Spring Provincial Colposcopy Community of Practice (CoP)

Webinar 2

JUNE 18, 2021, 7:30 - 9:00 A.M.

Recommended browser for Microsoft Teams: Google Chrome



With Thanks





Housekeeping items

- Please mute yourself when you are not speaking
- Please turn off your webcam to minimize connection issues
- Please use the chat box to ask questions or share comments; <u>do</u> <u>not</u> use the "raise hand" option
- During the case studies, polls will appear on your screen or in the chat box



Accreditation

- Today's session is a Royal College of Physicians and Surgeons Accredited Group Learning Activity
- To receive a letter of accreditation for 1.5 credit hours, you must:
 - Participate in today's event
 - Be registered as a member of the CoP
 - Complete and submit the post-webinar evaluation survey



Thank you to our CoP Planning Committee

Dr. Paul Gurland Dr. Felice Lackman Dr. Keiyan Sy Dr. Laura White



Welcome to the Colposcopy Community of Practice (CoP) spring webinar

Please note that this session will be recorded and will be available on the Colposcopy CoP Resources Hub in the coming weeks. You can access the hub here: <u>www.cancercareontario.ca/en/colposcopy-resources-hub</u>



Agenda

Item	Presenter	Time
Welcome and introductions	Dr. Joan Murphy	7:30-7:35 am
Ontario Cervical Screening Program (OCSP) updates	Dr. Joan Murphy	7:35-7:45 am
Cervical screening and colposcopy during COVID-19: What we are seeing at the provincial level	Dr. Joan Murphy and Dr. Rachel Kupets	7:45-7:50 am
Cervical screening and colposcopy quality reporting	Dr. Rachel Kupets	7:50-8:00 am
 Case studies: Discharge from colposcopy post-treatment Discharge from colposcopy for untreated patients 	Dr. Joan Murphy and Dr. Rachel Kupets	8:00-8:40 am
Questions from the field	Dr. Joan Murphy	8:40-8:55 am
Concluding remarks	Dr. Joan Murphy	8:55-9:00 am



Learning objectives

Following this meeting, participants will better understand:

- The impact of the COVID-19 pandemic on cervical screening and colposcopy services in Ontario
- Risk-based assessment for discharge from colposcopy for treated and untreated patients
- What to communicate to primary care providers when discharging people from colposcopy
- Appropriate use of human papillomavirus (HPV) testing according to current OCSP recommendations when accessible



Ontario Cervical Screening Program updates

Contact your Regional Cervical Screening and Colposcopy Lead (CSCL) for screening or colposcopy related questions

Regional Cancer Program	CSCL name
1. Erie St. Clair	Dr. Rahi Victory
2. South West	Dr. Robert DiCecco
3. Waterloo Wellington	Dr. Emma Wakim
4. Hamilton Niagara	Dr. Dustin Costescu
5/6. Central West / Mississauga Halton	Dr. Paul Gurland
7. Toronto Central	Dr. Michael Shier
8. Central	Dr. Felice Lackman
9. Central East	Dr. Nathan Roth
10. South East	Dr. Elena Park
11. Champlain	Dr. Hélène Gagné
12. North Simcoe Muskoka	Dr. Laura White
13. North East	Dr. Jennifer Jocko

For CSCL contact information, please email us at ColposcopyCoP@ontariohealth.ca

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Age of initiation

- Primary care providers are encouraged to initiate cervical screening at age 25
 - Based on evidence that there is minimal benefit in cervical screening for people under the age of 25
 - This guidance is aligned with other organized cervical screening programs in Canada such as British Columbia, Alberta, and Nova Scotia



Updates to provider resources

- Relevant webpages have been updated to reflect new guidance
- OCSP provider tool has also been

Ontario Cervical Screening Program (Screening Recommendations Summary

Current cytology-based recommendations

for eligible participants with a cervix who have ever been sexually active

Initiation

Age \geq 25 is the preferred age of initiation. See below for guidance on change from starting at age \geq 21*

Initiation

Age \geq 25 is the preferred age of initiation. See below from guidance on change from starting at age \geq 21*

Every **3 years with cytology** if screening test is negative

Age 70 if person has had **3 negative cytology results** in routine screening in the previous 10 years

*Guidance during the change to human papillomavirus (HPV) testing

Ontario Health (Cancer Care Ontario) is working with the Ministry of Heath to implement HPV testing in cervical screening in Ontario. Until then, please continue to use cytology-based screening. Recommendations from the Canadian Task Force on Preventive Health Care and recent evidence support a higher age of initiation for cervical screening (with cytology or HPV testing). Primary care providers are encouraged to initiate cytology-based screening at age 25 now. Please note, primary care cancer screening tools and resources are not yet aligned with this guidance and will be updated with HPV implementation^a.

SL

Screening pathway

Anyone with a cervix¹
 Age ≥ 25 (or 21*)
 Asymptomatic²

¹ These guidelines apply to anyone with a cervix including: women; pregnant people; transmen; non-binary people; people who have undergone a subtotal hysterectomy; and people who have been vaccinated with the HPV vaccine.

² Any visible cervical abnormalities or abnormal symptoms must be investigated. Consider referral to a specialist (e.g., colposcopist, gynecologist, gyne-oncologist).

Update on HPV testing implementation

Ongoing work

- Finalizing Request for Proposals for a provincial HPV test system vendor and laboratory services for HPV testing and cytology
- Working with the Ministry of Health to obtain Treasury Board approval for procurements
- Working with the Ministry of Health on updates to the Physician Services Schedule of Benefits
- Updating OCSP information technology systems (e.g., data collection, correspondence, screening activity report, reporting and analytics)
- Preparing resources for provider change management (e.g., FAQs, continuing professional development modules)
- Updating cervical screening recommendations and best practice pathways for screening-related colposcopy



Updating the OCSP screening and colposcopy recommendations

- Key areas under review
 - HPV-based algorithms for screening and colposcopy
 - Screening cessation
 - Management of patients with AGC/AIS
 - Management of people under age 25 in screening and colposcopy
 - Screening for people who are immunocompromised
 - Repeat testing post-unsatisfactory cytology and/or invalid HPV test result
 - Vaginal vault testing for patients with total hysterectomy



Approach to finalizing the updated recommendations



Timelines for expert panel meetings





OCSP is moving towards risk-based care

Future cervical screening and colposcopy recommendations will be based on risk of cervical intraepithelial neoplasia 3+ (CIN3+)

- Risk of CIN3+ is based on combination of cytology and HPV test result, and type of HPV infection
- Recommendation for next step is based on immediate risk of CIN3+
- Subsequent recommendations (e.g., next screening interval) are based on 5-year risk of CIN3+

Equal management for equal risk



Launch date





Cervical screening and colposcopy during COVID-19: What we are seeing at the provincial level

COVID-19 tip sheets about screening and colposcopy

Created to supplement guidance on resumption of healthcare services issued by the Ministry of Health* and Ontario Health:

- COVID Tip Sheet for Primary Care Providers #15: Guidance for Resumption of Cancer Screening
- COVID-19 Tip Sheet for Facilities Performing Colposcopy #12: Guidance for Increasing Colposcopy

Tip sheets are available here: www.cancercareontario.ca/en/guidelinesadvice/covid-19-resources/cancer-screening-during-covid-19



Guidance for resumption of cervical screening

- People with a first time LSIL or ASCUS should be rescreened with cytology at approximately **12 months**
 - Colposcopy referrals for people with first time ASCUS or LSIL results should be declined
- However, people with a first time LSIL or ASCUS who have had an HPV test and are HPV 16/18 positive should be referred to colposcopy



Guidance for colposcopy services during the pandemic

- Colposcopy tip sheet provides framework for prioritization of colposcopy services
- Risk-based approach based on Ontario data and evidence from the literature used to determine priority level of screening abnormalities referred to colposcopy
- Each priority level corresponds to a person's immediate risk of CIN3+ and is based on recent cervical screening history (i.e. cytology and/or HPV test result)



Prioritization framework from COVID-19 Tip Sheet

Priority/Risk-based threshold	Cytology result	HPV status where available	
	AIS		
B1 Immediate risk for CIN3+ > 15%	HSIL+	Regardless of HPV status	
	AGC	Regulatess of the status	
	ASC-H		
	ASCUS	UDV/16/19 positivo	
B2	LSIL		
Immediate risk of CIN3+ is 7% -	LSIL, LSIL		
15%	LSIL, ASCUS	Unknown	
	ASCUS, LSIL	Onknown	
	ASCUS, ASCUS		
С	ASCUS	Unknown or HPV positive for non	
Immediate risk for CIN3+ < 7%	LSIL	16/18	

Patients with immediate risk of CIN3+ <7% should **not** be referred to colposcopy

Cheung LC, Egemen D, Chen X, Katki HA, Demarco M, Wiser AL et al. 2019 ASCCP Risk-based management consensus guidelines: methods for risk estimation, recommended management, and validation. J Low Genit Tract Dis .2020 Apr;24(2):90.

Demarco M, Carter-Pokras O, Hyun N, Castle PE, He X, Dallal CM, et al. Validation of a human papillomavirus (hpv) dna cervical screening test that provides 23 expanded hpv typing. J Clin Microbiol. 2018 May 1;56(5):e01910-17.

Kupets R, Paszat L. How are women with high grade pap smear abnormalities managed? A population based study. Gynecol Oncol. 2011 Jun 1;121(3):499-504.

Pap test volumes by month



As of March 2021, Pap tests done as part of the OCSP are down by 11% compared to 2019 volumes



Colposcopy volumes by month



As of March 2021, colposcopy volumes are down by 9% compared to 2019 volumes

Participants with high grade Pap test results awaiting colposcopy



- Primary care providers need to ensure that people with high grade results are referred to colposcopy
- Colposcopists need to ensure that people with high grade results are prioritized for colposcopy



Cervical screening and colposcopy quality reporting

Developing a quality management program

Standards and Guidelines:

• Survey and report facilities' adherence to quality standards

Quality Reporting (annual audit & feedback):

- Launched in 2016 Colonoscopy provincial, regional,
 - facility (n=157) & physician (n=931) levels
- Launched in 2016 Mammography provincial, regional, facility (n=239) & physician (n=541) levels
- Launching in 2021 Colposcopy provincial, regional, facility (~90)
 & physician (n=440)* levels



Clinical Leadership:

- Facility, regional, provincial leadership roles
- Lead QI discussions with physicians



Quality Improvement (QI) Resources:

- Develop QI training tools
- Deliver QI supports

Colposcopy quality standards and indicators

- Reports provide an overview of quality measured by select standards and indicators
 - Includes regional and provincial comparators
- Nine quality standards for colposcopy have been developed
 - Communicate priorities for colposcopy quality
 - Assist facilities with focusing their QI efforts
- Facility survey was sent to all facilities providing colposcopy services (hospitals and non-hospitals) in February 2021 (closed: April 30, 2021)
 - Facility survey will assess adherence to and help foster adoption of these standards



Sample Facility Report: Standards

Cervical Screening and Colposcopy Quality Facility Report (Release Year 2021) Facility: [NAME] Region: [NAME]





Ontario Health Cancer Care Ontario

Sample Facility Report: Performance Indicators





Recipients of quality reports

Audience	Provincial Report*	Regional Report & Facility Summary	Facility Report	Physician Report
Provincial Clinical & Scientific Lead	Х	Х	Х	X
Cervical Screening/	Х	X (their region)	X (thoir rogion)	X (their region)
Regional Vice Presidents	X	(their region)	X	
Regional Directors	Х	X (their region)	X (their region)	
Facility leads, administrative and executive contacts	Х		X (their facility)	
Colposcopists	TBD			X (their report)



Facility onboarding approach

Introductory email with contact request form

- To hospital CEOs (November 2020)
- To non-hospital facility contacts (February 2021)
- Objective: Identify facility contacts

Welcome email

- To facility quality leads, administrative contacts, executive contacts
- Objective: Provide an overview of roles and upcoming activities



Status of facility onboarding (as of May 25, 2021)

Facility type	Total number of facilities that received onboarding communications	Number of returned contact request forms	Percentage of facilities that returned contact request forms
Hospitals	59	59	100%
Non-hospitals	94*	31	33%*
TOTAL	153	90	59%

*A total of 112 non-hospital facilities were identified; 94 have received onboarding communications to date as contact information for the remaining facilities is being confirmed.



Next Steps

- Report Dissemination: September 2021
- Following report dissemination, teleconferences to be scheduled for report recipients to learn more about the reports, report outcomes and Q&As
- If you would like to confirm if your facility (hospital and nonhospital) will be receiving a report, please email: <u>cancerscreening@ontariohealth.ca</u>



Case study 1: Discharge from colposcopy post-treatment

- A 38 year old patient is seen for cervical screening during the COVID-19 pandemic. A cytology test is done
 - Result: ASC-H
- The risk of CIN3+ with an ASC-H cytology result is >24%¹
 - Risk exceeds the threshold to colposcopy outlined in the COVID-19 Tip Sheet → referral to colposcopy is recommended
- Patient is referred to colposcopy

ASC-H: atypical squamous cells; cannot exclude high-grade squamous intraepithelial lesion

Ontario Health 1. Morantz, C. A. (2006). ACOG Releases Guidelines for Management of Abnormal Cervical Cytology and 37 ancer Care Ontario Histology. Am Fam Physicians. 15;73(4):719-729

Risk by HPV subtype and referral cytology

						CIN 3+	
Past history	Current HPV	Current cytology	n ^a	% ^b	CIN 3+ cases	immediate risk, %	CIN 3+ 5-y risk, %
Unknown	HC2	ASC-H	3,766		863	26	33
	HPV 16		155	1.3%	77	28	33
l	HPV 18	HPV 18 29	0.28%	.28% 9	15	18	
	HR12		179	2.0%	40	9.5	11

Immediate CIN3+ risk for ASC-H exceeds colposcopy referral threshold

Demarco M, Egemen D, Raine-Bennett TR, et al. A Study of Partial Human Papillomavirus Genotyping in Support of the 2019 ASCCP Risk-Based Management Consensus Guidelines. J Low Genit Tract Dis 2020;24:144–7.





A biopsy is performed

• Result: CIN3/HSIL

Treatment with loop electrosurgical excision procedure (LEEP) is performed

Result: CIN3 with negative margins

What is the next follow-up step?

- A. Repeat colposcopy + cytology in 6 months
- B. Repeat colposcopy + cytology in 12 months
- C. Repeat treatment with LEEP





circumstances must be employed

Colposcopy is repeated at 6 months post-treatment

Result: colposcopy negative, cytology NILM

Colposcopy is repeated at 12 months post-treatment, and patient requests an HPV test

• Result: colposcopy negative, cytology NILM, HPV-

Is the risk of recurrence sufficiently low for discharge from colposcopy?

- A. Yes
- B. No



NILM: negative for intraepithelial lesion or malignancy

5-year risk of CIN2+ recurrence by follow-up strategy post treatment



Reference: Katki HA, Schiffman M, Castle PE, et al. Five-year risk of recurrence after treatment of CIN 2, CIN 3, or AIS: performance of HPV and Pap cotesting in posttreatment management. J Low Genit Tract Dis 2013;17(5 Suppl 1):S78–84.

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What recommendation for next screening test should be communicated to the patient and family doctor?

- A. Next cytology screening test in 1 year
- B. Next cytology screening test in 3 years
- C. Next cytology screening test in 5 years
- D. Follow-up in colposcopy in 6 months



FINAL DISCHARGE RECOMMENDATIONS COLPOSCOPY SERVICES

Colposcopist name:

Contact information:

Date:

Patient identifier:	

This patient is now discharged from colposcopy. She requires Pap screening by a primary care provider:

Every three years (routine cervical screening)

Every year (surveillance)

Re-referral to colposcopy in the future should be guided by her screening results.

According to the Ontario Cervical Screening Program's recommendations, whether or not a woman has been treated, further colposcopic examinations are not required and she can be discharged to primary care if:

HPV testing was not done	HPV testing was done
Colposcopy negative AND negative cytology on 3 consecutive visits. Pap screening every 3 years by a primary care provider.	HPV test is negative AND normal or low-grade cytology. Pap screening every 3 years by a primary care provider.
These patients are at very low risk for high- grade dysplasia or cervical cancer.	These patients are at very low risk for high- grade dysplasia or cervical cancer.
Colposcopy negative AND any combination of normal or low-grade cytology on 3 consecutive visits. Pap screening every year by a primary care provider.	HPV test is positive AND normal or low-grade cytology. Pap screening every year by a primary care provider.
These patients are at slightly elevated risk for high-grade dysplasia or cervical cancer and should be screened annually .	These patients are at slightly elevated risk for high-grade dysplasia or cervical cancer and should be screened annually .





Case study 2: Discharge from colposcopy for untreated patients

- A 28 year old patient is seen for cervical screening during the COVID-19 pandemic. A cytology test is done
 - Result: LSIL
- The patient also requests an HPV test (i.e.: patient pay). An HPV test is done
 - Result: positive for HPV 16/18
- The risk of CIN3+ with a LSIL cytology and HPV 16/18 positive result is 7-15%
 - Risk exceeds the threshold to colposcopy outlined in the COVID-19 Tip Sheet → referral to colposcopy is recommended
- Patient is referred to colposcopy



The patient was seen 6 weeks later in colposcopy. The colposcopist sees a mild aceto white lesion. A biopsy is performed

• Result: LSIL

What is the next follow-up step?

- A. Repeat colposcopy in 1 year +/- HPV exit test
- B. Perform treatment with LEEP
- C. Discharge to primary care for repeat cytology test in 12 months





Colposcopy is repeated in 12 months with HPV exit test

• Result: colposcopy negative, cytology LSIL, HPV-

Is the risk of CIN3+ sufficiently low for discharge from colposcopy?

- A. Yes
- B. No



What recommendation for next screening test should be communicated to the patient and family doctor?

- A. Next cytology screening test in 1 year
- B. Next cytology screening test in 3 years
- C. Next cytology screening test in 5 years
- D. Follow-up in colposcopy in 6 months



FINAL DISCHARGE RECOMMENDATIONS COLPOSCOPY SERVICES

Colposcopist name:

Contact information:

Date:

Patient identifier:	

This patient is now discharged from colposcopy. She requires Pap screening by a primary care provider:

Every three years (routine cervical screening)

Every year (surveillance)

Re-referral to colposcopy in the future should be guided by her screening results.

According to the Ontario Cervical Screening Program's recommendations, whether or not a woman has been treated, further colposcopic examinations are not required and she can be discharged to primary care if:

HPV testing was not done HPV testing was done		
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These patients are at very low risk for high- grade dysplasia or cervical cancer.	These patients are at very low risk for high- grade dysplasia or cervical cancer.	
Colposcopy negative AND any combination of normal or low-grade cytology on 3 consecutive visits. Pap screening every year by a primary care provider.	HPV test is positive AND normal or low-grade cytology. Pap screening every year by a primary care provider.	
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CIN3+ risk at 1 vs. 3-year post-colposcopy for LG referral cyto and <CIN2 detected

TABLE 2. Risk of CIN 3+ by Reason for Colposcopy Referral and HPV Status for Women in the Precolposcopy and Postcolposcopy Groups

		1 year risk	x of CIN 3+	3 years ri	sk of CIN 3+	
		Precolposcopy ^c	Postcolposcopy ^d	Precolposcopy ^b	Postcolposcopy ^d	
Reason for colposcopy referral ^{a,b}		Risk ^e Risk ^e		R isk ^e	Risk ^e	
HPV+	HSIL+	44.4 (42.6, 46.2)	7.69 (0.29, 15.0)	45.4 (43.6, 47.3)	9.3 (0.27, 18.3)	
	ASC-H	22.2 (20.8, 23.6)	4.7 (1.7, 7.7)	23.9 (22.4, 25.4)	6.5 (2.2, 10.8)	
	AGC	23.6 (21.0, 26.4)	5.6 (1.3, 9.9)	26.0 (23.3, 28.9)	8.0 (1.5, 14.5)	
	LSIL	3.9 (3.6, 4.2)	(1.1(0.71, 1.5))	4.6 (4.3, 5.0)	1.8 (1.1, 2.6)	
	HPV+ ASC-US	4.3 (4.1, 4.5)	1.3 (1.0, 1.6)	5.2 (4.9, 5.4)	2.2 (1.6, 2.8)	
	HPV+ NILM	3.4 (3.1,3.8)	1.1 (0.73, 1.6)	4.5 (4.1, 4.9)	2.1 (1.2, 3.0)	
	1.	1 – 1.3% at 1 yea	r	Risk goes up slig	ghtly to	
				1.8 – 2.2% at 3	years	



Reference: Demarco M, Cheung LC, Kinney WK, et al. Low risk of cervical cancer/precancer among most women under surveillance postcolposcopy. J Low Genit Tract Dis 2018;22:97–103.

CIN3 incidence rate stratified by index cytology





Reference: Ontario data

Invasive cancer incidence rate stratified by index cytology



CIN3 incidence rate stratified by index biopsy



Reference: Ontario data

Invasive cancer incidence rate stratified by index biopsy



-No Biopsy ---- Negative ---- LSIL

*There were only 2 cases of ICC during 5-year follow-up of negative biopsy ^There were zero cases of ICC during 5-year follow-up of biopsy confirmed LSIL



Reference: Ontario data

Summary

- Important to consider risk when discharging from colposcopy
- Risk of CIN3 and of invasive disease is low
- HPV clearance supports return to population risk screening
- Must provide specific recommendations to primary care providers for next screening test at discharge from colposcopy



Questions from the field

Questions from the field

Question:

• What are the management recommendations for people post-hysterectomy?

Answer:

Currently out of scope for the OCSP



Vaginal cancer and VaIN2/3 post hysterectomy is rare

Number of years from hysterectomy to ValN2/3, in- situ or vaginal cancer following CIN3+ between 2010 and 2015	Number of individuals	Percent
Total	3301	100.0%
0-1 year	26	0.8%
1-2 years	15	0.5%
2+ years	12	0.4%
No VaIN2/3, in-situ or vaginal cancer	1/10	98.4%

Total number of VaIN2/3, in-situ or va

Incidence rate of VaIN2/3, in-situ or value hysterectomy

Vaginal cancer is rare 473 new cases reported in 2012-2016 in Ontario¹

1. Ontario Statistics, 2020



VaIN: vaginal intraepithelial neoplasia

Questions from the field

Question:

 When should colposcopy be stopped in diethylstilbestrol (DES) daughters if colposcopy reveals adenosis, negative biannual exam and negative cytology at age 70?

Answer:

Currently out of scope for the OCSP; individual clinical judgement is required



Concluding remarks

Accreditation

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim up to a maximum of 1.5 hours (credits are automatically calculated).

In order to obtain your certificate of participation, you <u>must</u> fill out our survey that will be emailed to you following this meeting.



What's next?

- Please ensure you fill out the post-webinar survey survey link will be emailed to CoP webinar attendees
- Next CoP webinar: fall 2021 (dates TBD)
- Share your feedback and questions with us at <u>ColposcopyCoP@ontariohealth.ca</u>





