

# Imtixaan ka wanaagsan, marar yar!

Ontaariyo waxay leedahay baaritaan **cusub oo baarista afka ilmagaleenka** kaas oo ka fiican caawinta kahortaga kansarka ilmo-galeenka. Dadka intooda badan waxay u baahan yihiin kaliya baaritaanka 5tii sanoba mar.

Kala hadal dhakhtarkaaga, kalkaalisada dhakhtarkaaga ama umulisada wixii ku saabsan is baadhida.



**Ontario Health**  
Cancer Care Ontario





Human papillomavirus (HPV) waa fayras sababi kara isbedelada unugyada afka ilmo-galeenka. Isbeddelladani waxay isu beddeli karaan kansarka ilmo-galeenka muddo ka dib haddii aan la daweyn.

Baaritaanka cusub ee baaritaanka ilmo-galeenka:

- Waxaa loogu talagalay haweenka, dadka laba-Ruux, dadka jinsiga ah iyo dadka aan binary ahayn ee ilmo-galeenka
- Hubinta noocyada HPV ee keeni kara kansarka ilmo-galeenka
- Beddelayaa baaritaanka Pap test sababtoo ah waxay ku fiican tahay ka hortagga kansarka ilmo-galeenka

Si aad wax badan u barato, booqo

**[ontariohealth.ca/cervical-test](https://ontariohealth.ca/cervical-test)**



Ma u baahan tahay macluumaadkan qaab la heli karo? 1-877-280-8538, TTY 1-800-855-0511,  
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