




Ontario Breast Screening Program

February 10, 2015

Screen for Life
Cancer screening sees what you can't

-  Breast
-  Cervical
-  Colorectal

JANE SAMPLE
123 ANY STREET
ANY CITY, ON M1M 1M1

Dear JANE SAMPLE:

You were recently sent a letter inviting you to get screened for breast cancer and our records show that you have not yet had a mammogram.

Please take time to book your mammogram now.

If you have not already done so, **please call your local Ontario Breast Screening Program (OBSP) site to book an appointment. To find a site, call 1.800.668.9304 or visit cancercare.on.ca/obsplocations.**

As an agency of the Ministry of Health and Long-Term Care, Cancer Care Ontario provides cancer screening programs to the people of Ontario.

Breast cancer is the most common cancer in Canadian women. As a woman between the ages of 50 and 74, you are encouraged to get screened with a mammogram through the OBSP. Since 1990, the OBSP has provided **mammograms to women ages 50 to 74** through local clinics and hospitals across the province. Mammograms are free of charge for women in Ontario.

A mammogram takes an X-ray of the breast and can find changes when they are too small to feel or see. **Getting screened regularly is the best way to find breast cancer early** and provides the best chance of successful treatment.

Take the time to book your mammogram today.

Sincerely,



Dr. Linda Rabeneck
Vice-President, Prevention and Cancer Control
Cancer Care Ontario

Ontario Breast Screening Program

GET THE FACTS. GET SCREENED.

- Mammograms are recommended for women ages 50 to 74 years old. Even if you feel fine or no one in your family has had breast cancer, it is important to get screened.
- Most women diagnosed with breast cancer have no family history of the disease.
- Most women will have normal mammogram results.
- More than 80% of breast cancers are found in women over the age of 50.
- While screening tests are not perfect, regular mammograms are the best way for women ages 50 to 74 to reduce the risk of dying from breast cancer.
- Talk to your doctor or nurse practitioner about the benefits and risks of screening, or read the enclosed brochure.

ABOUT THE ONTARIO BREAST SCREENING PROGRAM (OBSP)

To learn more, visit cancercare.on.ca/obsp, or contact us at screenforlife@cancercare.on.ca or 1.866.662.9233 Monday to Friday between 8:30 a.m. and 5:00 p.m.

If you do not want to receive OBSP letters from Cancer Care Ontario, complete the form at www.cancercare.on.ca/screening letters or call us at 1.866.662.9233.

You can change your mind at any time.

HOW TO BOOK YOUR MAMMOGRAM

Book your mammogram by contacting your local OBSP site. To find a site, call **1.800.668.9304** or visit **cancercare.on.ca/obsplocations**.

Ontario women ages 50 to 74 do not need a healthcare provider's referral to book a mammogram through the OBSP.

Mammograms are free of charge for women in Ontario.