FIT

1. Collection date: 
2. Date of birth: 
3. In the toilet: 
4. Preparation: 
5. Bad results: 
6. Collection: 
7. Mailing: 
8. Follow-up: 

LifeLabs

6560 Kennedy Road
Mississauga, ON
L5T 2X4

Please do not include your name or address on the envelope.

Veuillez ne pas préciser votre nom ou votre adresse sur l'enveloppe.

Exempt Human Specimen/Spécimen Humain Exempté

If you live on a First Nation reserve, contact your health centre or nursing station to find out drop off locations.

Return your completed test as soon as possible. It is best to mail it or drop it off within 2 days.

Visit locations.lifelabs.com for drop-off locations and hours.

Write the date you collected your stool (poop) on the FIT tube.

Check that your name and date of birth are on the FIT tube. If they are not on the tube or if they are wrong, call 1-833-676-1426.

If you are under 50 years old, you should have your first test at 50 years old. However, if you have a higher risk of colorectal cancer, your first test may be earlier.

If you are over 50 years old, you should have a test every 2 years.

If you have a family history of colorectal cancer, you should have a test every year.

If you have a history of inflammatory bowel disease, you should have a test every 2 years.

If you have a history of colorectal cancer or polyps, you should have a test every year.

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