Return your completed test as soon as possible. It is best to mail it or drop it off within 2 days.

Visit locations.lifelabs.com for drop-off locations and hours. If you live on a First Nation reserve, contact your health centre or nursing station to find out drop-off locations.

Before you close this envelope, remember to:

- Write the date you collected your stool (poop) on the FIT tube.
- Check that your name and date of birth are on the FIT tube. If they are not on the tube or if they are wrong, call 1-833-676-1426.

Your poop collection date:

Date of birth:

15/NOV/1963