

# Assess your cancer risk in just a few minutes

My CancerIQ is a free online tool that helps you understand your cancer risk and provides steps you can take to prevent cancer.



## **BUILD YOUR CANCER RISK PROFILE**

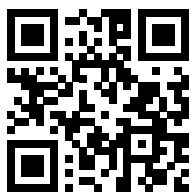
Answer key questions about lifestyle, family history and screening history.

## **DETERMINE YOUR CANCER RISK**

See what factors are affecting your risk.

## **LEARN HOW YOU CAN REDUCE IT**

Get your health action plan with links to trusted Canadian health resources.



Visit **MyCancerIQ.ca** today



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Health**