd ᐅᕒ ᕙᒥᐪᔾ ᒣᒼbᐁᕒ ᐎᕪ ᔫ.

ᐦᐅᐤ ᐅfᑌᐣ ᔔᐪd ᐃ gᐁᐟ ᐢᐨᕂᐁᓀd?

ᕪᐁOSLP ᕂᒍᒼᒣᐣdᐢ ᕪᐊᐟ ᔫ gᐁᐟ ᐢᐨᕂᐁᓀd ᐁvᐁᕒᔾ ᔦᐊᕒ ᐃf ᔫ qᐅᐊᓕfᔾ ᕗᕒ ᕪᐁ ᑊᕈgᕋᒼ

ᐤᐦᐊᐟ ᐃf ᐃ dᐅ ᓄᐟ qᐅᐊᓕfᔾ ᕗᕒ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg?
ᔫᕒ ᕆᔉ ᐅf dᐁvᐁᓗᐱᐣg ᓗᐣg ᒐᐣᒉᕒ ᒐᐣ ᐨᐊᐣgᐁ ᐅvᐁᕒ ᑎᒣ. ᐃf ᐊᐣ ᐅᐪᐢᑊ ᓯᑌ ᑌᐪᐪᐢ ᔫ ᕪᐊᐟ ᔫ dᐅ ᓄᐟ qᐅᐊᓕfᔾ ᕗᕒ ᐢᐨᕂᐁᓂᐣg, ᔫ ᔔᐪd ᐨᐁᐨᐠ ᐊgᐊᐃᐣ ᐃᐣ 3 ᔦᐊᕒᐢ ᑐ ᓭᐁ ᐃf ᔫ qᐅᐊᓕfᔾ.
ᔫ ᔔᐪd ᐨᐁᐨᐠ ᐊgᐊᐃᐣ ᓲᓀᕒ ᐃf ᔫ ᐦᐊvᐁ:
● ᐢᑕᕒᑌd ᐢᒧᑭᐣg ᐊgᐊᐃᐣ (ᐃf ᔫ ᐦᐊd qᐅᐃᐟ)
● bᐁᐁᐣ ᑐᐪd ᔫ ᐦᐊvᐁ ᐨᕈᓂᐨ ᐅbᐢᐟᕈᐨᑎvᐁ ᐳᐪᒧᓇᕒᔾ dᐃᓭᐊᓭ
(COPD)
● ᐊ ᓀᐤ ᕙᒥᐪᔾ ᐦᐃᐢᑐᕒᔾ ᐅf ᓗᐣg ᒐᐣᒉᕒ

ᐤᐦᐁᕂ ᒐᐣ ᐃ gᐁᐟ ᐦᐁᐪᑊ ᑐ qᐅᐃᐟ ᐢᒧᑭᐣg ᒋgᐊᕂᐟᑌᐢ?
qᐅᐃᐟᑎᐣg ᐢᒧᑭᐣg ᐃᐢ ᐅᓀ ᐅf ᕪᐁ bᐁᐢᐟ ᕪᐃᐣgᐢ ᔫ ᒐᐣ dᐅ ᑐ ᐃᒼᑊᕈvᐁ ᔫᕒ ᐅvᐁᕋᐪᐪ ᐦᐁᐊᐪᕪ, ᐃᐣᐨᓗdᐃᐣg ᕂdᐅᒋᐣg ᔫᕒ ᐨᐊᐣᒉᐢ ᐅf gᐁᐟᑎᐣg ᒐᐣᒉᕒ.
qᐅᐃᐟᑎᐣg ᒐᐣ bᐁ ᐦᐊᕒd, bᐅᐟ ᐃᐟ ᐃᐢ ᐳᐢᓯbᓓ, ᐊᐣd ᓱᒣᐅᓀ ᐃᐢ ᒧᕂ ᓕᑫᐪᔾ ᑐ qᐅᐃᐟ ᐃf ᕪᐁᔾ gᐁᐟ ᐦᐁᐪᑊ. ᐃf ᔫ ᒍᕒᕂᐣᐟᐪᔾ ᐢᒧᑫ ᐊᐣd ᒍᒣ ᑐ ᐅᓀ ᐅf ᕪᐁ ᐅᐪᐢᑊ ᓗᒐᑎᐅᐣᐢ ᔫ ᐎᐪᐪ bᐁ ᐅfᕓᕂd fᕂᐁ ᓭᕒvᐃᒉᐢ ᑐ ᐦᐁᐪᑊ ᔫ qᐅᐃᐟ ᐢᒧᑭᐣg.

ᔫ ᒐᐣ ᐊᐪᓱ ᒍᐣᑕᐨᐟ ᕪᐁ ᕗᐪᓗᐎᐣg ᓭᕒvᐃᒉᐢ dᐃᕂᐨᐟᐪᔾ ᕗᕒ ᐦᐁᐪᑊ qᐅᐃᐟᑎᐣg ᐢᒧᑭᐣg:

● health811: bᔾ dᐃᐊᓕᐣg 811
● ᐢᒧᑫᕒᐢ’ ᐦᐁᐪᑊᓕᓀ: ᐊᐟ smokershelpline.ca

ᕗᕒ ᒧᕂ ᐃᐣᕗᕒᒪᑎᐅᐣ ᐅᐣ ᓗᐣg ᒐᐣᒉᕒ ᐢᐨᕂᐁᓂᐣg, ᑊᓓᐊᓭ vᐃᓯᐟ:
ontariohealth.ca/lung

ᓀᐁd ᕪᐃᐢ ᐃᐣᕗᕒᒪᑎᐅᐣ ᐃᐣ ᐊᐣ ᐊᐨᒉᐢᓯbᓓ ᕗᕒᒪᐟ? 1-877-280-8538, tty 1-800-855-0511, info@ontariohealth.ca.