



YSM Key Messages

Use and adapt the below for content in newsletters, email blasts to patients/public, or for websites. Please engage your internal communications team as per your hospital policy.

Title Recommendations

Your Symptoms Matter

Your Symptoms Matter. Tell us how you are feeling

100 words or less

To fill out **Your Symptoms Matter** please click <https://isaac.ontariohealth.ca> 1-2 days before your next appointment.

Your Symptoms Matter asks about common cancer symptoms to find out how you are feeling. Your answers are shared with your health care team and reviewed with you. Filling out Your Symptoms Matter can help you and your healthcare team to:

- Talk about the symptoms that matter most to you
- Come up with a care plan to help you feel better
- Know what information you need to help manage your symptoms

For more information on managing your cancer symptoms please read the 'How to Manage you Symptoms' series of patient guides: <https://www.cancercareontario.ca/en/guidelines-advice>

150 words or less

To fill out **Your Symptoms Matter** please click <https://isaac.ontariohealth.ca> 1-2 days before your next appointment.

Your Symptoms Matter is a tool used to tell your healthcare team about how you are feeling. When your healthcare team knows about your symptoms they can give you treatments and advice to help you manage them.

Filling out Your Symptoms Matter can help you and your healthcare team to:

- Notice and treat symptoms early on

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- Talk about the symptoms that matter to you
 - Track your symptoms over time to see how they have changed and possible causes
 - Choose the best treatment and medications for you

When your symptoms are well managed it is easier to:

- Keep more of your regular routines
- Do the things that are important to you
- Keep up your strength so that you can continue with your treatments

For more information on managing your cancer symptoms please read the 'How to Manage your Symptoms' series of patient guides: <https://www.cancercareontario.ca/en/guidelines-advice>