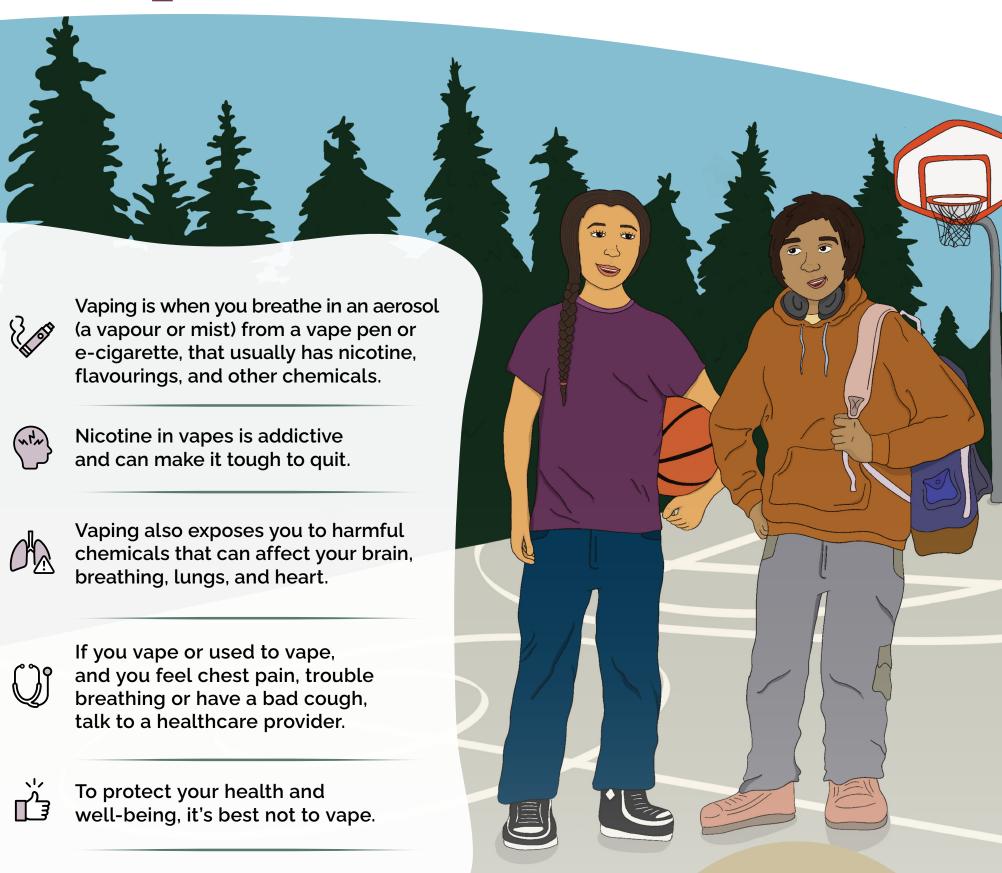
Support for Indigenous Youth:

Choosing to Stay Vape-Free

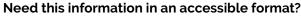


If you want to talk to someone about vaping,
Talk Tobacco is a free, culturally safe resource.
smokershelpline.ca/talktobacco/home
Call 1 833 998-TALK (8255), or text CHANGE to 123456

For more information about the Indigenous Tobacco Program, visit tobaccowise.cancercareontario.ca or email tobaccowise@ontariohealth.ca



An app like **Quash** can help you quit or reduce vaping.



1-877-280-8538, TTY 1-800-855-0511, info@ontariohealth.ca.

Document disponible en français en contactant info@ontariohealth.ca. CQP71442



