Before you close this envelope, remember to:

1. Your poop collection date:
   
2. Date of birth:
   
3. Check that your name and date of birth are on the FIT tube. If they are not on the tube or if they are wrong, call 1-833-676-1426.

4. Write the date you collected your stool (poop) on the FIT tube.

5. Return your completed test as soon as possible. It is best to mail it or drop it off within 2 days.

Visit locations.lifelabs.com for drop-off locations and hours. If you live on a First Nation reserve, contact your health centre or nursing station to find out drop-off locations.

6. Exempt Human Specimen/Spécimen Humain Exempté

7. Jiw, ᐱᐱ ᖒᐸ ᓂᔓᑯᓐ ᐃᔑᓭᒃ

8. ᖱᔑᐱᐊᓐ ᖐᓈᐸᑦ ᑎᓐᑎ ᑭᒋᑦ ᐱᑲᓐᒋᓐ ᐊᔑᑐᐱᑎᓐ ᑫᒪ ᒪᒋᓂᔕᐊᒪᓐ

Please do not include your name or address on the envelope.

LifeLabs
6560 Kennedy Road
Mississauga, ON L5T 2X4

1-833-676-1426