



## SILENTENTENT

**Christian Ryan** 

**Ezra Claytan Daniels** 

Writer

Illustrator

Christian Ryan

Focus group short

Sean Muir

Focus group testing and editor

**Healthy Aboriginal Network** 

Publisher

Acknowledgements

Alison Palmer, Kali Leary, Paleah Black Moher, Kevin Linn, Spencer Edelman, Tracy Torchetti

The content in this comic book may stir up unpleasant feelings or thoughts, particularly if you or someone you know has experienced cancer. Please consider reading it with a family member or friend.

The events and characters appearing in this work are fictitious. Any resemblance to real persons, living or dead, or places, is purely coincidental and unintended.

© 2017 Cancer Care Ontario

All rights reserved. This book or any portion of it may not be reproduced or used without the permission of Cancer Care Ontario.

First edition: 2017

Developed in partnership with the following organizations:





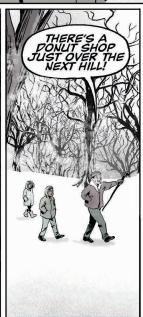
















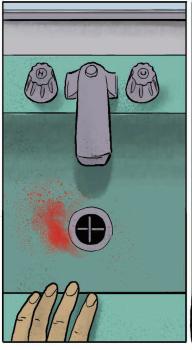


































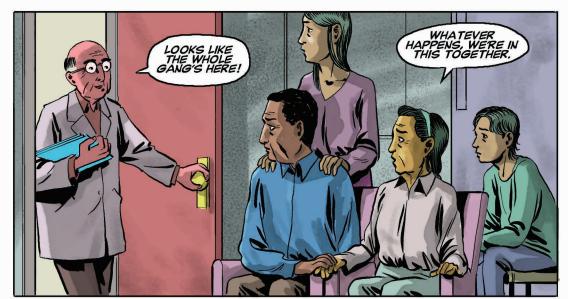




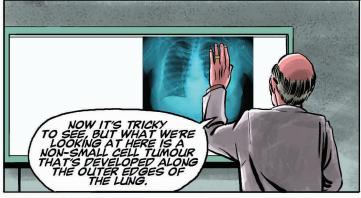






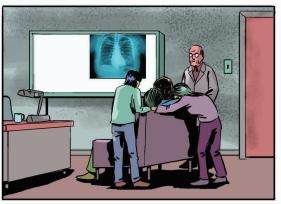




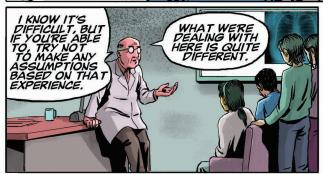




















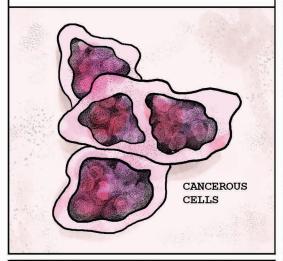




4 out of 10 Canadians develop cancer some time in their lives.



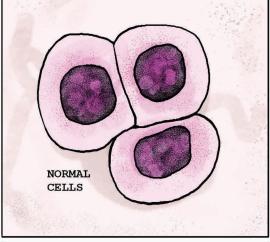
Cancer starts small - in a single cell.



Cancer happens when damaged cells aren't fixed and grow out of control.



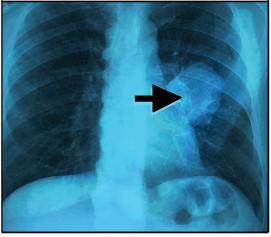
The body has trillions of cells - such as bone cells, skin cells, and brain cells.



If a cell gets damaged, your body fixes or removes it.



Some cancer cells clump together and form lumps or tumours. They invade their neighbours, stopping them from working right.

















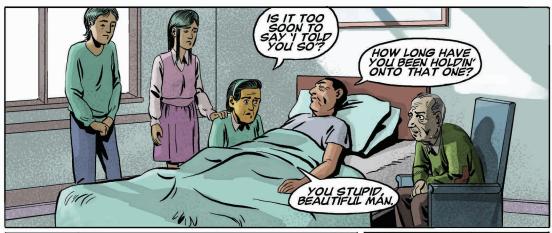




















































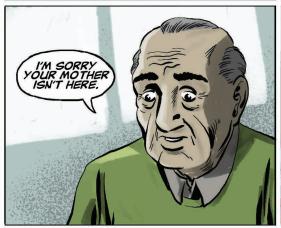












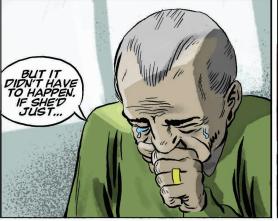




























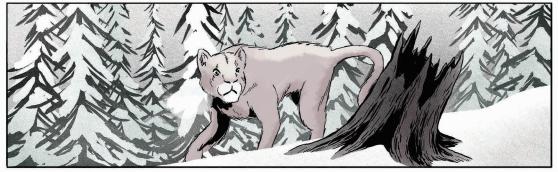


















EACH CYCLE WILL CONSIST OF AN INJECTION OF AN ANTI-CANCER DRUG, A FEW TIMES A WEEK, FOLLOWED BY A PERIOD OF REST.



THERE WILL BE SOME PAIN AND SIDE EFFECTS FOLLOWING THE TREATMENTS.



NAUSEA AND VOMITING AREN'T UNCOMMON, AND YOU'LL MOST LIKELY SUFFER SOME FATIGUE,



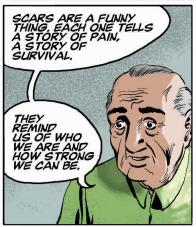
WE'LL PRESCRIBE DRUGS TO HELP WITH THAT, BUT A STRONG SUPPORT SYSTEM WILL BE ESSENTIAL.



AND THERE'S A GOOD CHANCE YOU'LL PROBABLY LOSE SOME HAIR.























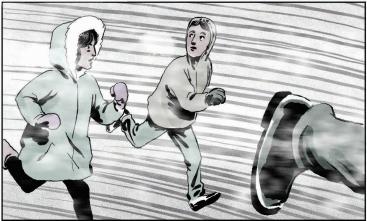










































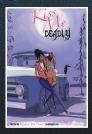
## Check out our other books...



Lost Innocence - A fictional story (but based on documented real life experiences of survivors) of a brother and sister's residential school experience in the 1930's. It's our longest book at 64 pages and has a truth and reconciliation theme.



It Takes a Village - Our maternal child health book is about Lara, a young mom-to-be that is visited by Danis, a stranger. Danis teaches Lara the importance of eating healthy foods, avoiding alcohol, breastfeeding, keeping dad involved and bonding with your baby.



Kiss Me Deadly - Interlinking stories cover a variety of issues in our sexual health comic book – from respect and communication in relationships to pregnancy and sexually-transmitted infections – as well as exploring sexual health as a career or youth-led project and the concept of two-spirit people.



**River Run -** The story of a group of youth that learn the traditional use of tobacco while on a canoe trip. One of the youth, who smokes, gets her world opened up along the way.



**Just a Story -** Wendy doesn't have any friends her age and feels overwhelmed at school. Her little brother is more social but he's quick to lose his temper and get into fights. Something is clearly bothering them both. Good thing they're open to getting help and breaking down the stigma of mental health.



An Invited Threat - is about a family's realization that the food they eat and make available to their community is not good for them. It's about making healthy decisions now, rather than waiting until it's too late.

## Healthy Aboriginal Network

3322 Comox Road, Courtenay, BC, V9N 3P8

Phone: 250-898-1193

sean@thehealthyaboriginal.net

Cancer Care Ontario supports health professionals, organizations and policy-makers with the most up-to-date cancer knowledge and tools to prevent cancer and deliver high-quality patient care.

Cancer Care Ontario actively engages people with cancer and their families in the design, delivery and evaluation of Ontario's cancer system, and works to improve the performance of Ontario's cancer system by driving quality, accountability, innovation and value.

This comic was developed by Cancer Care Ontario's Aboriginal Cancer Control Unit, whose work addresses cancer among First Nations, Inuit and Métis (FNIM) communities in Ontario.

If you have any questions, please email us at accu@cancercare.on.ca

Need this information in an accessible format? 1-855-460-2647, TTY 416-217-1815 publicaffairs@cancercare.on.ca