Cancer Care Ontario

## Expanded Prostate Cancer Index Composite for Clinical Practice (EPIC-CP) Prostate Cancer Quality of Life (QOL)

Patient Name:\_\_\_\_\_

Physician:

\_Date of Birth: \_\_\_\_\_

Date of Visit:

**Patients:** Please answer the following questions by circling the appropriate answer. All questions are about your health and symptoms in the **LAST FOUR WEEKS.** 

## Select ONE answer for each question:

1. Overall, how much o	f a problem has your urii	nary function been for yo	ou?	
No Problem	Very small problem	Small problem	Moderate problem	Big problem

2. Which of the follo	wing best describes your urir	nary control?			
0-Total control	1-Occasional dribbling	2-Frequent dribbling	4- No urinary control		
3. How many pads or	<sup>.</sup> adult diapers per day have y	ou been using for urin	nary leakage?		
0-None	1-One pad per Day	2-Two pads per Day	4- Three or more pads		
4. How big a problem	n, if any has urinary dripping	or leakage been for yo	ou?		
0-No problem	1-Very small problem	2-Small problem	3-Moderate problem	4-Big problem	
	CLINICIANS: Add the answers from	questions <b>2-4</b> to calculate t	he <b>Urinary Incontinence Sym</b>	ptom Score (out of 12)	

No problem	Very small problem	Small problem	Moderate problem	Big problem	
0	1	2	3	4	
0	1	2	3	4	
0	1	2	3	4	
	No problem 0 0 0 0 0	No problemVery small problem01010101	No problemVery small problemSmall problem012012012		

	No problem	Very small problem	Small problem	Moderate problem	Big problem
a. Rectal pain or urgency of bowel movements	0	1	2	3	4
b. Increased frequency of your bowel movements	0	1	2	3	4
c. Overall problems with your bowel movements	0	1	2	3	4
d. Bloody stools	0	1	2	3	4

7. How do you rate	your ability to reach	orgasm (climax)?			
0- Very good	1-Good	2-Fair	3-Poor	4-Very poor to none	

8. How would you describe the usual quality of your erections?					
0- Firm enough for	1-firm enough for masturbation	2-Not firm enough for any	4-None at		
intercourse	and foreplay	sexual activity	all		

9. Overall, how much of a problem has your sexual function or lack of sexual function been for you?					
0-No problem	1-Very small problem	2-Small problem	3-Moderate problem	4-Big problem	



10. How big a problem, if any,	has each of the follow	ving been for you?				
	No problem	Very small problem	Small problem	Moderate problem	Big problem	
a. Hot flashes or breast tenderness/enlargement	0	1	2	3	4	
b. Feeling depressed	0	1	2	3	4	
c. Lack of energy	0	1	2	3	4	
CLINICIANS: A	<b>DD</b> the answers from ques	tion s <b>10a-10c</b> to calcula	te the Vitality/Horn	nonal Symptom So	core(out of 12)	

CLINICIANS: ADD the five domain summary scores to calculate the Overall Prostate Cancer QOL Score (out of 60)

