ᐅᖅᐊᑉ ᔪu ᓇuld ᑊᒧᓐ ᐊᐳuᑉ ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃgx.

ᐅᖅᐊᑉ ᐃᑎ ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg?

ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᐃᑎ ᑐᑎᒃg ᑐᓄ ᐅᒃ ᐯᐅᒻᓗ ᐅᖅᐅ ᐊᔪ ᐊᑉ ᓇᑎᑦ ᐅf ᕿᑎᒃg ᕿᕙᒐᒐᒃ ᒐᒃᕿr, buᑉ ᖅᐊᕝᕙ ᓄ ᑎᑦᑐᑦᑎ ᐊᒃd ᕿᓄᕋᒐᒦ ᕝᐅᒥ ᕙᓄx ᙱ ᐅᒃᑕᓇᐅ ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᑐᒃgᕋᑦ ᐃᑎ ᐊ ᑎᒪᔪᐅᓂᒃg ᑐᒃgᕋᑦ ᑕᑉ ᐅᒃᒍuᕋᕿᑎ ᙱᓴ ᐯᐅᒻᓗ ᑐ ᕿᑉ ᑎᒪᔪᐅᓄd ᔪguᓚrlᑦx ᔪguᓚr ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᒐᒃ ᖅᐅᒥᑦ ᔪu ᐊᕗᐃd ᕿᑉᑎᒃg ᕿᕙᒐᒐᒃ ᒐᒃᕿrx
ᕿᕙᒐᒐᒃ ᒐᒃᕿr ᐃᑎ ᒐᒃᕿr ᐃᒃ ᙱ ᕿᕙᒐxx ᙱ ᕿᕙᒐx ᐃᑎ ᐊ ᐳd ᐸr ᑕᑉ ᒍᒃᓄᑉᑦ ᙱ uᑐruᑎ (ᐅᑦb) ᑐ ᙱ ᕙᑭᓇ (ᕿᓂᑕᒥ ᐅᐯᓂᒃg)x ᕿᕙᒐᒐᒃ ᒐᒃᕿr ᐃᑎ ᐊᒥᒧᑦ ᐊᒥᐊᑦᑎ ᒐᓇᔪd b ᖅᒐᒃ ᐸᐱᒥᓗᒐᕙruᑎ (HPV)x ᔪu ᐊᔪ ᓄᑉ ᒧᔪ ᓕᕿᒥ ᑐ ᕿᑉ ᕿᕙᒐᒐᒃ ᒐᒃᕿr ᐃf ᐅᙱr ᐯᐅᒻᓗ ᐃᒃ ᔪur ᕙᒥᒥ ᖅᐊᕝᕙ ᖅᐊd ᕿᕙᒐᒐᒃ ᒐᒃᕿr

ᐅᖅᐊᑉ ᐃᑎ ᖅuᒪᒃ ᐸᐱᒥᓗᒐᕙruᑎ (hpv)?

HPV ᐃᑎ ᐊ ᕙruᑎ ᑕᑉ ᐃᑎ ᐸᑦᓴd fᕈᑦ ᐅᓄ ᐯrᓱᒃ ᑐ ᐊᓄᙱr ᑉᖅᕈug" ᓴxuᐊᒥ ᒍᒃᑕᒻᑉx ᓴxuᐊᒥ ᒍᒃᑕᒻᑉ ᒐᒃ ᐃᒃᒻᒐᒐ ᒐᒃ ᑎfᕝᒐᒃᑉ ᑲᒃgᑎx ᐃᒃ ᑲᑎ ᕙᒻᑉ ᒐᐅᑉ, ᐃᑉ ᐃᒃᒻᒐᒐᑎ ᐊᒃᑉ ᑎᒥ ᐊᓄᙱr ᐯrᓱᒃ ᖅᐊᑎ ᒍᒃᑕᒻᑉ ᐃᑉᖅ ᔪur ᕿᓂᑕᒥᑎ (ᑕᓇᕙᒐ ᐸᑉᑦᑎx ᑲᑎ ᒍᒃᑕᒻᑉ ᒐᒃ ᐯ ᐃᑉᖅ ᙱ ᖅᐊᒃdᑎ, ᒧᒐᑉᖅ ᐅr ᕿᓂᑕᒥᑎx

ᖅᐊᒃᑉ ᐃᑎ ᒍᑦᒧᒃ ᐊᒃd ᐃᒥᒥ ᐅfᒐᒃ d ᐊᐊᑉ ᐅᒃ ᐃᑉᑎ ᐅᑦᒃ ᐃᑉᕗᒐᑉ ᑐᐃᒃg ᐊᒃᑉ ᖅᐊᑦx

ᙱᐊᒃ ᐊᒃᐊᒃ ᒧᐊᒃ ᑕᒃ 100 ᑉᐯᑎ ᐅf HPV ᐊᒃd ᙱᑉ ᒐᒃ ᓴᓇᓴ ᒐᒃᕿᑎ ᑐ ᙱ ᕿᒥᑎ ᐅf ᙱ ᕿᕙᒐxx ᐃᑉᖅ ᓱᒥ ᑉᐯᑎ ᐅf HPV, ᙱᓴ ᕿᒥᒥ ᒐᒃᕿᑎ ᒐᒃ ᑉurᒃ ᐃᒃᑐ ᕿᕙᒐᒐᒃ ᒐᒃᕿr ᐅᕝᕙr ᑎᒥ ᐃf ᙱᑉ ᐊᐊᑉ ᓄᑉ ᑉᐊᐅᑎdx

ᐅᖅᐊᑉ ᐃᑎ ᙱ ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᑎᑦᑉ?

ᙱ ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᑎᑦᑉ ᕿᒻᓴᑎ ᕙr ᑉᐯᑎ ᐅf ᖅᑎ ᑕᑉ ᓱᒥᑎᒥᑎ ᓴᓇᓴ ᕿᕙᒐᒐᒃ ᒐᒃᕿrx ᐃᑉ ᐊᒥᓱ ᕿᒻᓴᑎ ᕙr ᕿᒥᒥ ᒐᒃᕿᑎ ᐃᒃ ᙱ ᕿᕙᒐx ᓴᓇᓴd b ᙱᓴ ᑉᐯᑎ ᐅf ᖅᑎx ᙱ ᑎᑦᑉ ᑐᐅᑎ ᓄᑉ ᕿᒻᓴ ᕙr ᐅᙱr ᑉᐯᑎ ᐅf HPVx

ᙱ ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᑎᑦᑉ ᖅᐊᑎ ᓗᒻᓚᕿd ᙱ ᐸᒻ ᑎᑦᑉ ᐯᓴᓇᓴ ᐃᑉ ᐃᑎ ᐯᑉᑎr ᐊᑉ ᖅᐅᒥᐱᒃg ᒻᓗᕝᕙᒃᑉ ᕿᕙᒐᒐᒃ ᒐᒃᕿr.

ᐅᖅᐅ ᓇuld ᕿᑉ ᑎᒪᔪᐅᓄd ᐊᒃd ᖅᐅᑉ ᐅfᑎᒃ?

ᙱ ᐅᒃᑕᓇᐅ ᕿᕙᒐᒐᒃ ᑐᒃgᕋᑦ ᓗᒍᑦᕿᒃdᑎ ᑕᑉ ᒧᑎᑉ ᐯᐅᒻᓗ ᖅᐅ quᐊᓕᒥ ᕙr ᕿᕙᒐᒐᒃ ᑎᒪᔪᐅᓂᒃg ᕿᑉ ᑎᒪᔪᐅᓄd ᐅᕝᕙr 5 ᓴᐊᑎ.

- ᕿᑉ ᑎᒪᔪᐅᓄd ᐃf ᔪu:
  - ᐊᔪ ᐊᑉ ᓕᐊᑎᑉ 25 ᓴᐊᑎ ᐅld, ᐊᒃd
  - ᐊᔪ ᐊ ᐅᒻᒪᒃ, ᑐᓐᑎᐱᓇᑉ ᐯrᓱᒃ, ᑉᕋᒃᑎᒪᑎᒪᑎᓕᓄ ᐯrᓱᒃ ᐅr ᓄᒃᐱᓇr ᐯrᓱᒃ ᐃᑉᖅ ᐊ ᕿᕙᒐx, ᐊᒃd
  - ᖅᐊᕝᕙ ᐅᕝᕙr ᖅᐊd ᓴxuᐊᒥ ᒍᒃᑕᒻᑉ ᐃᑉᖅ ᐊᓄᙱr ᐯrᓱᒃ, ᐊᒃd
  - ᑐ ᓄᑉ ᖅᐊᕝᕙ ᑎᑦᑉᑐᑦᑎ, ᓕᕿ ᑎfᕝᒐᒃᑉ bᓕᐅᑎᒃg ᐅr ᑎᑎᒐrᕿ (ᒻᓕᐊr ᐅr ᓴᒥᓄᑦ fluᐃd) fᕈᑦ ᙱ ᕙᑭᓇ (ᕿᓂᑕᒥ ᐅᐯᓂᒃg)
- ᔪu ᓇuld ᑎᑎᒥᒥ ᕿᑉ ᑎᒪᔪᐅᓄd ᐃf ᔪu:
  - ᖅᐊᕝᕙ ᖅᐊd ᙱ HPV ᕙᒻᒋᓄ
  - ᕝᐅᒥ ᖅᐅᐊᒥᑦᑉ
  - ᖅᐊᕝᕙ ᐯᐅᒃ ᑉᖅᕈug" ᒥᓄᐸᓴᑎ
  - ᖅᐊᕝᕙ ᓄᑉ ᖅᐊd ᐊᒃᑉ ᕙᒥᒥ ᒥᑦᐯrᑎ ᐃᑉᖅ ᕿᕙᒐᒐᒃ ᒐᒃᕿr
  - ᖅᐊᕝᕙ ᖅᐊd ᓴxuᐊᒥ ᒍᒃᑕᒻᑉ ᐃᑉᖅ ᐅᒃᒥᑉ 1 ᐯrᓱᒃ
  - ᖅᐊᕝᕙ ᖅᐊd ᙱ ᓴᒥ ᓴxuᐊᒥ ᐸrᑉᓕr ᕙr ᐊ ᓗᒃg ᑎᒥ
  - ᖅᐊᕝᕙ ᓄᑉ ᖅᐊd ᓴxuᐊᒥ ᒍᒃᑕᒻᑉ ᐃᒃ ᐊ ᓗᒃg ᑎᒥ

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ᐊᖁ ᐃᑦ ᐊ ᓴᒥ-ᓴx ᖁᓚᑎᐅᑦᑯᑊᔪu ᒪᑉ ᓄᐁd ᑐ ᕿᑊ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᐁᕝrᑉ 3 ᔭᐊrᑎ ᐃf ᔪu ᑊᐊᕝ ᐊ ᐁᐊᕿᓄd ᐃᑦᑦuᓄ ᑎᑦᑎᒐᑦx ᕗr ᐁxᐊᑦᓗ, ᐃf ᔪu ᐊᖁ ᓕᕕᑦg ᐃᑊᑊ ᑊᐃv/ᐊᐃdᑎ ᐅr ᑊᐊᕝ ᑊᐊd ᐊᑦ ᐅrbᑦ ᑊᕋᑦᑊᓚᑦᑊx

ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᐃᑎ ᐊᒐᑊ ᖁᒍᑦᕿᑦᑐd ᐊfᑐr ᕿᑊᑎᑦg ᑊᖁᐊᑐd ᕗr ᕿᒐ ᑕᑎᑦ ᐃᑦ ᑭ ᕿᕕxx ᐸᓴd ᐅᑦ ᑭ ᖁᑎᒐᑊᑎ ᐅf ᑲᑎ ᑊᖁᐊᑊᕿᑦ, ᔪur ᑐᒻᑐr, ᑦurᓴ ᑊᕋᒻᑎᑎᐅᓄr, ᑦurᓴ ᐅr ᒥdᐃᖁ ᐃᒐ ᓗᑦ ᔪur ᑐᒻᑐr, ᑦurᓴ ᑊᕋᒻᑎᑎᐅᓄr, ᑦurᓴ ᐅr ᒥdᐃᖁ ᐃᒐ ᑊᐁᒐ ᔪu ᑕᒥᑕ ᐃf ᔪu ᓕuld ᑎᑦ ᕿᑊ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg fᑭᑦ ᐊᕿ 65 ᑐ 69x ᔪur ᑐᒻᑐr, ᑦurᓴ ᑊᕋᒻᑎᑎᐅᓄr, ᑦurᓴ ᐅr ᒥdᐃᖁ ᒐᑦ ᑊᐁᒐ ᔪu ᑕᒥᑕ ᐃf ᔪu ᓕuld ᑎᑎᒐᒐ ᕿᑊ ᑎᒻᖁᓂᑦd ᐊfᑐr ᐊᕿ 69x

ᐅᑊᐊᑊ ᑊᐊᒐᐁᑦᑎ duᓇᑦg ᑭ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑐᑎᑊ?

ᑭ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑐᑎᑊ ᕝᐁᒐᑎ ᓕᕿ ᕿᑊᑎᑦg ᐊ ᐸᑊ ᑐᑎᑊx ᐊ ᑐᒻᑐr, ᑦurᓴ ᑊᕋᒻᑎᑎᐅᓄr, ᑦurᓴ ᐅr ᒥdᐃᖁ ᐃᒐ uᓴ ᐊ ᑎᒪᒐ, ᓱᒥᑊ bruᒡ ᑐ ᑕᕿ ᕿᒐᑎ ᑭᑦ ᑭ ᕿᕕx ᓱ ᑭ ᓚb ᒐᑦ ᑐᑎᑊ ᑭ ᕿᒐᑎ ᕗr ᑊᐁᑎ ᐅf ᑊᑊᐁ ᐊᑦd ᕿᒐ ᒐᑦᕿᑎx ᑭ ᐁrᓱᑦ ᑐᐃᑦg ᔪur ᑐᑎᑊ ᒐᑦ ᑊᒥᑊ ᑐ ᒪᕿ ᑭ ᑐᑎᑊ ᐊᑎ ᒍᑦᕗrᑕbᒥ ᐊᑎ ᐳᑎᓱbᒥ ᕗr ᔪux

ᐅᑊᐊᑊ ᑊᐊᒐᐁᑦᑎ ᐊfᑐr ᐊ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑐᑎᑊ?

ᔪu ᐃᒐ ᕿᑊ ᑭ ᖁᑎᑊ ᐅf ᔪur ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑐᑎᑊ bᑉ ᒪᐃᒐx ᑭ ᐁrᓱᑦ ᐅᑊᑕ ᑎd ᔪur ᑐᑎᑊ ᐃᒐ ᐊᒐᓱ ᕿᑊ ᐊ ᒍᑉ ᐅf ᔪur ᖁᑎᑊ ᐊᑦd ᒐᑦ ᐊᑦᓴr ᐊᑦᑉ quᐁᑎᑎᐅᑦᑎ ᔪu ᒪᑉ ᑊᐊᕿx ᑭᑉ ᒐᑦ ᐊᒐᓱ ᑕᒐᑊ ᐃᑦᑊ ᔪu ᐊᐳuᑉ ᓄxᑉ ᑎᒡᑎx

ᑊᐊᕕᑦg ᐊ ᑉᐁ ᐅf ᑊᑊᐁ ᑕᑉ ᒐᑦ ᓱᒥᑎᒥᑎ ᒐᖁᑊ ᕿᕕᒐᒐ ᒐᑦᕿᑦ ᑐᐁᑎ ᓄᑉ ᓄᕿᑎᓴᓇᒐᑉ ᒥᐊᑦ ᔪu ᑊᐊᕿ ᕿᕕᒐᒐ ᒐᑦᕿᑦ, buᑉ ᔪu ᒪᑉ ᓄᐁd ᐊᑦ ᐁxᐊᑦ ᒐᒐᓄd ᕿᕕᒐᒐ ᒍᒐᐳᑎᒍᑉ (ᓱᖁᑦdᑎ ᓕᕿ ᒐᒐ-ᐳᑎᑎ-b-ᐁᐁ)x

ᕿᕕᒐᒐ ᒍᒐᐳᑎᒍᑉ ᐃᑎ ᐊᑦ ᐁxᐊᑦ ᑐᓄ bᑉ ᐊ ᑎᐁᒥᐊᓕᑎᑉ ᑐᒻᑐr, ᑎᖁᑊ ᐊᑎ ᐊ gᑉᓄᒍᓗᑭᑎᑉx duᓇᑦg ᒍᒐᐳᑎᒍᑉ, ᑭ ᑎᐁᒥᐊᓕᑎᑉ ᕿᒻᑦ ᑭ ᕿᕕx ᒧᖁ ᒻᓗᓴᑉ ᑮᑦ duᓇᑦg ᐊ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑐᑎᑊ ᑐ ᓴᐁ ᐃf ᐊᑦᑉᕿᑦg ᑐᐁᑎ ᓄᑉ ᓗᑊ ᓄrᒪᒐx ᕿᑊᑎᑦg ᒍᒐᐳᑎᒍᑉ ᒐᑦ ᑊᐁᒐ ᔪu ᐊᕗᐃd ᕿᑊᑎᑦg ᕿᕕᒐᒐ ᒐᑦᕿx

ᐅᑊᐊᑊ ᒐᑦ ᐊfᑐᒻᑊ ᑉᑉ ᒐᑦᕿ ᐅf ᕿᑊᑎᑦg ᕿᕕᒐᒐ ᒐᑦᕿr?

ᔪu ᒐᑦ ᓗᐁr ᔪur ᒐᑦᕿ ᐅf ᕿᑊᑎᑦg ᕿᕕᒐᒐ ᒐᑦᕿr bᑉ ᕿᑊᑎᑦg ᑎᒻᖁᓄd ᖁguᓚrlᑉx ᔪur ᒐᑦᕿ ᐅf ᕿᑊᑎᑦg ᕿᕕᒐᒐ ᒐᑦᕿr ᑯᐁᑎ uᑊ ᐊᑎ ᔪu ᐊᕿ, ᐃf ᔪu ᑎᒧᕿ ᐊᑦd ᐃf ᔪu ᑊᐊᕿ ᐁᕝr ᑊᐊd ᓴxuᐊᑊ ᒍᑦᑕᒻᑊ ᐃᑊᑊ ᐊᓄᑭr ᐯrᓱᑦx ᕕᓱᑊ mycanceriq.ca ᑐ ᕕᑦd ᐅuᑊ ᒧᖁ ᐊᐳuᑊ ᑐᑊᐊᑊ ᒐᑦ ᐊfᑐᒻᑊ ᔪur ᒐᑦᕿ ᐅf ᕿᑊᑎᑦg ᕿᕕᒐᒐ ᒐᑦᕿx

ᑊᐅᑉ ᑐ ᒪᕿ ᐊᑦ ᐊᑊᐳᐃᑦᕿᑦᑊ ᕗr ᔪur ᑎᑦᑊ?

ᒐᒥ ᔪur ᑐᒻᑐr, ᑦurᓴ ᑊᕋᒻᑎᑎᐅᓄr, ᑦurᓴ ᐅr ᒥdᐃᖁ ᑐ ᐊᑦᑊ ᑭᑉ ᑐ ᑐ ᔪur ᑎᑦᑊ

-ᐅr-

uᓴ health811 ᐊᑦᑉ ᑎᕿ ᑐ ᕕᑦd ᐊ ᒻᓕᓂᒻ ᑮᑊ ᑐᐁᑎ ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑎᑦᑊ:

- ᓴᐊᒻᒥ ᕗr “ᕿᕕᒐᒐ ᑎᒻᖁᓂᑦg ᑎᑦᑊ” ᐊᑊ ontario.ca/healthservices
- ᑕᐊᒐ 811 (tty: 1.866.797.0007)
- uᓴ ᑭ ᓕᖁ ᒐᑊ ᐊᑊ ontario.ca/health811

ᕗr ᒧᖁ ᐃᑦᕗrᒪᑎᐅᑦ, ᑊᓗᐊᓴ ᕕᓱᑊ: ontariohealth.ca/cervical-test

ᓄᐁd ᕕᑎ ᐃᑦᕗrᒪᑎᐅᑦ ᐃᑦ ᐊᑦ ᐊᒻᕿᑦᓱᑉbᒥ ᕗrᒪᑊ? 1-877-280-8538, tty 1-800-855-0511, info@ontariohealth.ca.
ᑐᒻᖁᑦᑊ ᑎᑦᐳᓂbᒥ ᐁᑦ fᕿᑦçᐊᐃᑎ ᐁᑦ ᑭᑦᑕᒻᑕᑦᑊ info@ontariohealth.ca.