



## Frequently Asked Questions

### **Your Symptoms Matters-Prostate questionnaire: A Resource for Patients, Families, and Caregivers**

#### 1. What is the purpose of the **Your Symptoms Matters – Prostate Cancer** questionnaire?

The purpose of this questionnaire is for you to give your health care team an overall picture of how you are feeling from your cancer and/or treatment. This questionnaire asks specific questions about the following areas:

- Urinary incontinence
- Urinary irritation/obstruction
- Bowel Symptom
- Sexual function
- Vitality/hormonal symptoms

Your answers will help you and your team talk about your symptoms and develop strategies to improve the ones that are bothering you.

#### 2. Who is eligible to fill in the questionnaire?

- Prostate cancer patients not taking IV chemotherapy (through a needle into your blood)

#### 3. Why should I fill in the questionnaire?

- Telling your health care team about your symptoms helps them work with you to make a plan to manage your symptoms and side effects

#### 4. How long will this questionnaire take to complete?

- The questionnaire will take about 5 minutes to complete

#### 5. Why are there three questions asked before the **Your Symptoms Matters – Prostate Cancer** questionnaire?

These questions are asked to help determine who is eligible to fill in the Prostate Cancer questionnaire. Since this specific questionnaire is targeted to early-stage prostate patients, it is important to ask if:

- Today's visit is in regards to prostate cancer
- Whether you are currently taking chemotherapy as part of your prostate cancer treatment

This information will automatically bring up the correct questionnaire on **Your Symptoms Matter**. If you incorrectly selected a response, you are able to use the back button and reselect the correct responses. Do not hesitate to ask a volunteer for help, should you require any assistance.

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# Your Symptoms Matter

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6. How often do I fill in the **Your Symptoms Matters – Prostate Cancer** questionnaire?

**You** will be able to fill in the questionnaire at every visit. If it has been a week or less since completing the questionnaire last, you have the ability to skip it.

7. What will be done with my answers?

- Your healthcare team will look at your answers to see which symptoms, if any are bothering you
- Your answers will help you and your team talk about your symptoms and make a plan to manage them

8. Do I need to fill out the entire questionnaire?

- Try to answer all of the questions. If you cannot answer some questions, leave them blank.
- If you are not comfortable answering a question, you can leave it blank.

9. What if I have symptoms that are not part of the questionnaire?

**Your Symptoms Matter - Prostate Cancer** asks questions commonly experienced by patients with prostate cancer. If you are experiencing other symptoms or have other concerns please speak to your health care team about it directly.

10. What is Cancer Care Ontario (CCO)?

Cancer Care Ontario is a government agency that drives quality and continuous improvement initiatives in disease prevention and screening, the delivery of care and the patient experience, for cancer, chronic kidney disease as well as access to care for key health services.