ᖃᐅᔨᒪᔭᕆᐊᖃᖅᑕᑎᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕐᓂᕐᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᐅᑉ ᒥᒃᓵᓄᑦ.

ᑭᓲᕙ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕐᓂᖅ?
ᑳᓐᓱ ᐱᕙᓪᓕᐊᔪᖅ ᐳᕙᒃᑯᑦ ᖃᐅᔨᒪᔭᐅᔪᖅ ᐳᕙᒃᑯᑦ ᑳᓐᓱ. ᐱᒋᐊᓲᖑᕗᖅ ᐳᕙᓐᓂᑦ ᑎᒥᐅᑉ ᐃᓗᓕᖏᑦ ᐊᒥᓱᕈᖅᐸᓪᓕᐊᑎᓪᓗᒋᑦ ᐊᐅᓚᑕᐅᔪᓐᓇᐃᓕᑎᓪᓗᒋᑦ. ᐋᓐᑎᐅᕆᐅᒥ, ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕐᓂᖅ ᓯᕗᓪᓕᖅᐸᐅᕗᖅ ᑳᓐᓱᒧᑦ ᑐᖁᔾᔪᑕᐅᕙᒃᑐᓄᑦ ᐊᒻᒪ ᑕᑯᔭᐅᒐᔪᖕᓂᖅᐹᖑᓪᓗᓂ ᖃᓂᒪᓇᖅᑐᓄᑦ. ᐊᒥᓲᓂᖅᓴᐃᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᖃᑦᑕᓚᐅᖅᑐᑦ ᑭᖑᓂᑦᑎᓐᓂ ᖃᐅᔨᔭᐅᖃᑦᑕᓚᐅᕐᒪᑕ ᑭᖑᕙᖅᑐᑎᒃ, ᑲᒪᒋᔭᐅᓂᖏᑦ ᐊᑑᑎᖃᙱᓂᖅᓴᐅᑎᓪᓗᒋᑦ. ᒫᓐᓇᓕ ᐊᑑᑎᖃᑦᑎᐊᖅᑐᒥᒃ ᖃᐅᔨᓴᕈᑎᑕᖃᓕᖅᐳᖅ (ᖃᐅᔨᓴᕐᓂᕐᒧᑦ) ᐃᓄᖕᓂᒃ ᐳᕙᒃᑯᑦ ᑳᓐᓱᖃᕐᒪᖔᑕ ᓇᓂᔭᐅᓵᓕᔪᓐᓇᖁᓪᓗᒍ, ᑲᒪᒋᔭᐅᓂᖅ ᐱᐅᓂᖅᓴᐅᓕᖅᑎᓪᓗᒍ

ᑭᓲᕙ ᑳᓐᓱᒧᑦ ᖃᐅᔨᓴᕐᓂᖅ?

ᑳᓐᓱᒧᑦ ᖃᐅᔨᓴᕐᓂᖅ ᖃᐅᔨᓴᕐᓂᐅᕗᖅ ᐃᓄᓐᓄᑦ
ᑳᓐᓱᑖᑐᐃᓐᓇᕆᐊᖃᖅᑐᓄᑦ, ᑭᓯᐊᓂ ᓇᓗᓇᐃᒃᑯᑕᖃᓐᖏᑦᑐᓄᑦ
ᖃᓄᐃᓐᖏᑦᑎᐊᖅᑐᑎᓪᓗ.

ᐋᓐᑎᐅᕆᐅᒥ ᐳᕙᒃᑯᑦ ᖃᐅᔨᓴᐃᓂᕐᒧᑦ ᐱᓕᕆᐊᖅ (OLSP)
ᐋᓐᑎᐅᕆᐅᒥ ᐳᕙᒃᑯᑦ ᑳᓐᓱᖃᕐᒪᖔᑕ ᖃᐅᔨᓴᐃᓂᕐᒧᑦ ᐱᓕᕆᐊᖅ. ᑖᒃᑯᐊ OLSP-ᑯᑦ ᑎᓕᐅᕆᕗᑦ ᐃᓄᖕᓂᒃ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕈᓐᓇᖅᑐᓂᒃ ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᖁᓪᓗᒋᑦ ᖃᑯᑎᒃᑯᑦ ᐋᓐᓂᐊᒧᑦ.

ᑭᒃᑯᑦ ᖃᐅᔨᓴᖅᑕᐅᔭᕆᐊᖃᖅᐸᑦ ᐳᕙᒃᑯᑦ

ᑳᓐᓱᖃᕐᒪᖔᑕ?

ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕐᓂᕐᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᖅ ᐊᑐᓕᖁᔭᐅᕗᖅ ᐃᓄᖕᓄᑦ ᐊᑦᑕᕐᓇᖅᑐᒦᑦᑐᓄᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕐᓂᕐᒧᑦ. ᐱᔪᓐᓇᖅᑎᑕᐅᔪᓐᓇᖅᐳᑎᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕐᓂᕐᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᕐᒧᑦ ᐃᒪᐃᒃᑯᕕᑦ:

● ᐅᑭᐅᓖᑦ 55-ᒥᑦ 80-ᒧᑦ

● ᓯᒡᒐᓕᐊᖅᑐᖃᑦᑕᖅᓯᒪᓗᑎᑦ ᖃᐅᑕᒫᑦ ᐊᕐᕌᒍᓄᑦ 20-ᓄᑦ -
ᐊᕐᕌᒍᓄᑦ 20-ᓄᑦ ᑐᖏᓕᕇᒃᓯᒪᔭᕆᐊᖃᙱᓚᑦ, ᑐᑭᖃᖅᑐᖅ ᐃᓛᓐᓂᒃᑯᑦ ᓯᒡᒐᓕᐊᖅᑐᓚᐅᖅᓯᒪᙱᓐᓇᕕᑦ, ᐊᒻᒪᓗ
● OHIP-ᑯᑦ ᓇᓪᓕᐅᒃᑯᒫᖃᖅᑎᑕᐅᓗᑎᒃ

ᑖᒃᑯᐊ ᒪᓕᒃᑕᐅᔭᕆᐊᓖᑦ ᒪᓕᒃᓯᒪᒍᕕᒋᑦ ᐅᖃᖃᑎᖃᕆᐊᖃᖅᐳᑎᑦ ᓘᒃᑖᕐᓂᒃ ᐋᓐᓂᐊᓯᐅᖅᑎᓂᓪᓘᓐᓃᑦ ᑐᓂᔭᐅᓂᐊᕐᒪᖔᖅᐱᑦ OLSP-ᑯᑦ ᐃᓂᒋᔭᖓᓄᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᖃᐅᔨᒋᐊᕈᓐᓇᖅᐳᑎᑦ OLSP-ᑯᑦ ᐃᓂᒋᔭᖓᓄᑦ ᑐᕌᑲᐅᑎᒋᓗᑎᑦ.

ᐳᓛᕆᐊᕐᓂᖅ
ontariohealth.ca/lungscreeninglocations ᐅᖄᓚᓗᑎᓪᓘᓐᓃᑦ 1.866.662.9233 ᐊᑎᖏᓐᓂᒃ ᐱᔪᒪᒍᕕᑦ OLSP-ᑯᑦ ᐃᓂᒋᔭᖏᓐᓂᒃ ᖃᐅᔨᒋᐊᕐᕕᒋᔪᓐᓇᖅᑕᑎᑦ.

ᖃᓄᖅ ᖃᐅᔨᔪᓐᓇᖅᐳᖓ ᐳᕙᒃᑯᑦ ᑳᓐᓱᖃᕐᒪᖔᕐᒪ ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᕐᒪᖔᕐᒪ?

ᑭᒃᑯᓕᒫᑦ ᑐᓂᔭᐅᔪᑦ OLSP-ᑯᓐᓄᑦ ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᔾᔮᖏᑦᑐᑦ.

OLSP-ᑯᑦ ᐃᓂᒋᔭᖓᑦ ᐅᖄᓚᕕᒋᓂᐊᖅᐸᐃᑦ ᖃᐅᔨᒋᐊᒃᑲᓐᓂᕈᒪᒍᕕᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕈᓐᓇᕐᓂᕐᒥᒃ ᐊᒻᒪᓗ ᐊᐱᖅᓱᕐᓗᑎᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᕐᒧᑦ ᐊᒻᒪᓗ ᓱᐴᖅᑐᖃᑦᑕᕐᓂᕐᓄᑦ. ᒪᓕᒃᑐᒋᑦ ᑭᐅᔾᔪᑎᑎᑦ ᑖᒃᑯᓄᖓ ᐊᐱᖅᑯᑎᓄᑦ, OLSP-ᑯᑦ ᐃᑭᐊᖅᑭᕕᖓᑦ ᐅᖃᐅᑎᓂᐊᖅᐸᑎᑦ ᐱᔪᓐᓇᕐᒪᖔᖅᐱᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕈᓐᓇᕐᒪᖔᖅᐱᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᕐᒥᒃ.

ᖃᓄᐃᓕᖃᑦᑕᖅᐸᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᖃᕐᒪᖔᑕ

ᖃᐅᔨᓴᖅᑕᐅᑎᓪᓗᒋᑦ?

ᐱᔪᓐᓇᕈᕕᑦ ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᕐᓗᑎᑦ ᑐᓂᔭᐅᓂᐊᖅᐳᑎᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑕᕐᕋᖅᑐᖅᑕᐅᔾᔪᑎᒥᒃ (CT) ᐊᑐᖅᑐᒥᒃ ᒥᑭᔪᑯᓗᒻᒥᒃ ᑕᕐᕋᖅᑐᖅᑕᐅᔾᔪᑎᒥᒃ. ᑖᓐᓇ ᖃᐅᔨᓴᕐᓂᖅ ᑕᐃᔭᐅᔪᖅ ᒥᑭᑦᑐᒥᒃ ᐄᔭᒐᕐᒥᒃ ᑕᕐᕋᖅᑐᐃᓂᖅ. ᑕᕐᕋᖅᑐᖅᑕᐅᑎᓪᓗᒍ, ᓇᓪᓚᖓᔪᖅ ᒪᑐᐃᖓᔪᒥ ᓵᒥ ᐊᖅᑯᓵᖅᑐᓂ ᐊᖏᔪᒥ ᑕᕐᕋᖅᑐᐃᔾᔪᑎᒥ ᑕᐃᔭᐅᔪᖅ ᑕᕐᕋᖅᑐᐃᔾᔪᑎ. ᑖᓐᓇ ᑕᕐᕋᖅᑑᑎ ᒥᑭᔪᑯᓗᖕᒥᒃ ᑕᕐᕋᖅᑑᑎᒥᒃ ᐊᑐᖃᑦᑕᖅᑐᖅ ᓇᓗᓇᐃᔭᖅᓯᒪᔪᓂᒃ ᐊᔾᔨᓕᐅᕆᓪᓗᓂ ᐳᕙᖕᓂᒃ. ᖃᐅᔨᓴᕐᓂᖅ ᖃᔅᓯᑲᓪᓚᖕᓂᒃ ᒥᓂᔅᓯᓂᒃ

ᐊᑯᓂᐅᑎᒋᔪᖅ ᐊᒻᒪᓗ ᐋᓐᓂᐊᓇᙱᓚᖅ. ᐄᔭᒐᖅᑕᖃᙱᓚᖅ ᑲᐴᑎᓂᓪᓘᓐᓃᑦ ᑐᓂᓯᕙᙱᓚᑦ ᖃᐅᔨᓴᖅᑕᐅᑎᓪᓗᒋᑦ.

ᐋᓐᓂᐊᕕᖕᒥ ᐃᖅᑲᓇᐃᔭᖅᑏᑦ ᑕᐃᑲᓃᓐᓂᐊᖅᑐᑦ ᐃᑲᔪᖅᓱᐃᓗᑎᒃ ᖃᐅᔨᓴᖅᑕᐅᓕᕈᕕᑦ. ᐱᖃᓐᓇᕆᔭᕐᓂᒃ ᐃᓚᒋᔭᕐᓂᒃᓘᓐᓃᑦ ᓇᒃᓴᕈᓐᓇᕐᒥᔪᑎᑦ.

ᖃᓄᑎᒋ ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᕆᐊᖃᖅᐳᖓ?

ᑖᒃᑯᐊ OLSP-ᑯᑦ ᐊᑐᓕᖁᔨᕗᑦ
ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᖁᔨᓪᓗᑎᒃ ᐊᕐᕌᒍᑕᒫᑦ ᐱᔪᓐᓇᕈᕕᑦ ᑕᒪᑐᒧᖓ.

ᖃᓄᕐᓕ ᐳᕙᒃᑯᑦ ᑳᓐᓱᖃᕐᒪᖔᕐᒪ ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᖏᒃᑯᒪ? ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᕈᓐᓇᕐᓂᕆᔭᐃᑦ ᐊᓯᔾᔨᕈᓐᓇᕐᒪᑦ ᖃᖓᒃᑰᓕᕌᖓᑦ. OLSP-ᑯᑦ ᐃᑭᐊᖅᑭᕕᖓᑦ ᐅᖃᐅᑎᒍᕕᒋᑦ ᐱᔪᓐᓇᙱᓐᓂᕋᕐᓗᑎᑦ

ᖃᐅᔨᓴᖅᑕᐅᓂᕐᒥᒃ, ᖃᐅᔨᒋᐊᒃᑲᓐᓂᕆᐊᖃᖅᐳᑎᑦ ᐊᕐᕌᒍᑦ ᐱᖓᓱᑦ ᐊᓂᒍᖅᐸᑕ ᐱᔪᓐᓇᕋᓗᐊᕐᒪᖔᖅᐱᑦ
ᖃᐅᔨᒋᐊᒃᑲᓐᓂᕆᐊᖃᖅᐳᑎᑦ ᕿᓚᒥᐅᓂᖅᓴᖅ ᐱᓯᒪᒍᕕᑦ:

● ᓯᒡᒐᓕᐊᖅᑐᖃᑦᑕᓕᒃᑲᓐᓂᕈᕕᑦ (ᓄᖅᑲᖅᓯᒪᒍᕕᑦ)
● ᐅᖃᐅᔾᔭᐅᓯᒪᕗᑎᑦ ᐳᕙᒃᑯᑦ ᓄᖅᑲᖓᓐᓇᖅᑐᒥᒃ

ᐋᓐᓂᐊᖃᕐᓂᕋᖅᑕᐅᓪᓗᑎᑦ (COPD)
● ᓄᑖᖅ ᐃᓚᒌᑦ ᐳᕙᒃᑯᑦ ᑳᓐᓱᑖᖅᓯᒪᓂᖏᑦ

ᓇᑭᑦ ᐃᑲᔪᖅᑕᐅᔪᓐᓇᖅᐳᖓ
ᓯᒡᒐᓕᐊᖅᑐᖃᑦᑕᕈᓐᓃᕐᓂᕐᒧᑦ?

ᓄᖅᑲᕐᓂᖅ ᓯᒡᒐᓕᐊᖅᑐᕐᓂᕐᒥᒃ ᐱᐅᓂᖅᐹᖑᖃᑕᐅᕗᖅ ᐱᐅᓯᕚᓪᓕᖅᑎᑦᑎᓂᕐᒧᑦ ᖃᓄᐃᙱᑦᑎᐊᕐᓂᕐᓄᑦ, ᐱᖃᓯᐅᑎᓪᓗᒍ ᑳᓐᓱᑖᖅᑕᐃᓕᒪᓂᖅ.

ᓄᖅᑲᕐᓂᖅ ᐊᒃᓱᕈᕐᓇᕈᓐᓇᖅᑐᖅ, ᑭᓯᐊᓂ ᐊᔪᕐᓇᙱᓚᖅ, ᐊᒻᒪᓗ ᑭᓇᑐᐃᓐᓇᖅ ᓄᖅᑲᑐᐃᓐᓇᕆᐊᖃᕐᓂᖅᓴᐅᕗᖅ

ᐃᑲᔪᖅᑕᐅᒍᓂ. ᒫᓐᓇᐅᔪᖅ ᓱᐴᖅᑐᖃᑦᑕᕈᕕᑦ ᐊᒻᒪᓗ ᑎᑭᒃᑯᕕᑦ OLSP-ᑯᑦ ᐃᓂᒋᔭᖏᓐᓄᑦ ᐊᑭᖃᙱᑦᑐᓂᒃ ᐱᔨᑦᑎᕋᐅᑎᓂᒃ ᑐᓂᔭᐅᓂᐊᖅᐳᑎᑦ ᐃᑲᔪᖅᑕᐅᓗᑎᑦ

ᓄᖅᑲᕐᓂᕐᒧᑦ ᓱᐴᖅᑐᖃᑦᑕᕐᓂᕐᒥᒃ.

ᖃᐅᔨᒋᐊᕐᕕᒋᔪᓐᓇᕐᒥᔭᑎᑦ ᐅᑯᐊ ᐱᔨᑦᑎᕋᖅᑏᑦ ᑐᕌᑲᐅᑎᒋᓗᑎᑦ ᐃᑲᔪᖅᑕᐅᔪᒪᒍᕕᑦ ᓄᖅᑲᕐᓂᕐᒧᑦ ᓯᒡᒐᓕᐊᖅᑐᕐᓂᕐᒥᒃ:

● Health811: ᐅᖄᓚᓗᑎᑦ 811

● ᓯᒡᒐᓕᐊᖅᑐᖅᐸᒃᑐᓄᑦ ᐅᖄᓚᕕᒃᓴᖅ: ᐅᕙᓂ SmokersHelpline.ca

ᑐᓴᖅᑕᖃᒃᑲᓐᓂᕈᒪᒍᕕᑦ ᐳᕙᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᕐᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᕐᒥᒃ, ᐅᕗᖓ ᑕᑯᔭᖅᑐᕐᓗᑎᑦ: ontariohealth.ca/lung

ᑖᒃᑯᐊ ᑐᑭᓯᒋᐊᕈᑎᒃᓴᐃᑦ ᐊᑐᐃᓐᓇᐅᔪᓐᓇᖅᑐᓂᒃ ᐋᖅᑭᒃᓯᒪᓂᖃᕆᐊᖃᖅᐲᑦ? 1-877-280-8538, TTY 1-800-855-0511, info@ontariohealth.ca.