Ontario Health
Cancer Care Ontario

ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᓂᑦ ᖃᐅᔨᓴᖅᐅᓂᖏᑦ ᐅᑭᐅᓖᑦ 40-ᒥᑦ 49-ᒧᑦ

ᑭᓯᓂᑦ ᐅᖃᔨᒪᒋᐊᖃᕐᒪᖔᖅᐱᑦ

ᐊᓐᑎᐅᓇᔪᒥ ᐃᕕᐊᖏᕐᓂᒃ ᖃᐅᔨᓴᖅᑏᑦ ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᕐᑯᔨᕗᑦ ᐅᑭᐅᓕᓐᓂᑦ 40–ᓂᑦ 49–ᓄᑦ ᑐᓴᐅᒪᑦᑎᐊᕐᓗᑎᑦ ᖃᔨᐅᓴᖅᑕᐅᒋᐊᖃᕐᒪᖔᑕ, ᕿᒥᕐᕈᔭᐅᓗᑎᑦ, ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᒪᖔᑕ. ᓗᑦᑖᑦ ᐅᖃᖃᑎᒋᓗᒍ ᐋᓐᓂᐊᓲᖅᑎᓪᓗᓐᓃᑦ ᐅᕝᕙᓗᓐᓃᑦ ᐅᖃᓚᓗᑎᑦ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆᔨᒃᑯᓐᓄᑦ (Health811) ᑐᑭᓯᒋᐊᕐᓗᑎᑦ:

- ᐅᓗᕆᐊᓇᕈᓐᓇᕐᓂᖏᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᓗᓂ
- ᐃᑲᔫᑎᐅᒍᓐᓇᖅᑐᑦ ᐅᓗᕆᐊᓇᕈᓐᓇᖅᑐᓪᓗ ᐋᓐᓂᐊᖃᕐᒪᖔᖅ ᐃᕕᐊᖏᒃᑯᑦ ᖃᐅᔨᓴᖅᑕᐅᓗᓂ
- ᐃᓕᓐᓄᑦ ᑭᓯᒃ ᐱᒻᒪᕆᐅᓂᖅᐸᖔᕗᑦ ᓇᒻᒥᓂᖅ ᐱᓯᒪᑦᑎᐊᕆᐊᖃᕐᓃᑦ

ᐊᒥᓱᑦ ᐅᑭᐅᖃᑎᕗᑦ ᖃᐅᔨᓴᖅᑕᐅᒍᒪᓕᖅᑐᒥᓃᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᒪᖔᑕ ᖃᐅᔨᓴᐅᑎᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᒋᐊᓖᑦ ᐊᕐᕌᒍᑦ ᒪᕐᕉᒃ ᐊᓂᒍᕐᓂᑕᒫᑦ.

ᑭᒃᑯᑦ ᐱᖃᑕᐅᔪᓐᓇᖅᑲᑦ ᐊᓐᑎᐅᓇᔪᒥ ᐅᕕᐊᖏᒃᑯᑦ ᖃᐅᔨᓴᖅᑕᐅᒍᒪᔪᑦ?

ᐊᕐᓇᑦ, ᐊᔾᔨᒋᓐᖏᑦᑐᓂᒃ ᐊᐃᑉᐸᖃᓲᑦ, ᐊᕐᓇᐅᔭᑦ/ᐊᖑᑕᐅᔭᑦ ᐊᓯᖏᓪᓗ ᐅᑭᐅᓕᑦ 40–ᓂᑦ 74–ᒧᑦ ᐊᑯᓐᓂᖓᓐᓂ ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᖅᑐᑦ ᐃᒪᐃᓐᓂᖅᑲᑕ:

- ᖃᓄᐃᑦᑑᔾᓐᖏᑦᑎᐊᖅᑐᖅ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᖅᑐᓂ
- ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᓚᐅᖅᓯᒪᓐᖏᑦᑐᑦ
- ᐃᕕᐊᖏᖅᑕᐅᓚᐅᖅᓯᒪᓐᖏᑦᑐᖅ (ᐱᓚᑦᑕᐅᓚᐅᖅᓯᒪᔪᖅ ᐃᕕᐊᖏᖅᑕᐅᓪᓗᓂ)
- ᐃᕕᐊᖏᕐᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᓯᒪᓐᖏᑦᑐᑦ ᑕᖅᑭᓄᑦ 11–ᓄᑦ
- ᐊᕐᓇᕈᖅᓯᒪᔪᖅ ᐄᔭᒐᖅᓯᒪᓕᖅᑐᓂᑦ ᐅᑭᐅᓄᑦ ᑕᓪᓕᒪᓄᑦ

ᖃᐅᔨᓴᖅᑕᐅᕕᓴᐅᒻᒥᔪᖅ ᖃᓄᓐᖏᑦᑐᖅ ᓇᔾᔨᓪᓗᓂ. ᓇᔾᔨᑎᓪᓗᑎᑦ ᖃᐅᔨᓴᖅᑕᐅᔪᒪᓐᓂᖏᒃᑯᕕᑦ, ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᖅᑐᑎᑦ ᑕᖅᑮᑦ ᐱᖓᓱᑦ ᐃᕐᓂᑮᖅᓯᒪᓕᖅᑎᓪᓗᑎᑦ, ᐃᒻᒧᓕᐅᖃᑦᑕᕋᓗᐊᖅᑎᓪᓗᑎᑦ ᓱᓕ.

> ***ᐃᖅᑲᐅᒪᓂᐊᖅᑯᑎᑦ:*** ᓗᑦᑖᓇᔭᓯ ᐋᓐᓂᐊᓲᖅᑎᓪᓗᓐᓃᑦ ᖃᐅᔨᒋᐊᕐᕕᒋᓗᒍ ᐊᓯᔾᔨᐸᓪᓕᐊᔫᔭᕐᓃᑦ ᐃᕕᐊᖏᒃᑯᑦ (ᓴᕝᕕᑦ), ᓲᕐᓗ ᖃᑦᑎᑦᑐᖅᑖᕐᓂᕈᕕᑦ ᐊᐅᐸᖅᑲᓪᓗᓐᓃᑦ ᓄᖑᐸᓪᓕᐊᓇᓂᓗ, ᐅᕝᕙᓗᓐᓃᑦ ᒧᓖᒃᑭᒃ ᐊᓯᔾᔨᖅᑲᑎᒃ. ᐊᒻᒪᓗ, ᐊᑦᑐᐃᓂᖃᖅᑲᑦ ᓇᔾᔨᑎᓪᓗᑎᑦ ᐊᒫᒪᑦᑎᑦᑎᓪᓗᑎᓪᓗᓐᓃᑦ ᑕᕐᓇᓯᒪᑦᑎᒍᓐᓇᕐᖓᑕ ᐋᓐᓂᐊᑕᖃᓕᕐᓂᖅᑲᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐅᕝᕙᓗᓐᓃᑦ ᑕᑯᔭᐅᓐᖏᓇᖅᑐᒥᓂᕐᒥᑦ ᖃᐅᔨᓴᖅᑕᐅᑎᓪᓗᑎᑦ, ᐅᔾᔨᓇᒋᐊᖃᑦᑕᓇᑦ ᐃᒻᒥᓂᒃ. ᐊᓯᔾᔨᑎᓪᓗᒋᒃ ᐃᕕᐊᖏᒃ (ᓴᕝᕕᑦ) ᐋᓐᓂᐊᖑᓐᓇᐃᓐᓇᓐᖏᑦᑑᒐᓗᐊᖅ, ᑭᓯᐊᓂᓕ ᖃᐅᔨᒃᑲᐅᑎᑦᑕᐅᑎᒋᔭᓇᐊᖃᖅᑐᑎᑦ.

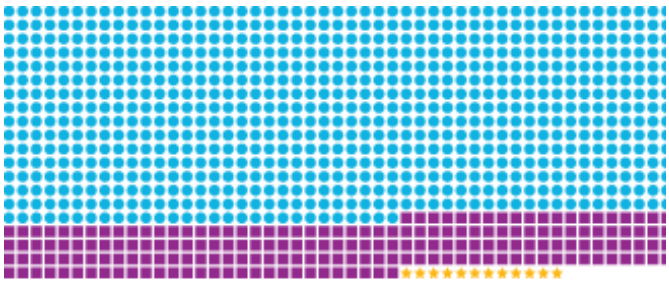
ᑐᑭᓯᒪᓗᓂ ᐅᓗᕆᐊᓇᕈᓐᓇᕐᓂᖏᑦ

ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᑖᕈᓐᓇᖅᑐᑦ ᐅᓗᕆᐊᓇᖅᑎᑦᑎᒍᓐᓇᖅᑐᑦ ᐃᒻᒥᒃᑯᑦ ᐋᓐᓂᐊᖅᑖᕈᓐᓇᖅᑐᑎᑦ ᐃᕕᐊᖏᒃᑯᑦ. ᖃᐅᔨᒃᑲᓐᓂᕈᓐᓇᖅᑐᑎᑦ ᐅᓗᕆᐊᓇᕈᑕᕙᑦᑐᓂᒃ ᐱᔭᕇᕐᓗᒋᑦ ᐅᑯᐊ ᓇᒻᒥᓂᖅ ᐋᓐᓂᐊᑦ ᐃᕕᐊᖏᒃᑯᑦ (CancerIQ) ᑭᐅᖃᑦᑕᕐᓗᑎᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᐊᐱᖅᑯᓯᕐᓂᑦ (mycancerIQ.ca), 15–ᒥᓂᔅᑐᐃᓐᓇᖅ ᐱᔭᕇᕈᓐᓇᖅᑕᐃᑦ ᖃᓪᓗᓈᑎᑐᑦ ᐅᐃᕖᑎᑐᓪᓗᓐᓃᑦ.
ᐃᓚᖏᑦ ᖃᐅᔨᓴᐅᑏᑦ ᓇᓗᓇᐃᖅᓯᓲᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖅᑕᓕᖅᑐᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑐᕐᑯᓕᖅᑐᑎᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᓂᓐᓄᑦ ᐊᔾᔨᒌᖃᑦᑕᖏᒻᒪᑕ ᑕᒪᒃᑯᐊ ᐅᕕᓂᖃᑎᒌᓐᖏᓂᑦᑎᓄᓪᓗ ᓇᑭᓐᖓᖅᓯᒪᓂᑦᑎᓄᓪᓗ. ᑐᑭᓯᒋᐊᕈᑏᑦ ᑲᓇᑕᒥᐅᑦ ᖃᓪᓗᓈᖑᓐᖏᑦᑐᑦ ᐊᕐᓇᐃᑦ ᓇᓗᓇᐃᖅᑕᐅᓯᒪᓕᖅᑐᑦ ᑐᕐᑯᓪᓗᑎᓪᓗ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᒧᑦ ᐃᓅᓯᓐᓂᖅᓴᐅᕙᑦᑐᑦ ᑕᐃᒃᑯᓂᖓ ᖃᓪᓗᓈᓂᑦ ᐊᕐᓇᓂᑦ. ᑭᓯᐊᓂᓕ, ᖃᐅᔨᓴᐅᑎᒥᓂᖅᑕᖃᓐᖏᓗᐊᕐᖓᑦ ᑕᒪᒃᑯᐊ ᓇᓗᓇᐃᕋᓱᓪᓚᑎᓪᓗᒋᑦ ᐋᓐᓂᐊᑦ ᐃᕕᐊᖏᒃᑯᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᐅᖃᑦᑕᕆᐊᓖᑦ ᒪᓕᒻᒪᑕ ᓇᑭᓐᖓᖅᓯᒪᓂᔅᓯᓐᓂ, ᐅᕕᓂᕐᓂᑦ, ᓄᓇᖃᖅᑲᖅᑐᒥᓂᐅᒻᒪᖓᖅᐱᓪᓗᓐᓃᑦ. ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᓐᓇᖅᑐᑎᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑕᐃᒪᐃᑦᑐᓂᒃ: ontariohealth.ca/breast-cancer-differences.

ᐃᓱᒪᓕᐅᕐᓗᑎᑦ ᓈᒻᒪᑦᑐᒋᒍᕕᐅᒃ ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦ

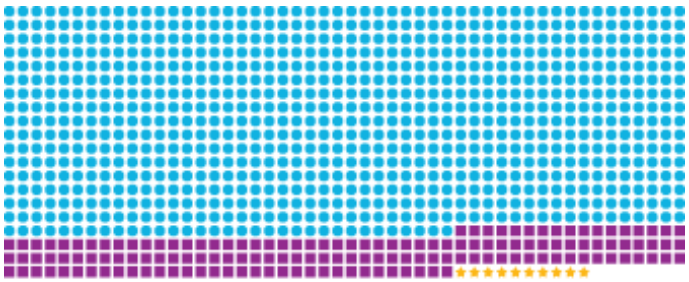
ᑕᐃᒪᓕ, ᐅᑭᐅᓖᑦ ᐊᑯᓐᓂᖏᓐᓂ 40 ᑎᑭᓪᓗᒍ 49 ᐊᑦᑎᓂᖅᓴᐅᔪᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖅᑖᕈᓐᓇᓐᖏᓂᖅᓴᐃᑦ ᐅᑭᐅᓕᓐᓂᑦ 50–ᓂᑦ 74–ᒧᑦ ᑎᑭᑦᑐᒍ. ᑐᑭᖃᖅᑐᖅ ᐃᒫᒃ ᐃᑲᔫᑎᖃᕈᓐᓇᓂᖅᓴᐃᑦ ᐅᓗᕆᐊᓇᕈᓐᓇᕐᒥᔪᖅ ᐋᓐᓂᐊᖃᕐᒪᖔᑕ ᖃᐅᔨᓴᖅᑕᓂᖏᓐᓂ ᐊᔾᔨᒌᖃᑦᑕᖏᒻᒪᑕ ᐅᑭᐅᓕᓐᓄᑦ 50–ᒥᑦ 74–ᒧᑦ ᑎᑭᑦᑐᒍ. ᖃᐅᔨᓴᖅᑕᐅᔪᒪᓐᓂᖏᒃᑯᕕᑦ ᒫᓐᓇ, ᐅᐊᑦᑎᐊᕈᒃᑲᓐᓃᕈᓐᓇᖅᑐᑎᑦ. ᐊᓐᑎᐅᕆᔪᒥ ᐃᕕᐊᖏᒃᑯᑦ ᖃᐅᔨᓴᖅᑏᑦ ᕿᒥᕐᕈᔪᓐᓇᖅᓯᒍᓐᓇᖅᑐᑦ ᐃᓕᓐᓂ ᐅᑭᐅᖃᓕᖅᑎᓪᓗᑎᑦ ᐊᑯᓐᓂᖓᓐᓂ 40–ᒥᑦ 74–ᒧᑦ. ᒪᓕᑦᑐᒋᑦ ᑐᑭᓯᒋᐊᕈᑏᑦ ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᒪᖔᑕ ᖃᐅᔨᓴᖅᑕᐅᔪᑦ ᒥᐊᓕᒐᐃᑦ ᓄᓇᖓᓐᓂ ᒥᔅᓴᐅᓴᑦᑕᐅᓯᒪᔪᑦ:

ᑖᒃᑯᐊᓐᓂᖅᑲᑕ 1,000 ᐊᕐᓇᐃᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᖅᑲᑕ ᐅᑭᐅᖃᖅᑎᓪᓗᒋᑦ 40-ᓂᑦ



779 ᐊᕐᓇᐃᑦ **ᐊᑐᔾᔭᓐᖏᑦᑐᑦ ᐅᓗᕆᐊᓇᖅᑐᒥᑦ** ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᒪᖔᑕ ᖃᐅᔨᓴᖅᑕᐅᓂᖏᓐᓂ (ᑐᖑᔪᖅᑐᑦ ᐊᒻᒪᓗᑭᑖᑦ*)
ᑎᑭᑦᑐᒍ **200 ᖃᐅᔨᓵᔅᓴᓂᑦ ᐱᓐᓂᖏᒃᑲᓗᐊᖅᑲᑕ ᐱᐅᔪᒥᓂᖅ** ᐃᓅᓯᖓᓐᓂ ᑕᐃᒪᐃᒍᓐᓇᖅᑐᑦ (ᐃᑦᑎᓐᖑᐊᑦ ᑭᑉᐸᕆᑦᑐᑦ*)
12 ᐅᖓᑖᓅᓗᐊᖅᑐᑦ ᑕᐃᒪᐃᒍᓐᓇᖅᑐᑦ ᐃᓅᓯᕐᒥᓂᒃ (ᕐᑯᖅᓱᖅᑐᑦ ᐅᓪᓗᕆᐊᓐᖑᐊᑦ*)
ᑎᑭᑦᑐᒍ **9 ᐃᓅᒍᓐᓃᕈᓐᓇᖅᑐᑦ ᐃᕕᐊᖏᕐᒥᑎᒍᑦ ᐋᓐᓂᐊᓕᒥᓃᑦ ᓄᖅᑲᖅᑎᑕᐅᔪᓐᓇᖅᑐᑦ** ᐃᓅᓯᕐᒥ (ᐅᔭᐅᔭᑦ ᐃᓐᖑᐊᑦ*)
ᐊᑐᓂ ᖃᓄᐃᑦᑑᓂᖏᑦ ᑭᒡᒐᖅᑐᐃᔪᑦ ᐊᑕᐅᓯᕐᒥᑦ ᐃᓄᒻᒥᑦ

ᑖᒃᑯᐊᓐᓂᖅᑲᑕ 1,000 ᐊᕐᓇᐃᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᖅᑲᑕ ᐅᑭᐅᖃᖅᑎᓪᓗᒋᑦ 50-ᓂᑦ



833 ᐊᕐᓇᐃᑦ **ᐊᑐᔾᔭᓐᖏᑦᑐᑦ ᐅᓗᕆᐊᓇᖅᑐᒥᑦ** ᐃᕕᐊᖏᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᒪᖔᑕ ᖃᐅᔨᓴᖅᑕᐅᓂᖏᓐᓂ (ᑐᖑᔪᖅᑐᑦ ᐊᒻᒪᓗᑭᑖᑦ*)
ᑎᑭᑦᑐᒍ **150 ᖃᐅᔨᓵᔅᓴᓂᑦ ᐱᓐᓂᖏᒃᑲᓗᐊᖅᑲᑕ ᐱᐅᔪᒥᓂᖅ** ᐃᓅᓯᖓᓐᓂ ᑕᐃᒪᐃᒍᓐᓇᖅᑐᑦ (ᐃᑦᑎᓐᖑᐊᑦ ᑭᑉᐸᕆᑦᑐᑦ*)
10 ᐅᖓᑖᓅᓗᐊᖅᑐᑦ ᑕᐃᒪᐃᒍᓐᓇᖅᑐᑦ ᐃᓅᓯᕐᒥᓂᒃ (ᕐᑯᖅᓱᖅᑐᑦ ᐅᓪᓗᕆᐊᓐᖑᐊᑦ*)
ᑎᑭᑦᑐᒍ **7 ᐃᓅᒍᓐᓃᕈᓐᓇᖅᑐᑦ ᐃᕕᐊᖏᕐᒥᑎᒍᑦ ᐋᓐᓂᐊᓕᒥᓃᑦ ᓄᖅᑲᖅᑎᑕᐅᔪᓐᓇᖅᑐᑦ** ᐃᓅᓯᕐᒥ (ᐅᔭᐅᔭᑦ ᐃᓐᖑᐊᑦ*)
ᐊᑐᓂ ᖃᓄᐃᑦᑑᓂᖏᑦ ᑭᒡᒐᖅᑐᐃᔪᑦ ᐊᑕᐅᓯᕐᒥᑦ ᐃᓄᒻᒥᑦ

ᖃᐅᔨᓴᖅᑕᐅᓕᓲᑦ ᐅᑭᐅᓖᑦ 40−ᓂᑦ ᑐᕐᑯᒐᔪᓐᖏᑦᑐᑦ ᐋᓐᓂᐊᖃᕐᓂᕐᒧᑦ ᐃᕕᐊᐃᒃᑯᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᖅᓴᐅᕙᑦᑐᑦ ᑕᐃᒃᑯᐊ ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᓕᑕᐃᓐᓇᖅᑐᓄᑦ ᐅᑭᐅᓕᓐᓄᑦ 50−ᓂᑦ. ᑭᓯᐊᓂᓕ, ᖃᐅᔨᓴᖅᑕᐅᓕᕈᓐᓇᖅᑐᑎᑦ ᐅᑭᐅᖃᖅᑎᓪᓗᑎᑦ 40−ᓂᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᖏᓐᓂ, ᐱᑕᖃᕐᓂᕋᐃᑐᐃᓐᓇᕆᐊᓕᒃ ᐱᑕᖃᓐᖏᑦᑐᒥᑦ (ᑕᐃᒪᐃᓲᑦ ᓈᒻᒪᖏᑦᑐᑦ, ᐋᓐᓂᐊᖃᓐᖏᒃᑲᓗᐊᖅᑎᓪᓗᒋᑦ) ᐲᖅᓯᕕᐅᒋᐊᑐᓇᑎᓪᓗ ᖃᐅᔨᓵᓴᓴᓂᒃ (ᑕᖏᓕᒻᒥᑦ ᖃᐅᔨᓵᓴᒥᑦ ᑎᒥᒥᑦ) ᐅᖓᑖᓅᓗᐊᖅᑐᒥᓂᕐᓄᓪᓗ (ᐋᓐᓂᐊᖃᖅᑐᑦ ᐃᑲᔪᖅᑕᐅᔪᑦ ᐅᓗᓇᐊᓇᓐᖏᑦᑐᑦ ᐃᓅᓯᕐᒥᓄᑦ). ᑕᒪᒃᑯᐊ ᑐᑭᓯᒋᐊᕈᑕᐅᒻᒪᑕ ᒥᐊᓕᒐᕐᓃᓐᖓᖅᑐᑦ, ᐊᑑᑎᖃᓐᖏᑐᐃᓐᓇᕆᐊᓖᑦ ᑲᓇᑕᒥᐅᑕᕐᓄᑦ ᐊᔾᔨᒌᓐᖏᑦᑐᓂᑦ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆᔨᖃᕐᖓᑕ ᐱᓯᒪᑦᑎᖃᑦᑕᕐᓂᖏᓪᓗ.

ᖃᓄᖅ ᐃᓂᔅᓴᓕᐅᕈᓐᓇᕐᒪᖔᖅᐱᑦ ᐊᔾᔨᓕᐅᕆᔾᔪᑎᒧᑦ ᖃᐅᔨᓴᐅᖅᑕᐅᔪᒪᓗᑎᑦ

ᐃᓂᔅᓴᓕᐅᕈᓐᓇᖅᑐᑎᑦ ᐊᔾᔨᓕᐅᕈᑎᓕᒻᒧᑦ ᐃᕕᐊᖏᕐᓄᑦ ᖃᐅᔨᓴᐅᑎᒥᑦ ᐊᓐᑎᐅᕆᔪ ᐃᕕᐊᖏᕐᓄᑦ ᖃᐅᔨᓴᕐᕕᒻᒧᑦ. ᓗᑦᑖᒥᓪᓗᓐᓃᑦ ᐋᓐᓂᐊᓲᖅᑎᒧᓪᓗᓐᓃᑦ ᐃᓂᔅᓴᓕᐅᖅᑕᐅᖏᒃᑲᓗᐊᕈᕕᑦ ᖃᓄᓐᖏᑦᑐᑦ. ᓇᒦᑦᑐᖃᕐᒪᖔᖅ ᑐᑭᓯᒋᐊᕈᓐᓇᖅᑐᑎᑦ, ᐃᑲᕐᕋᖏᓪᓗ, ᐅᑕᖅᑭᓂᕆᒐᔭᑦᑕᐃᓪᓗ ᖃᐅᔨᒋᐊᕐᕕᒋᔪᓐᓇᖅᑕᑎᑦ, ᖃᕋᓴᐅᔭᒃᑯᑦ ᑐᑭᓯᒋᐊᕐᓗᑎᑦ ᐊᓐᑎᐅᕆᔪ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆᔨᒃᑯᑦ ᐅᑕᖅᑭᓂᖏᓐᓄᑦ ᑐᑭᓯᒋᐊᕐᕕᒻᒥ ontariohealth.ca/breastscreeninglocations ᐅᖃᓚᓗᑎᓪᓗᓐᓃᑦ ᐅᕗᖓ 1-800-668-9304 ᑕᐃᑯᖓ ᐊᓐᑎᐅᕆᔪ ᐅᕕᐊᖏᕐᓂᑦ ᖃᐅᔨᓴᕐᕕᖓᓐᓄᑦ.

ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᒪᕕᑦ ᐊᓯᐊᒍᓪᓗ ᐋᖅᑭᔅᓯᒪᓂᖏᓐᓂ ᐱᔪᒪᕕᑦ? 1-877-280-8538, TTY 1-800-855-0511, **info@ontariohealth.ca**.