



# Cancer screening is about helping you live a good life

Four organized cancer screening programs are offered to eligible people in Ontario.

**BREAST:** Mammogram

**COLON:** Fecal Immunochemical Test (FIT)

**CERVICAL:** Cervical Screening Test

**LUNG:** Low-Dose Computed Tomography (LDCT)



# The screening tests are free for eligible people in Ontario.

## **BREAST** Mammogram

Women\* 40 to 74 years old who are eligible

Every 2 years for most

\*Breast cancer screening is recommended for women. Two-Spirit people, trans people and nonbinary people ages 40 to 74.

## **COLON** Fecal Immunochemical Test (FIT)

People 50 to 74 years old who are eligible

Every 2 years for most

## **CERVICAL** Cervical Screening Test

Women\* 25 to 70 years old who are eligible

Every 5 years for most

\*Cervical screening is recommended for eligible women. Two-Spirit people, transmasculine people and nonbinary people with a cervix.

## **LUNG** Low-Dose Computed Tomography (LDCT)

People 55 to 80 years old who are eligible

Every year for most

If you think you may be at high risk for breast or lung cancer, or if you have a family history of colon cancer, talk to your health care provider. You may be eligible to get screened earlier or may need to be screened with a different test.

Please contact your health care provider to learn more about your screening options.  
If you do not have a health care provider visit: [iphcc.ca](http://iphcc.ca)

For more information about cancer screening, visit: [cancercareontario.ca/getchecked](http://cancercareontario.ca/getchecked)

Need this information in an accessible format? 1-877-280-8538, TTY 1-800-855-0511, [info@ontariohealth.ca](mailto:info@ontariohealth.ca)

Document disponible en français en contactant [info@ontariohealth.ca](mailto:info@ontariohealth.ca)

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**Ontario Health**  
Cancer Care Ontario