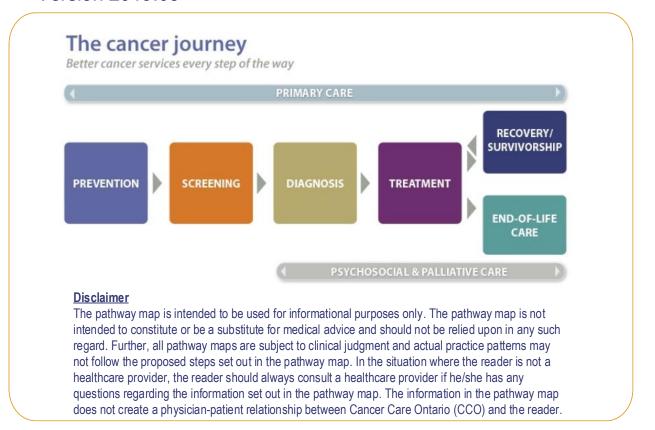


Esophageal Cancer Diagnosis Pathway Map

Version 2019.05





Target Population

Patients who present with signs or symptoms suspicious of esophageal cancer.

Pathway Map Considerations

- Primary care providers play an important role in the cancer journey and should be informed of relevant tests and consultations.
 Ongoing care with a primary care provider is assumed to be part of the pathway. For patients who do not have a primary care provider, Health Care Connect, is a government resource that helps patients find a doctor or nurse practitioner.
- Throughout the pathway, a shared decision-making model should be implemented to enable and encourage patients to play an active role in the management of their care. For more information see Person-Centered Care Guideline and EBS #19-2 Provider-Patient Communication*
- Hyperlinks are used throughout the pathway to provide information about relevant CCO tools, resources and guidance documents.
- The term 'health care provider', used throughout the pathway, includes primary care providers and specialists, nurse practitioners, and emergency physicians.
- For more information on Organized Diagnostic Assessment refer to the **Organizational Standards**
- Psychosocial oncology (PSO) is the interprofessional specialty concerned with understanding and treating the social, practical, psychological, emotional, spiritual and functional needs and quality-of-life impact that cancer has on patients and their families. Psychosocial care should be considered an integral and standardized part of cancer care for patients and their families at all stages of the illness trajectory. For more information, visit EBS #19-3*
- Counseling and treatment for smoking cessation should be initiated early on in the pathway and continued by care providers
 throughout the pathway as necessary <u>Program Training & Consultation Centre Hospital Based Resources</u>

Pathway Map Legend Shape Guide Colour Guide Intervention Decision or assessment point **Primary Care** Patient (disease) characteristics **Palliative Care** Consultation with specialist **Pathology** Exit pathway **Organized Diagnostic Assessment** $\langle x \rangle$ or $x \rangle$ Off-page reference Surgery Patient/Provider interaction Radiation Oncology Referral **Medical Oncology** Wait time indicator time point Radiology Multidisciplinary Cancer Conference (MCC) Line Guide Endoscopy/Gastroenterology Required Psychosocial Oncology (PSO) ----- Possible

Pathway Map Disclaimer

This pathway map is a resource that provides an overview of the treatment that an individual in the Ontario cancer system may receive.

The pathway map is intended to be used for informational purposes only. The pathway map is not intended to constitute or be a substitute for medical advice and should not be relied upon in any such regard. Further, all pathway maps are subject to clinical judgment and actual practice patterns may not follow the proposed steps set out in the pathway map. In the situation where the reader is not a healthcare provider, the reader should always consult a healthcare provider if he/she has any questions regarding the information set out in the pathway map. The information in the pathway map does not create a physician-patient relationship between Cancer Care Ontario (CCO) and the reader.

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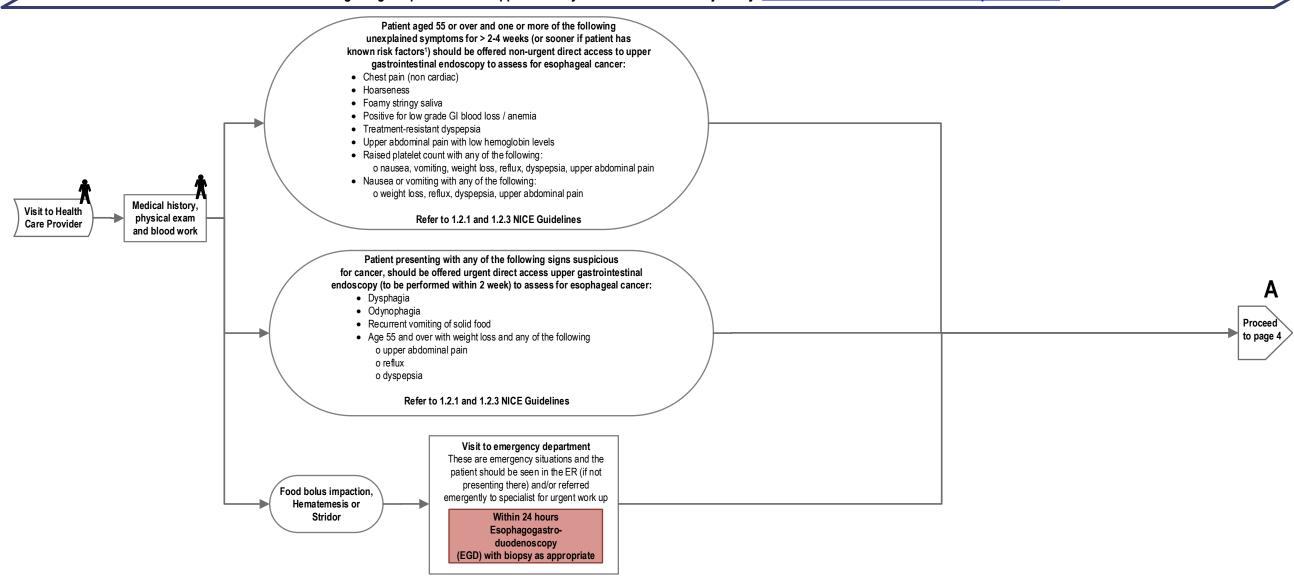
This pathway map may not reflect all the available scientific research and is not intended as an exhaustive resource. CCO and its content providers assume no responsibility for omissions or incomplete information in this pathway map. It is possible that other relevant scientific findings may have been reported since completion of this pathway map. This pathway map may be superseded by an updated pathway map on the same topic.

^{*} Note. <u>EBS #19-2</u> and <u>EBS #19-3</u> is older than 3 years and is currently listed as 'For Education and Information Purposes'. This means that the recommendations will no longer be maintained but may still be useful for academic or other information purposes.

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Screen for psychosocial needs, and assessment and management of symptoms. Click here for more information about symptom assessment and management tools

Consider integrating the palliative care approach early and across the cancer journey. Click here for more information about palliative care

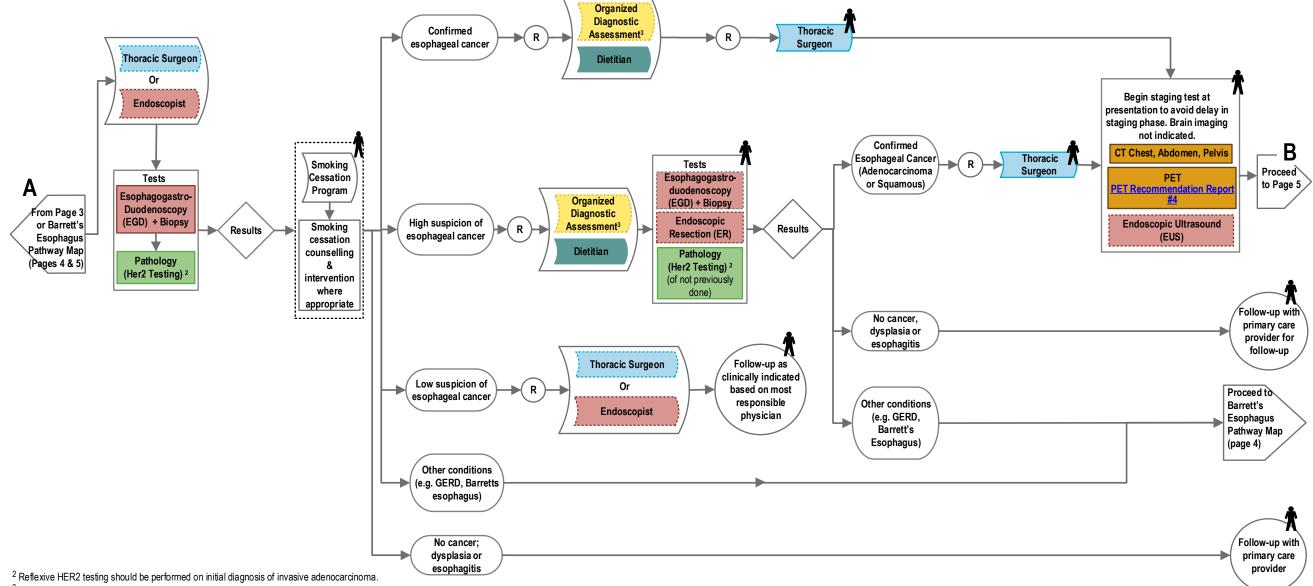


¹ Risk factors include history of Barrett;s esophagus, GERD, achalasia, or caustic ingestion; smoking, alcohol (>13 drinks per week), obesity, diets high in n-nitrosamines, pickled vegetables and frequent ingestion of hot beverages.

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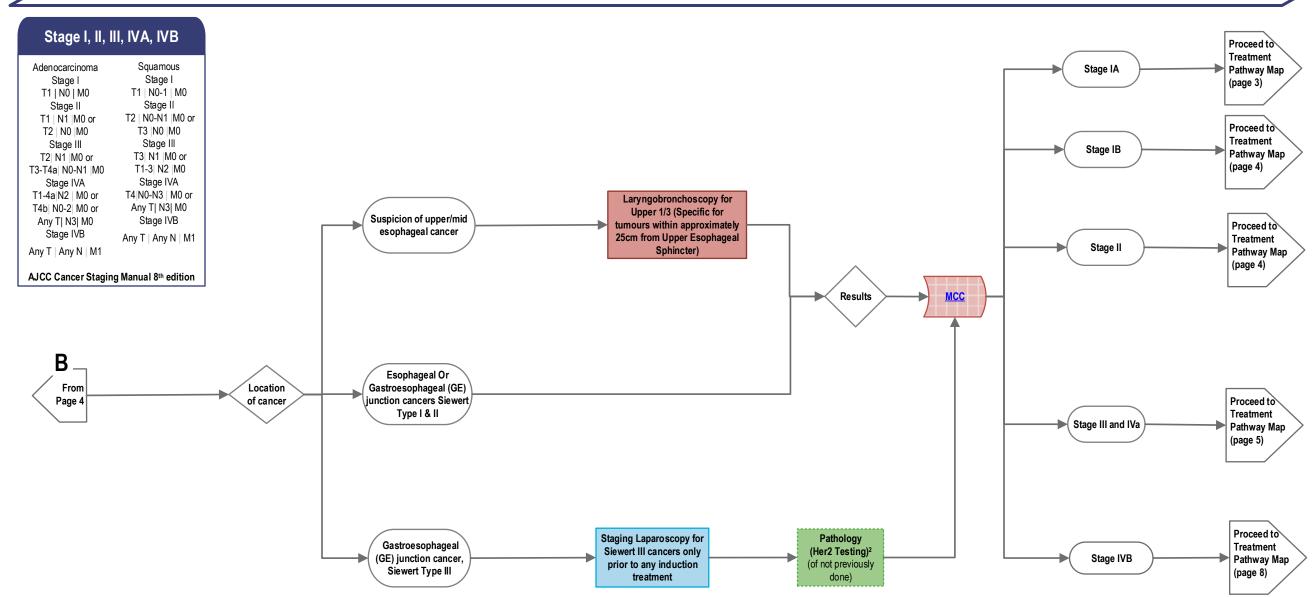


³ Evaluation of patients with high suspicion of or confirmed esophageal cancer may be performed within structures facilitating organized diagnostic assessment

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² Reflexive HER2 testing should be performed on initial diagnosis of invasive adenocarcinoma