



Cancer screening is about helping you live a good life

Cancer screening is testing done on people who have no symptoms and generally feel fine, but may be at risk of getting cancer. Regular screening is important because it can find some cancers or pre-cancers early when treatment has a better chance of working.

Four organized cancer screening programs are offered to eligible people in Ontario.

BREAST Mammogram



Women* 40 to 74 years old who are eligible

If you think you may be high risk for breast cancer and are 30 to 69 years old, talk to your health care provider.

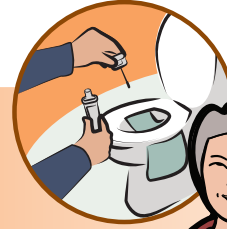
Every 2 years for most

*Breast cancer screening is recommended for women, Two-Spirit people, trans people and nonbinary people ages 40 to 74 who are eligible for screening through the Ontario Breast Screening Program (OBSP).



COLON

Fecal Immunochemical Test (FIT)

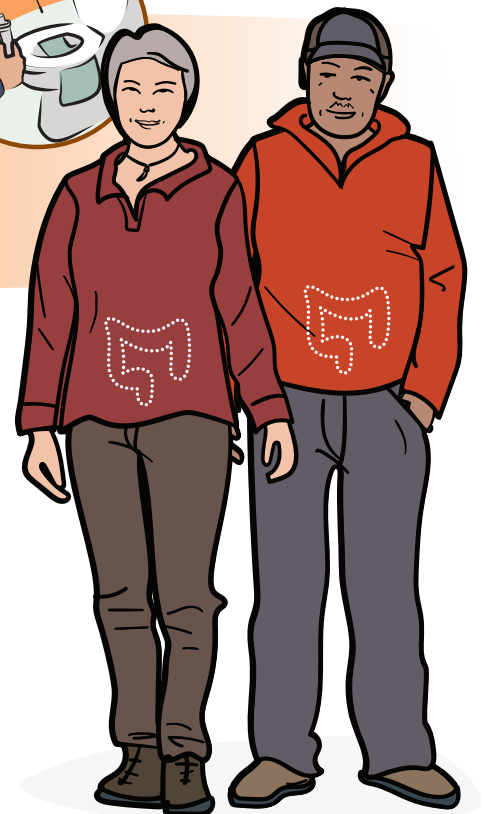


People 50 to 74 years old who are eligible

If you have a parent, sibling or child who was diagnosed with colon cancer, please contact your health care provider to see if you should be screened with a different test.

Every 2 years for most

Test can be done at home.



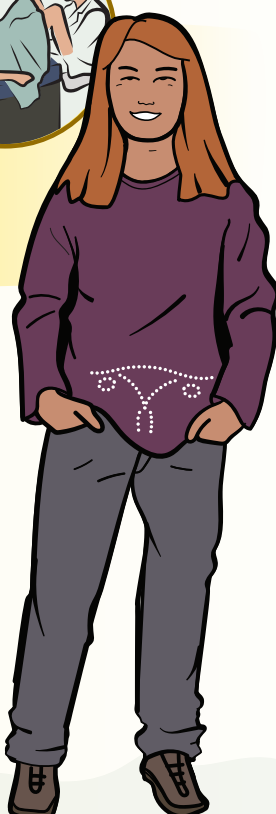
CERVICAL Cervical Screening Test



Women* 25 to 70 years old who are eligible

Every 5 years for most

*Cervical screening is recommended for eligible women, Two-Spirit people, transmasculine people and nonbinary people with a cervix.



LUNG

Low-Dose Computed Tomography (LDCT)



People 55 to 80 years old who are eligible

If you are age 55 to 80 and have smoked cigarettes every day for at least 20 years — it does not have to be 20 years in a row, which means there could be times when you did not smoke — talk to your health care provider about being referred to an Ontario Lung Screening Program (OLSP) location, or contact an OLSP location directly.

Every year for most



**The screening tests are free for eligible people in Ontario.
Make sure your Ontario Health Insurance Plan (OHIP) card is up to date.**

You might get a letter from Ontario Health (Cancer Care Ontario) asking you to get screened for cancer. These letters are part of Ontario's cancer screening programs.

Please contact your health care provider to learn more about your screening options.

If you do not have a health care provider visit: iphcc.ca

For more information about cancer screening, visit: cancercareontario.ca/getchecked

Need this information in an accessible format? 1-877-280-8538, TTY 1-800-855-0511, info@ontariohealth.ca

Document disponible en français en contactant info@ontariohealth.ca

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Ontario Health
Cancer Care Ontario