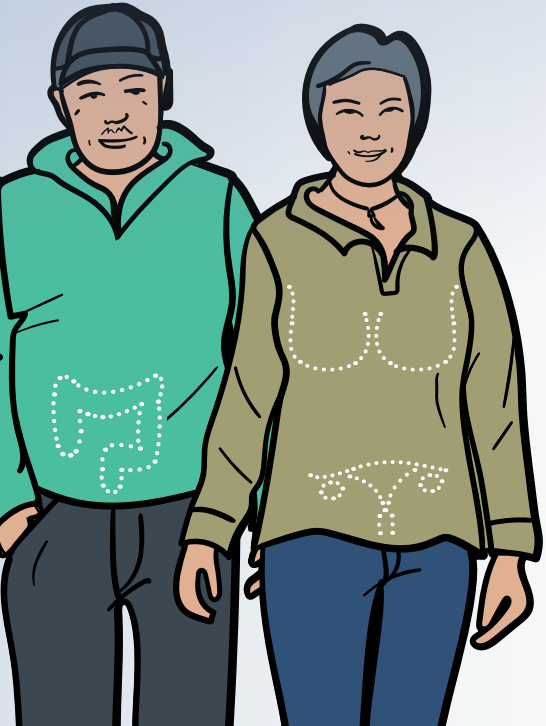

ᑕᒃᑲᓇᓱᖃᒃᑐᖃᕐᒪᖔᑦ ᖃᐅᔨᓴᖃᓯᓂᖃ ᐃᑲᔪᕈᑕᐅᓇᓱᐊᕐᒪᑦ ᐃᓅᖁᑦᑐᑎᑦ ᐃᓅᓯᖃᑦᑎᐊᕐᑐᑎᑦ

ᐱᖓᓱᖕᒪᑕ ᐃᖃᓇᐃᔭᕐᕕᕐᑯᑎᑦ ᑲᓇᓱᖃᒃᑐᖃᒻᒪᖔᑦ ᖃᐅᔨᓴᖃᓯᓂᕐᒧᑦ ᐱᓕᕆᔾᔪᑏᑦ ᐱᔭᐅᒃᓴᐅᑎᑕᐅᑦᑐᑎᒃ ᐱᔪᓇᖃᑎᑕᐅᔪᓄᑦ ᑕᐃᒃᑯᓄᖓ ᐋᓇᑎᐅᕆᔪᒦᑦᑐᓄᑦ.

ᐃᕕᐊᖏᒃᑯᑦ: ᐃᓗᒻᒧᑦ ᕿᒥᕐᕈᐊᕈᑎᒧ

ᐃᒡᓕᐊᑉ ᖁᖃᖓᖓ:
ᐃᒡᓕᐊᑉ ᖁᒃᑲᖓᓄᑦ ᖃᐅᔨᓴᖃᑕᐅᓂᖃ

ᐊᓇᕈᒃᑎᑦᑎᕙᑦᓕᐊᔾᔪᑎ:
ᖃᐅᔨᓴᖃᓯᔾᔪᑎ ᑲᓇᓱᑕᖃᖏᒃᑲᓗᐊᒻᒪᖔᑦ (FIT)

ᖃᐅᔨᓴᖅᑕᐅᓃᑦ ᖃᐅᔨᓴᖅᑕᐅᓗᓂ ᐊᑭᖃᖏᑦᑐᑦ ᐱᔪᓐᓇᖅᑎᑕᐅᔪᓄᑦ ᑕᐃᒃᑯᓄᖓ ᐋᓐᑎᐅᓇᔪᒥᑦᑐᓄᑦ.

ᐃᕕᐊᖏᒃᑯᑦ

ᐃᓗᒻᒧᑦ ᕿᒥᕐᕈᐊᕈᑎᒧ

ᐃᒡᓕᐊᑉ ᖁᖅᑲᖓ

ᐃᒡᓕᐊᑉ ᖁᖅᑲᖓᓄᑦ
ᖃᐅᔨᓴᖅᑕᐅᓂᖅ

ᐊᓇᕈᒃᑎᑦᑎᕙᓪᓕᐊᔾᔪᑎ

ᖃᐅᔨᓴᖅᓯᔾᔪᑎ
ᑳᓱᑦᑕᖃᖏᒃᑲᓗᐊᒻᒪᖔᑦ (FIT)

ᑕᐃᒃᑯᐊ 50–ᓂᒃ ᑎᑭᓪᓗᒋᑦ
74–ᓂᒃ ᐊᖁᒍᓕᑦ
ᐅᑭᐅᖃᓪᓗᑎᒃ
ᐱᓕᕆᐊᖑᔪᓐᓇᖅᑎᑕᐅᔪᓄᑦ

ᑕᐃᒃᑯᐊ 21 ᑎᑭᓪᓗᒋᑦ
70–ᓂᑦ ᐊᖁᒍᓕᑦ
ᐅᑭᐅᖃᓪᓗᑎᒃ
ᐱᔪᓐᓇᖅᑎᑕᐅᔪᑦ

ᑕᐃᒃᑯᐊ 50–ᓂᒃ ᑎᑭᓪᓗᒋᑦ
74–ᓂᒃ ᐊᖁᒍᓕᑦ
ᐅᑭᐅᖃᓪᓗᑎᒃ
ᐱᓕᕆᐊᖑᔪᓐᓇᖅᑎᑕᐅᔪᓄᑦ

ᓈᑐᐊᕋᖓᑎᒃ 2 ᐊᖁᒍᒃ
ᐃᓗᓐᓇᒃᓴᖏᓐᓄᑦ

ᓈᑐᐊᕋᖓᑕ 3 ᐊᖁᒍᐃᑦ
ᐃᓗᓐᓇᒃᓴᖏᓐᓄᑦ

ᓈᑐᐊᕋᖓᑎᒃ 2 ᐊᖁᒍᒃ
ᐃᓗᓐᓇᒃᓴᖏᓐᓄᑦ

ᐅᓗᕆᐊᓇᖅᑐᒥᓐᓂᖅᓴᓂ-
ᐅᔪᕆᒍᕕᑦ ᐃᕕᐊᖏᒃᑯᑦ
ᑲᒻᒍᑎᑖᑐᐃᓐᓇᕆᐊᖃᖅᓂᕐᒧᑦ
ᐅᒻᕙᓘᓐᓂᑦ ᐃᖅᑐᒃᑯᑦ
ᑲᒻᒍᑎᑖᑐᐃᓐᓇᕆᐊᖃᖅᓂᕐᒧᑦ,
ᐅᖃᖅᑲᑎᖅᓇᕆ ᐋᓐᓂᐊᓯᐅᖅᑎ-
ᓐᓂᒃ ᐱᖃᑕᐅᒍᓐᓇᕐᒪᖔᖅᐱᑦ
ᖃᐅᔨᓴᖅᑕᐅᒃᑲᐅᑎᒋᓂᕐᒧᑦ.

ᐊᑏ ᐅᖃᕐᕕᒋᓚᐅᕈᒃ ᐱᒪᓇᐅᓂᖅᐸᖅ ᖃᐅᔨᓴᖅᓯᔾᔪᒋᕙᒃᑕᐃᑦ ᖃᐅᔨᒃᑲᓐᓂᕐᑯᓪᓗᑎᑦ ᖃᐅᔨᓴᖅᑕᐅ-ᔪᑎᒋᔪᓐᓇᖅᑕᕐᓄᑦ ᓇᓖᕋᕕᒃᓴᐅᔪᓂᒃ. ᑕᐃᒪᓕ ᐱᒪᓇᐅᓂᖅᐸᒥᑦ ᖃᐅᔨᓴᖅᓯᔾᔪᖃᖏᒃᕕᑦ ᑕᑯᒋᐊᓚᐅᕈᒃ:
iphcc.ca/home/iphcc_members/ ᐊᒻᒪᓗ **afhto.ca/find-team-near-you**

ᑐᓴᓇᐊᒃᑲᓐᓂᕈᒪᒍᕕᑦ ᑳᓐᓲᑉ ᒥᒃᓴᓄᑦ ᖃᐅᔨᓴᖅᑕᐅᔪᑎᓂᒃ ᑕᑯᒋᐊᓚᐅᕈᒃ:
cancercareontario.ca/getchecked

ᐱᔭᐅᔭᓇᐊᖃᒃᐱᐅᒃ ᑖᓐᓇ ᑐᓴᐅᒪᔾᔪᑎᒃᓴᖅ ᖃᐅᔨᓇᓱᐊᕋᒃᓴᐅᓗᓂ ᐋᖅᑭᒃᓱᖅᓯᒪᓂᖓ?
1-877-280-8538, TTY 1-800-855-0511, info@ontariohealth.ca

Ontario Health
Cancer Care Ontario